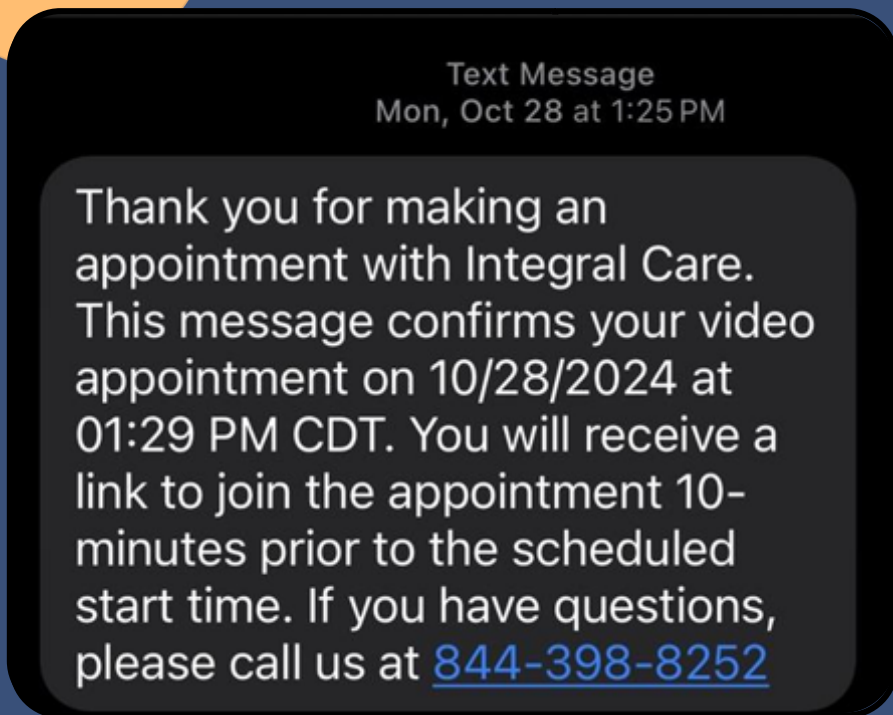




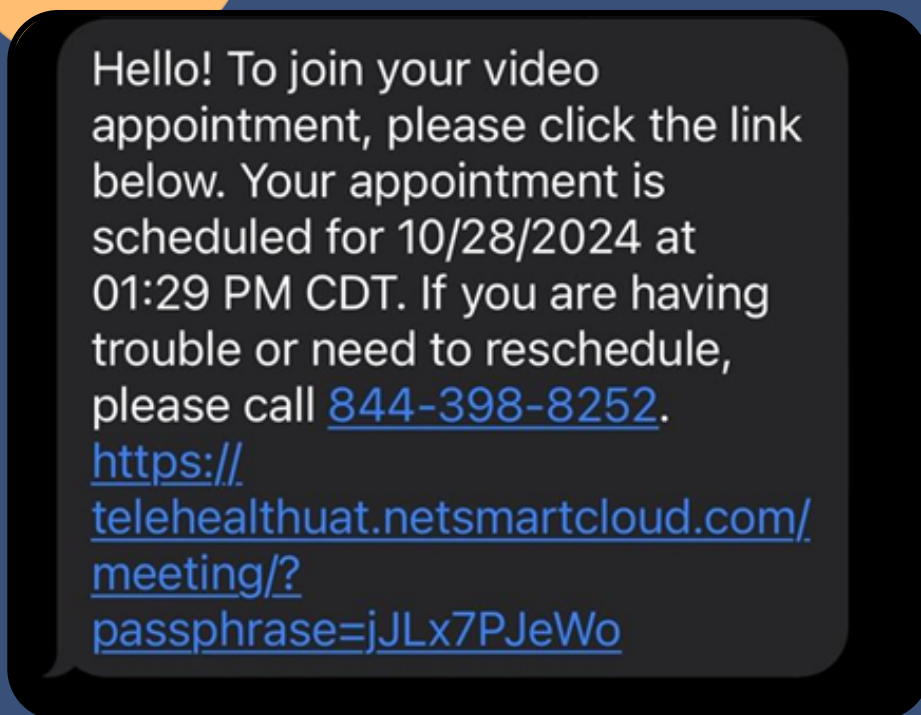
HOW TO USE TELEHEALTH WITH A COMPUTER

1



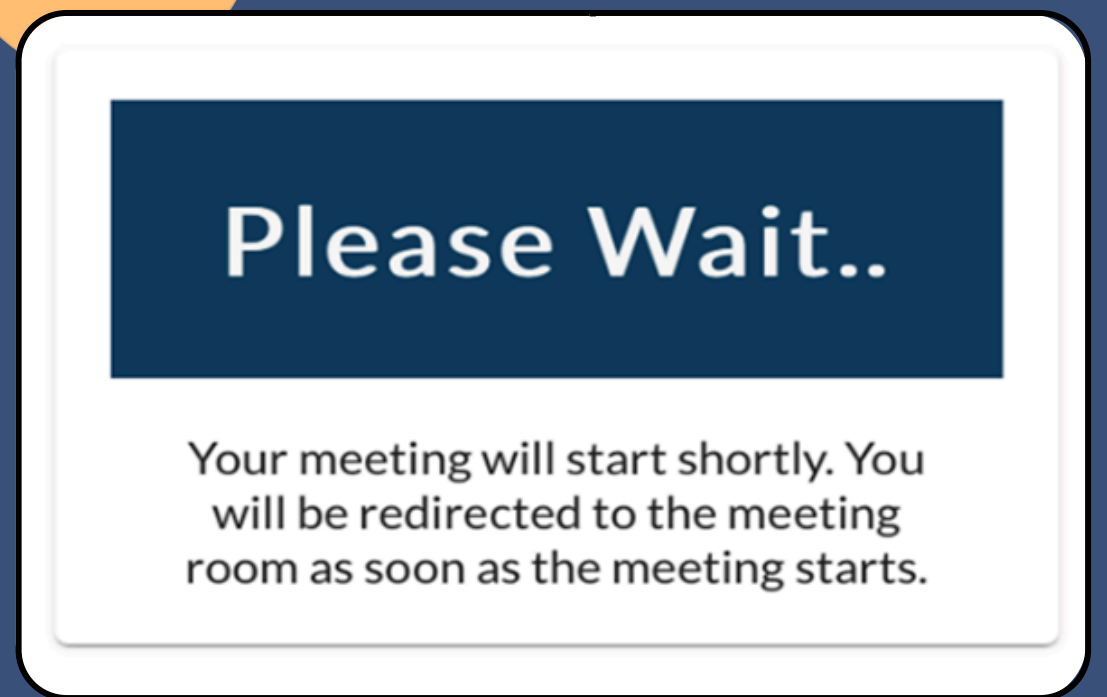
After a Telehealth enabled appointment is successfully created, you will be notified via email or text with an appointment reminder.

2



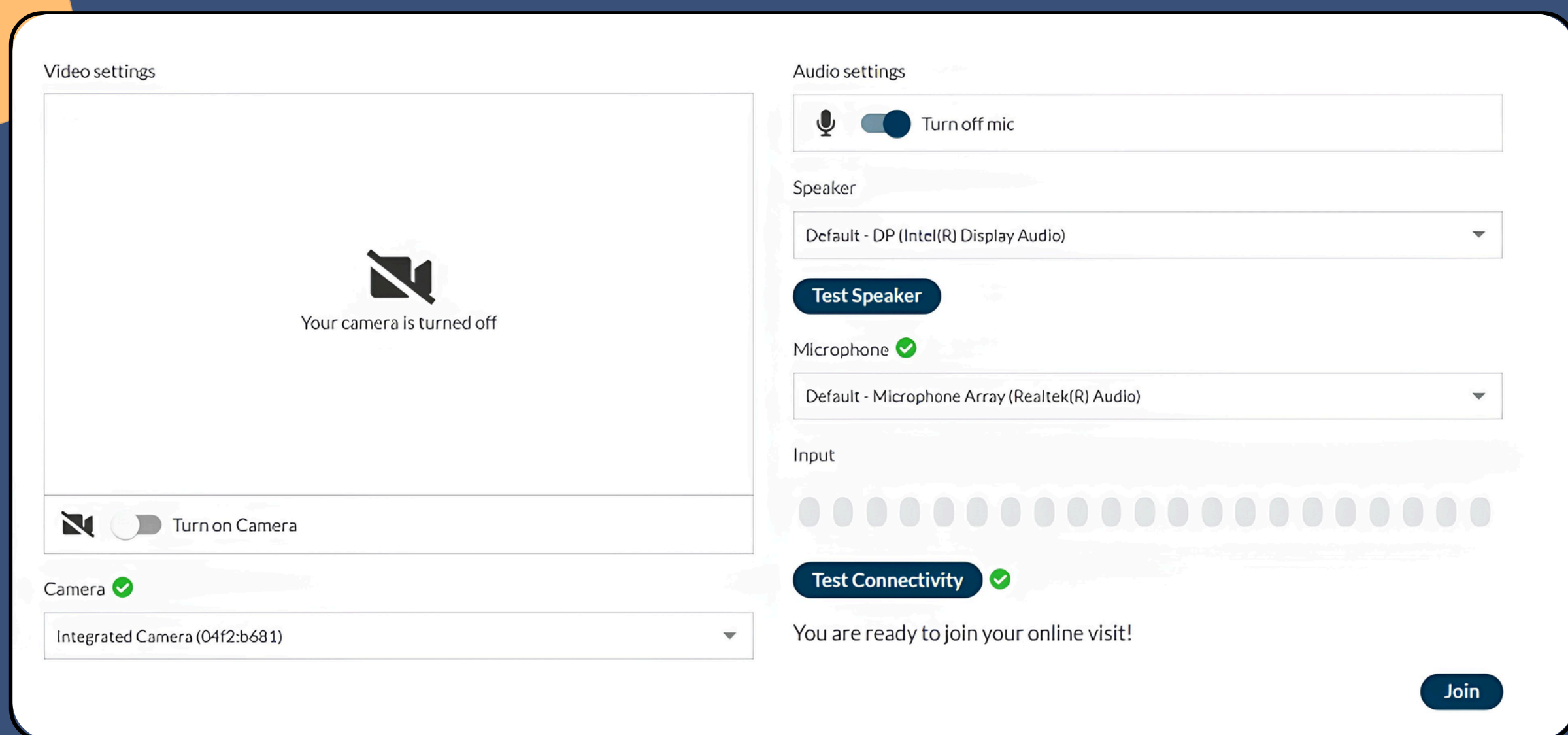
10 minutes before the scheduled appointment, you will receive a link to join the virtual waiting room.

3



After clicking the link, you will be directed to the virtual waiting room. You will remain in the virtual waiting room until the Integral Care staff begins the session from their end.

4



Once the Integral Care staff begins the session, you will be re-directed to a “tech check” screen. Here, you will grant Telehealth access to your device’s microphone/camera. Green check marks indicate a successful tech check. Once access has been granted, you will validate the “Select Devices” screen and click “Join” to join the visit.



HAVING TROUBLE? Please call 512-472-4357. Press 1 for English, then 4.