



# FY 2026 Budget

## August 28, 2025

# Who We Are

**Integral Care** is the Local Mental Health Authority (LMHA) and Local Intellectual and Developmental Disabilities Authority (LIDDA) for Travis County.

Our mission has been the same since 1967- to provide high-quality mental healthcare and social services at low or no cost to anyone affected by mental health conditions, substance use disorder, and intellectual or developmental disabilities.

**We help people regain mental health and maintain independence in their lives.**



# Our History

- **1967:** Established as local authority for mental health and intellectual and developmental disabilities in Travis County as designated by state law
- **1 of 39** Community Mental Health Centers in Texas
- Governed by a Board of Trustees appointed by Central Health, City of Austin and Travis County
- Authority and Provider Roles



# Mission, Vision, Values



## Our Mission:

To support the health and well-being of Travis County residents living with mental health challenges, substance use disorders, and intellectual and developmental disabilities.



## Our Vision:

Mental Health and Well-Being for Everyone



## Our Values:

People  
Access  
Integrity  
Excellence  
Collaboration  
Compassion  
Community

# Integral Care's System of Care



# Where We Provide Services



- Over the phone
- Via telehealth
- In community settings
- In homes
- In jails and correctional facilities
- In clinics and residential treatment centers
- In hospital emergency departments
- In schools and educational settings

We go anywhere a person needs help.



# Available All Day, Everyday

We provide a 24-hour helpline for anyone who needs immediate support. Our helpline is available to anyone experiencing a mental health crisis, such as:

- Suicidal thoughts
- Difficulty going about daily life tasks
- Thoughts of drinking or using drugs
- Traumatic events such as job loss, sudden homelessness, or an assault



If you or someone you know is experiencing a mental health crisis, please call us at 512-472-HELP (4357).



# FY26 Budget

# Integral Care Funding Sources



**Federal Contracts**



**Local Contracts**



**Fee for Service**



**State Contracts**



**Private Grants**



**Philanthropy**

# Guiding Principles for the FY26 Budget

Commit to investment in critical infrastructure

Provide opportunities to ensure stakeholder participation in a transparent budget process

Budget for client-driven services that reflect quality, access, best practices, best value and advance health equity

Maintain organization alignment with funding and finance requirements

Recognize that the budget is a point in time estimate that will be flexible and agile throughout the year

# This budget operationalizes the FY 26-28 Strategic Plan.

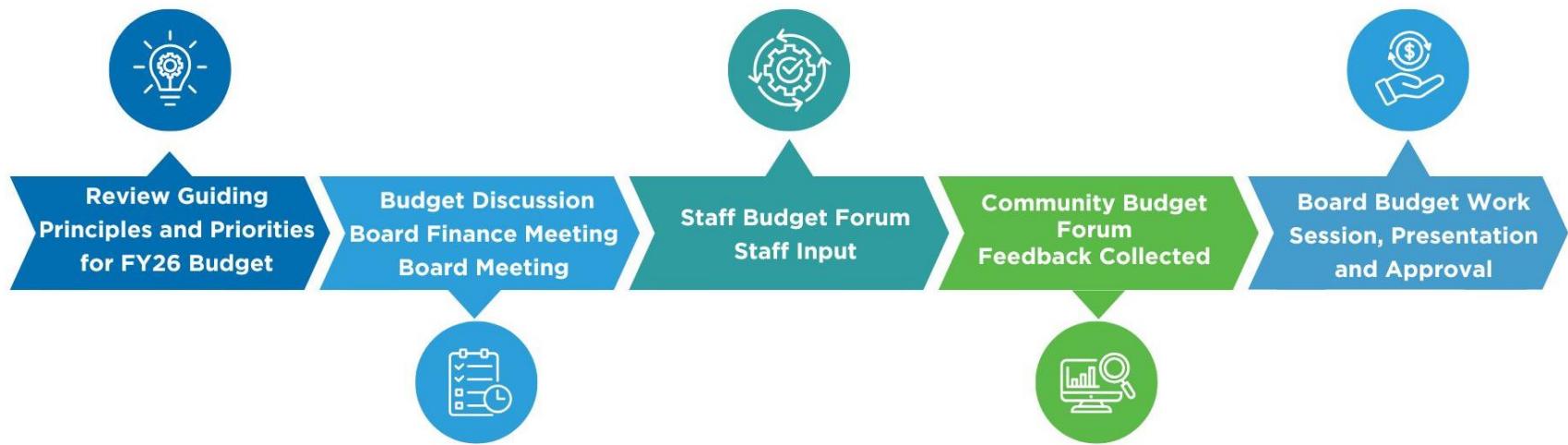


## Strategic Plan Pillars

- Lead Through Collaboration and System Connection
- Deliver on a Full Continuum of Care
- Advance Accessible, Person-Centered Care for Every Community
- Strengthen Workforce Talent, Wellbeing, and Effectiveness
- Drive Innovation with Transformative Technology and Data Systems
- Optimize Financial Sustainability and Stewardship



# FY26 Budget Process



# Workforce Investment | Supporting Employees Every Step of the Way

**At Integral Care, we invest in what matters most, our people. From mental health to financial wellness, we're investing in a workplace where employees thrive.**

- New, Enhanced Employee Assistance Program: Journey
- New Wellness Program: Terryberry's Be Well
- Health Savings Account Contribution
- Affordable Healthcare Coverage
- Retirement Plan
- Comprehensive Benefits
- \$21.66/hour Minimum Wage
- Stipends and shift differentials, including a 10% Crisis Stipend and 18% Crisis Residential Stipend
- Professional Development
- Generous vacation, sick leave, holidays, and discretionary time



# Opportunities

- Launch a new strategic plan and direction
- Lead as a convener and trusted connector
- Deliver innovative programs and services
- Foster a culture of philanthropy
- Increase visibility and community engagement to highlight our impact
- Invest in competitive employee benefits and workforce development



# Challenges

## Resource Constraints & Funding Uncertainty

- Not a taxing authority limits local revenue generation
- Federal funding changes and uncertainty
- Medicaid and other reimbursements do not meet cost of services

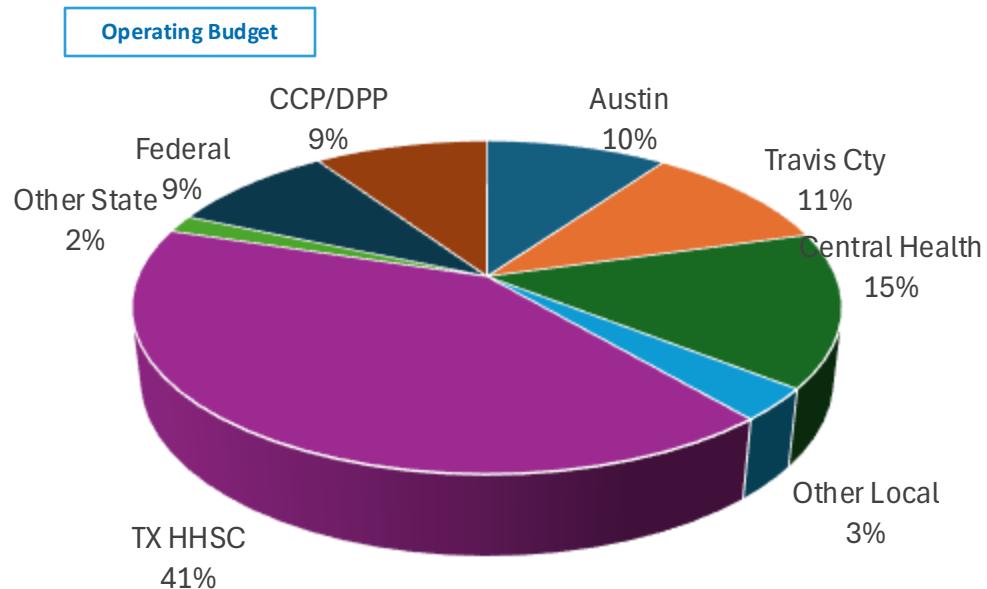
## Capacity, Infrastructure & Change Management

- Growing demand for services outpaces staffing and resources
- Infrastructure improvements place short-term strain on workforce and operations
- Managing large-scale organizational change while maintaining effective operations

**FISCAL YEAR 2026 PROPOSED BUDGET  
CENTER TOTAL**

(\$000's)	FY 2026 ANNUAL BUDGET	PERCENT OF TOTAL	CHANGE FY 2025 CURRENT	PERCENT BUDGET CHANGE	FY 2025 BUDGET (as of June 2025)	PERCENT OF TOTAL
<b>REVENUES</b>						
<b>Local Funds:</b>						
City of Austin	\$ 15,120	9.18%	\$ 357	2.42%	\$ 14,763	8.87%
Travis County	17,254	10.47%	1,358	8.54%	15,896	9.55%
Central Health/Community Care Collaborative	24,563	14.91%	2,391	10.79%	22,171	13.32%
Other Local	5,486	3.33%	648	13.40%	4,838	2.91%
<b>Total Local Funds</b>	<b>\$ 62,422</b>	<b>37.89%</b>	<b>\$ 4,754</b>	<b>8.24%</b>	<b>\$ 57,668</b>	<b>34.65%</b>
<b>State Funds:</b>						
HHSC (Mental Health)	\$ 63,030	38.26%	\$ (5,339)	-7.81%	\$ 68,370	41.08%
HHSC (Substance Use)	1,787	1.08%	369	25.98%	1,418	0.85%
HHSC (Intellectual Development Disabilities)	4,502	2.73%	32	0.72%	4,470	2.69%
Other State	2,760	1.68%	107	4.03%	2,653	1.59%
<b>Total State Funds</b>	<b>\$ 72,079</b>	<b>43.76%</b>	<b>\$ (4,832)</b>	<b>-6.28%</b>	<b>\$ 76,911</b>	<b>46.21%</b>
<b>Federal Funds:</b>						
Medicare/Medicaid/HMO	\$ 8,893	5.40%	\$ 658	7.99%	\$ 8,235	4.95%
SAMHSA	925	0.56%	333	56.27%	592	0.36%
Other Federal	4,928	2.99%	(1,610)	-24.63%	6,538	3.93%
<b>Total Federal Funds</b>	<b>\$ 14,746</b>	<b>8.95%</b>	<b>\$ (619)</b>	<b>-4.03%</b>	<b>\$ 15,365</b>	<b>9.23%</b>
<b>Direct Payment Plan &amp; Charity Care Pool</b>						
Direct Payment Program (DPP) BHS	\$ 2,782	1.69%	-	0.00%	2,782	1.67%
Charity Care Pool (PHP-CCP)	12,696	7.71%	(1,000)	-7.30%	13,696	8.23%
<b>Total DPP &amp; PHP-CCP</b>	<b>\$ 15,479</b>	<b>9.40%</b>	<b>\$ (1,000)</b>	<b>-7.30%</b>	<b>\$ 16,479</b>	<b>9.90%</b>
<b>TOTAL REVENUES</b>	<b>\$ 164,725</b>	<b>100.00%</b>	<b>\$ (1,697)</b>	<b>-1.02%</b>	<b>\$ 166,422</b>	<b>100.00%</b>
<b>EXPENDITURES</b>						
Salaries & Fringe Benefits	\$ 102,349	62.13%	\$ (1,481)	-1.43%	\$ 103,830	62.39%
Travel / Workshop	1,022	0.62%	7	0.66%	1,016	0.61%
Prescription Drugs & Medicine	251	0.15%	2	0.63%	250	0.15%
Capital Outlay	2,393	1.45%	415	20.97%	1,978	1.19%
Contracts & Consultants	37,267	22.62%	(408)	-1.08%	37,675	22.64%
Other (Facility, Equipment, Supplies, etc.)	16,692	10.13%	436	2.68%	16,256	9.77%
Client Support Costs	4,750	2.88%	(667)	-12.31%	5,417	3.25%
<b>TOTAL EXPENDITURES</b>	<b>\$ 164,725</b>	<b>100.00%</b>	<b>\$ (1,698)</b>	<b>-1.02%</b>	<b>\$ 166,422</b>	<b>100.00%</b>
<b>TOTAL FTE'S</b>	<b>1214.68</b>		<b>(22.28)</b>	<b>-1.80%</b>	<b>1236.96</b>	

# FY 2026 Budget Funding Sources



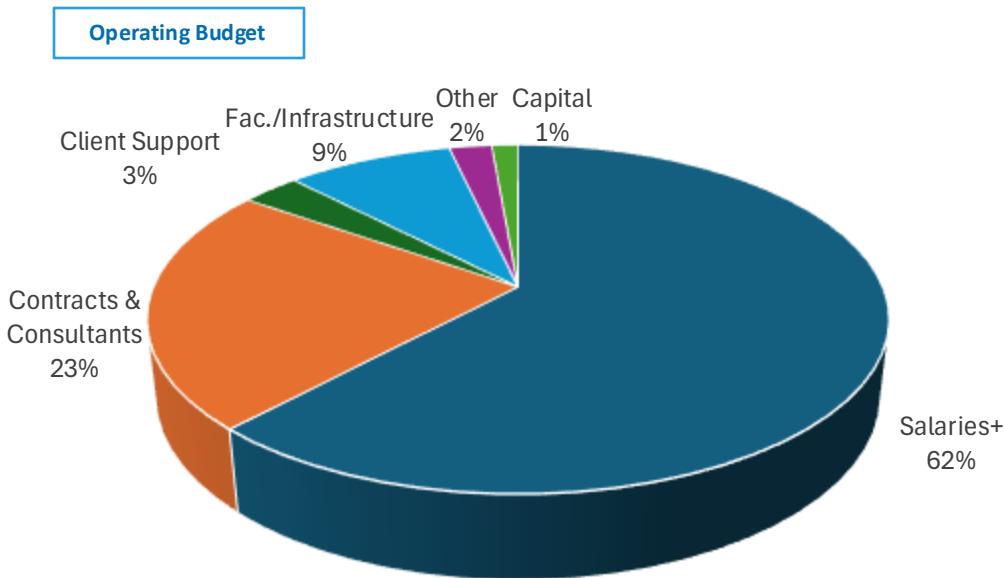
Source	\$ ('000s)
Austin	16,144
Travis Cty	17,703
Central Health	24,563
Other Local	5,181
TX HHSC	67,225
Other State	2,760
Federal	14,896
CCP/DPP	15,479
<b>Total</b>	<b>163,950</b>

**\* Note:**

Excludes City, County and Private Funding for completion of Seabrook Square renovations

It is possible that values shown may not be fully approved by an external agency at the time of the publish date of this document

# FY 2026 Expense Budget



Category	\$ ('000s)
Salaries+	101,585
Contracts & Consultants	37,252
Client Support	5,016
Fac./Infrastructure	14,233
Other	3,630
Capital	2,234
<b>Total</b>	<b>163,950</b>

**\* Note:**

Excludes City, County and Private Funding for completion of Seabrook Square renovations

# FY2026 PROPOSED REVENUE BUDGET SUMMARY

Division (\$000's)	FY2026 Proposed Budget		Change 2025 Current Budget		FY2025 Budget (as of June 2025)	
	Total	% of Total	Incr/(Decr)	Incr/-Decr	Current	% of Total
<b>Adult Behavioral Health</b>	<b>\$ 46,524</b>	<b>28.24%</b>	<b>\$ (1,243)</b>	<b>-2.60%</b>	<b>\$ 47,768</b>	<b>28.70%</b>
Adult Outpatient MH	26,897	16.33%	(362)	-1.33%	27,259	16.38%
Homeless Outreach/Housing	12,975	7.88%	(1,563)	-10.75%	14,538	8.74%
Substance Use Disorders	6,652	4.04%	681	11.41%	5,971	3.59%
<b>Child &amp; Family Services</b>	<b>13,725</b>	<b>8.33%</b>	<b>(4,298)</b>	<b>-23.85%</b>	<b>18,023</b>	<b>10.83%</b>
Children's Outpatient MH	10,131	6.15%	(3,271)	-24.41%	13,401	8.05%
School Based-Services	3,595	2.18%	(1,027)	-22.23%	4,622	2.78%
<b>Crisis Services</b>	<b>68,410</b>	<b>41.53%</b>	<b>5,708</b>	<b>9.10%</b>	<b>62,702</b>	<b>37.68%</b>
Residential	32,108	19.49%	2,715	9.24%	29,393	17.66%
Inpatient Beds	15,089	9.16%	(405)	-2.62%	15,494	9.31%
Clinic/Community	13,915	8.45%	3,337	31.55%	10,578	6.36%
Criminal Justice	7,299	4.43%	61	0.85%	7,237	4.35%
Disaster	-	0.00%	-	0.00%	-	0.00%
<b>Intellectual &amp; Developmental Disabilities</b>	<b>8,171</b>	<b>4.96%</b>	<b>(33)</b>	<b>-0.41%</b>	<b>8,205</b>	<b>4.93%</b>
<b>Hotline/Call Center</b>	<b>8,927</b>	<b>5.42%</b>	<b>(142)</b>	<b>-1.56%</b>	<b>9,069</b>	<b>5.45%</b>
Administration / Authority	15,166	9.21%	(1,529)	-9.16%	16,695	10.03%
Program Support & Community Collaboratives	3,802	2.31%	(160)	-4.03%	3,962	2.38%
Capital Projects	-	0.00%	-	-	-	0.00%
<b>Total</b>	<b>\$ 164,725</b>	<b>100.00%</b>	<b>\$ (1,697)</b>	<b>-1.02%</b>	<b>\$ 166,422</b>	<b>100.00%</b>

