



MENTAL HEALTH AND WELL BEING FOR EVERYONE

Psychiatric Emergency Services

A walk-in clinic for adults and children having a mental health crisis. Counselors are there to help 7 days a week.



Open 24 hours a day, 7 days a week



Capital Metro Bus Route 350, 485 and 2



**Richard E. Hopkins Behavioral Health Building 1165
Airport Boulevard, Austin, TX 78702**

FREE 24/7 MENTAL HEALTH HELPLINE

512-472-HELP (4357)

IntegralCare.org

SERVICES



We create a care plan together



We connect you to other services.



We provide support for up to 90 days.



We can prescribe medicine.



We provide mental health counseling.



We provide short-term, overnight mental health crisis care.



MENTAL HEALTH AND WELL BEING FOR EVERYONE

Psychiatric Emergency Services

A person in a mental health crisis may have a hard time handling everyday things like relationships, parenting and going to work or school. A crisis can happen after life changes and sad or scary events.

If you need help now, call the **24/7 Crisis Helpline** at 512-472-HELP (4357). Press 1 for English, then 1 for mental health crisis support.

FREE 24/7 MENTAL HEALTH HELPLINE

512·472·HELP (4357)

IntegralCare.org



WHAT CAN A MENTAL HEALTH CRISIS LOOK AND FEEL LIKE?

- Feeling like you can no longer deal with life
- Giving away things that mean a lot to you
- Seeing or hearing things that others don't
- Having thoughts of killing yourself or others
- Feeling people are out to get you
- Pulling away from family and friends
- Using drugs and alcohol