Form O Consolidated Local Service Plan

Local Mental Health Authorities and Local Behavioral Health Authorities

Fiscal Years 2024-2025

Due Date: September 30, 2024

Submissions should be sent to:

MHContracts@hhsc.state.tx.us and CrisisServices@hhsc.state.tx.us

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Introduction

The Consolidated Local Service Plan (CLSP) encompasses all service planning requirements for local mental health authorities (LMHAs) and local behavioral health authorities (LBHAs). The CLSP has three sections: Local Services and Needs, Psychiatric Emergency Plan, and Plans and Priorities for System Development.

The CLSP asks for information related to community stakeholder involvement in local planning efforts. The Health and Human Services Commission (HHSC) recognizes that community engagement is an ongoing activity and input received throughout the biennium will be reflected in the local plan. LMHAs and LBHAs may use a variety of methods to solicit additional stakeholder input specific to the local plan as needed. In completing the template, please provide concise answers, using bullet points. Only use the acronyms noted in Appendix B and language that the community will understand as this document is posted to LMHAs and LBHAs' websites. When necessary, add additional rows or replicate tables to provide space for a full response.

Integral Care is the LMHA and LIDDA in Travis County and administers an annual budget of more than \$153,618,000 of local, state and federal funding from over 80 distinct funding sources at 46 owned/leased physical facilities during FY2023. Integral Care, legally known as "Austin-Travis County Mental Health and Mental Retardation Center", adopted the assumed name Integral Care in order to reflect evolving attitudes and terminology, and to honor the dignity of people who seek its services in 2017.

In FY2023 Integral Care served more than 26, 191 individuals and families, offering numerous services and programs year-round. Individuals receiving services at Integral Care are often in dire need of treatment and often have a single or combined diagnoses of intellectual/developmental disabilities, persistent mental illnesses and/or substance use disorder. Integral Care's programs are administered through the following

areas: Adult Behavioral Health, Child and Family Services, Intellectual and Developmental Disabilities, Psychiatric Crisis and Jail Diversion. Integral Care was re-accredited by the Joint Commission in April 2024.

Integral Care Strategic Plan FY 2023-2025

The 2023-2025 Strategic Plan provides a road map that sets the priorities for the organization for the next three years and guides the development of the annual agency budget and business plan:

Vision

Healthy Living for Everyone

Mission

Integral Care's mission is to improve the lives of adults and children living with mental illness, substance use disorder and intellectual and/or developmental disabilities in Travis County.

Values

Integral Care will strive to uphold core values related to people, equity, integrity, excellence, collaboration and compassion.

People: Integral Care's greatest strength is people – our team members, those we support, their families, and the Travis County community. We build strong connections with all of them while promoting an environment of inclusion, equity, and diversity.

Equity: Integral Care is dedicated to eradicating institutional racism, advancing a culture of inclusion, and supporting people of all identities. We establish policies that remove barriers to health equity, access, and quality services. We work proactively to identify and address biases in our environment.

Integrity: Integral Care delivers on our promises and is accountable for our performance. We build trust through ongoing, honest, transparent communication with our clients, team members, stakeholders, collaborators, and funders.

Excellence: Integral Care is committed to providing person-centered, trauma-informed, recovery-oriented, evidence-based, and culturally adaptive care. We ensure our culture, leaders, and team members are continuously improving and innovating.

Collaboration: Integral Care listens first, aligns with other service providers, and supports community movements aiding people living with mental health, substance use, and IDD needs. We coordinate community efforts to facilitate systems of comprehensive care.

Compassion: Integral Care engages the people we support, our community, and our team members with empathy, care, and understanding. We are a source of comfort to every person we encounter.

Health and Human Services Commission

Goals

Integral Care's FY 2023-2025 Strategic Plan has goals:

- 1. Cultivate Workforce: Support team members' well-being, provide opportunities for growth, and recruit a team that reflects the people we support.
- 2. Build Equity: Build racial and health equity in the community and an inclusive environment for team members and providers.
- 3. Deliver Quality Healthcare: Provide responsive, innovative, evidence-based, suicide-safer health care to the individuals we support.
- 4. Collaborate: Collaborate with governmental, nonprofit, private sector, and community organizations to meet the needs of our community.

Purpose and Functions

Purposes

- A. To assist in fulfilling the purpose of Title 7, Subtitle A, of the Texas Health and Safety Code to ensure a continuum of services to residents of its local service area by:
 - Providing effective administration and coordination of services;
 - Being a vital component in the continuum of services, including serving as a provider when appropriate to ensure client choice, maximizing available funds and best use of public and other money;
 - Striving to develop community-based services, with stakeholder input, that are effective alternatives

to institutional care, where appropriate; and

- Assisting in the development of a comprehensive range of accessible services for persons
 who need supported care, intervention, prevention, education, treatment, or habilitation
 through coordination between governmental and private entities to optimize resources by:
 - Implementing policies consistent with state standards;
 - Spending available funds appropriated by the state legislature to serve the priority populations;
 - Working with regional co-collaborators such as Central Health, Dell Medical School and other community centers and local authorities, to foster independent and productive living through outcome-driven management, and delivery of a range of healthcare services (including but not limited to integrated care); and
 - Based on available funding, assist in the implementation of the state's policies of providing treatment to persons in their own communities, when appropriate and feasible; making services be the responsibility of local agencies and organizations to the greatest extent possible; and offering services to persons who are most in need by:
 - Providing screening and eligibility determination and continuity of care services for persons entering or leaving Texas Health and Human Services Commission (HHSC) facilities (i.e., state supported living centers and state mental health facilities) and for offenders with mental impairments;
 - ➤ Charging reasonable service fees in compliance with regulations and providing services to eligible persons in the priority population regardless of their ability to pay.

Functions of Integral Care as the designated LMHA/LIDDA

- B. Integral Care offers a full continuum of services by overseeing and coordinating available funding resources through the following functions:
 - Planning that assesses community needs by identifying gaps and areas of health disparities;
 - Policy development of administration, services, resource development and allocation;
 - Coordination of efforts across state, city and county agencies, private and public organizations, criminal justice entities, Veteran's Administration, other child-serving agencies, local independent school districts, family advocacy organizations, local businesses and communities in order to enhance access, efficiencies and outcomes for people with mental illness, substance use disorder and/or intellectual-developmental disabilities;
 - Development of a Local Network Plan to assemble a provider network, taking into consideration public input, ultimate cost-benefit and client care issues, that reflects local needs and priorities and maximizes client choice and access to services provided by qualified providers;
 - Exploring, identifying and engaging in regional planning efforts to improve administrative efficiencies and service delivery;
 - Working collaboratively with the Texas Council of Community Centers to educate the community, its leaders and lawmakers on the importance, value and general understanding of services and the resulting public benefits to help officials make sound decisions on policies;
 - Participation in Community Resource Coordination Group for Children and Adults;
 - Cooperation with the Texas Education Agency in individual transition planning for clients receiving special education services;
 - Resource development to meet community need;
 - Supervision of the provision of behavioral health and intellectual developmental disabilities services

in the Local Service Area;

- Service coordination for assessments, service planning, monitoring, crisis prevention and management;
- Interest and Wait List management;
- · Medicaid enrollment for services and programs;
- Conducting and coordinating Permanency Planning, Preadmission Screening and Resident Review (PASRR);
- · Crisis and emergency response activities;
- Leading diversity and inclusion, educational and outreach efforts to the community on services, prevention and wellness and/or healthcare; and
- Supporting and participating in the development of research, best practices and community planning to improve behavioral health and intellectual-developmental disabilities services;
- Designing the formation of regional solutions with collaborative entities.
- C. Integral Care participates in managed care functions to manage resources and benefits in providing the full continuum of care by participating in:
 - Single Point of Entry and Call Center Operations;
 - Utilization Management;
 - · Quality Improvement and Quality Assurance;
 - Credentialing;
 - Management Information System support;

- Claims adjudication and payment;
- Contract management;
- Provider Network development and management;
- · Provider relations; and
- Contracting with governments and entities to provide behavioral health and other services designated by the Board of Trustees.

Integral Care explores and participates in collaborative relationships with other community safety-net providers, such as Central Health and local FQHC's (CommUnity Care and Lone Star Circle of Care) This includes pursuing state and federal grant dollars to integrate behavioral health and intellectual-developmental disabilities services in primary care settings.

Functions of Integral Care as a Provider:

- Providing direct services and benefit management through interlocal cooperation and other agreements with local independent school districts (ISDs), Travis County Healthcare District dba Central Health, the City of Austin and Travis County;
- Serving as a provider of last resort when appropriate to meet the requirement of client choice, maximizing available funds and making the best use of public money;
- Exploring, identifying and engaging in regional planning efforts to improve service delivery and quality;
- Integrating care and other emerging services that reflect best-practices and cost-efficiency;
- Positioning itself to maintain and enhance its role in the behavioral health market; and

• Exploring alternative funding sources and positioning itself to benefit from those opportunities.

The above responsibilities allow for greater accountability in the management of services and development of public policy at the local level.

The current appointed Trustees may be found at: https://integralcare.org/en/people/.

History and Description

Integral Care was established in 1966 and began operations in 1967 pursuant to the laws of the State of Texas and the Articles of Organization approved by its original appointing authorities, the City of Austin, Travis County, the Austin Independent School District (AISD) and The University of Texas at Austin. In 1977, The University of Texas at Austin withdrew as a sponsoring agency but committed to continuing support for Integral Care. In 1982, "Restated Articles of Organization" were promulgated. In 2010, Amended and Restated Articles of Organization were promulgated, under which Central Health became an appointing agency and AISD ceased to be an appointing agency but committed to continuing support for Integral Care.

Integral Care provides comprehensive, community-based behavioral health, developmental disabilities and co-occurring disorder services to adults and children who are eligible to receive services as indicated

by local, state, federal and other agencies with which Integral Care contracts. Integral Care has been designated by the state and local agencies as the LMHA and LIDDA for Austin and Travis County. The Texas Department of Mental Health and Mental Retardation (TDMHMR) confirmed Integral Care's status as a local mental health authority prior to TDMHMR's consolidation as the Texas Health and Human Services (TxHHS) Commission. In 1983, the New Milestones Foundation, now known as the Integral Care Foundation, was formed as Integral Care's non-profit fundraising arm. The Integral Care Foundation supports Integral Care's mission by raising funds and expanding awareness for individuals in Travis County who are affected by behavioral health or intellectual-developmental disabilities. The Integral Care Foundation is governed by a Board of Directors that comprises three Integral Care Trustees. The development of affordable housing for and education about people with brain-based disorders has been its primary focus. An annual fall fundraiser known as "Bridging the Gap" has supported various Integral Care programs over the years, including the annual Central Texas African American Family Support Conference held each February during Black History Month.

Integral Care continues to create and negotiate alliances and business structures. In early 2000, Integral Care and a private entity formed a Texas Uniform Unincorporated Nonprofit Association ("TUUNA"), called Tejas Behavioral Health Management Association. A TUUNA is permitted to have both public and private organizations as members. Integral Care is a member of the Tejas Behavioral Health Management Association along with five other community centers to create administrative and business functions and expand provider services. Tejas Behavioral Health Services, Inc. ("Tejas") is a behavioral health organization certified by the Texas Medical Board pursuant to Section 162 of the Medical Practice Act. Tejas was designed to provide behavioral health services for governmental programs including CHIP and STAR members. Tejas built and maintains a delivery system designed to meet the unique needs of this population and strives to continuously provide quality, accessible care through an extensive network system including in-patient, out-patient, partial hospitalization and residential treatment. This successful business initiative has proven beneficial for Integral Care by contributing to safety net services for the

indigent population. Integral Care is a member of the TUUNA.

Appointing Agencies

Central Health, the City of Austin, and Travis County provide continuous support by appointing three members each to our Board of Trustees: The Travis County Sheriff also serves on the ten-member Board of Trustees as a statutorily appointed non-voting member.

https://integralcare.org/en/people/

The Trustees are a diverse group of individuals reflective of the community that Integral Care serves, with various professional backgrounds and lived experience in the areas of criminal justice, law, healthcare, management, behavioral health and rehabilitation services. As volunteers, the Trustees invest time at regular monthly meetings, quarterly training sessions, community forums and other functions.

Service Area

Integral Care provides services in Central Texas, Austin and Travis County.

- Travis County population as of July 1, 2022 was 1,323,433 according to the U.S. Census Bureau;
- The City of Austin population as of July 1, 2022 was estimated by the Census Bureau to be 974,447; and
- Other surrounding areas depend on collaborative regional planning efforts and current and future funding sources.

 988/NSPL current coverage for 72 counties. 988/NSPL Text/Chat currently covers the State of Texas. Coverage area for both grants varies depending on needs identified by HHSC.

Populations Served

Integral Care uses available resources to provide services directly or through contract to target the needs of persons who are members of the populations described below in Travis County:

- Priority populations with behavioral health issues and/or intellectual/developmental disabilities (including substance use)
- Priority and target populations as defined by state, local, federal and private funders
- Other populations that meet community needs as determined by Integral Care's Board of Trustees
- Single diagnosis substance use disorder, as defined by a funder contracting for services
- HIV Services, as defined by funders contracting for services
- Children with multiple needs who are part of the multi-agency Children's Integrated Funding Initiative
- Other disabled or populations with related conditions determined to need Integral Care services
- Other disabled or populations as part of demonstration projects or other study groups to acquire and/or demonstrate best practices
- Veterans
- Individuals with behavioral health needs involved in the criminal/legal system.

Who We Serve

Integral Care serves populations with bipolar disorder, major depression, schizophrenia, post-traumatic stress disorder, obsessive compulsive disorder, anxiety disorder, attention deficit/hyperactivity disorder, delusional disorder, bulimia nervosa, anorexia nervosa, or other severely disabling mental disorders which require crisis resolution or ongoing or long term support and treatment. This population data also includes clients with intellectual or developmental disabilities and children with emotional disturbances. Integral Care's clients are largely concentrated along the I-35 corridor and in Del Valle.

Integral Care is working to improve our data analysis and reporting capabilities. This data only reflects individuals served through Integral Care, not through our subcontracted providers or collaborating agencies.



Travis County Residents Served



Staff in Austin/Travis
County

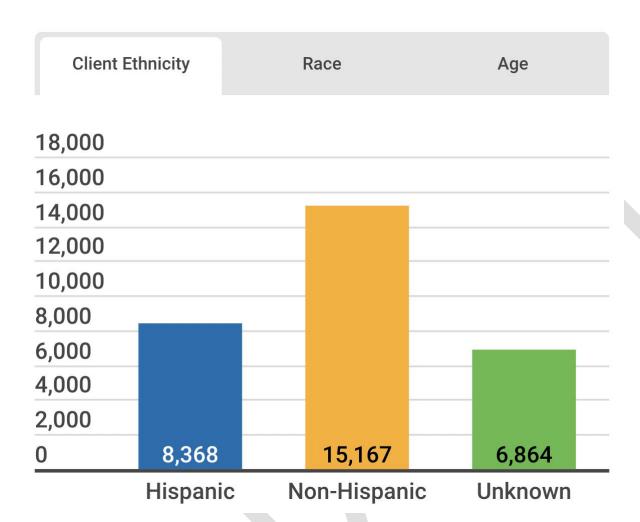


Operating Budget



of Proud Service to Our Community





Client Ethnicity Race Age 16,000 12,000 8,000 4,000 17,491 5,448 6,012 755 410 229 0 Native Americ... Unknow n/Other White Black Mixed Asian

Clien	t Ethni	city		R	ace		Age	
18,000								
16,000								
14,000								
12,000								
10,000								
8,000								
6,000								
4,000							43	
2,000	4,746	3,737		,794	6,512	3,692	1,443	475
0	4,7	3,7		6,7	6,5	3,6		4
	0-17	18-2	24 2	25-39	40-54	51-64	65-74	75+



24/7 Helpline Calls FY2021

Intake 49,097 Crisis Calls 77,749 Appointments 86,155



Top Languages Spoken by Clients

English

Spanish

Am. Sign Language

Arabic

Vietnamese

Burmese

Mandarin

Dutch

French

Farsi

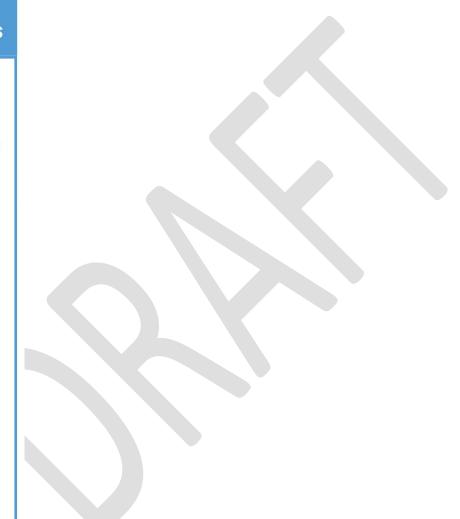
Kinyarwanda

Bengali

Bosnian

Korean

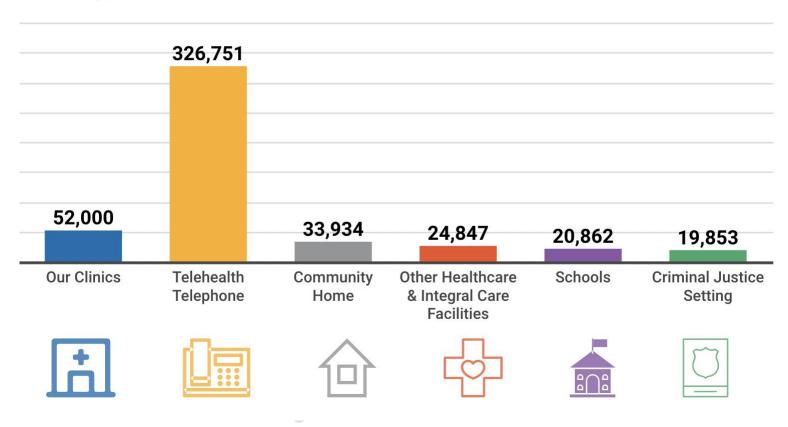
Nepali





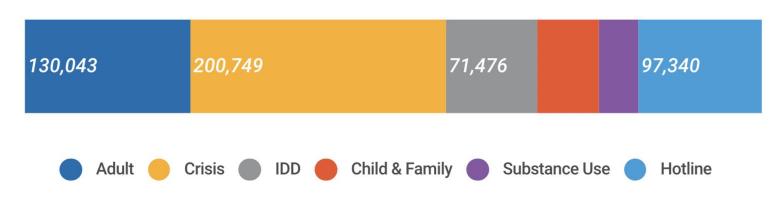
Caring for People Where They Are FY2021

Whether providing care for mental illness, substance use disorder, or intellectual and developmental disabilities, Integral Care meets people where they are – in our clinics, in their homes, in schools, in the community, and in criminal justice settings as well as other healthcare facilities. This chart shows total services provided by place of service.



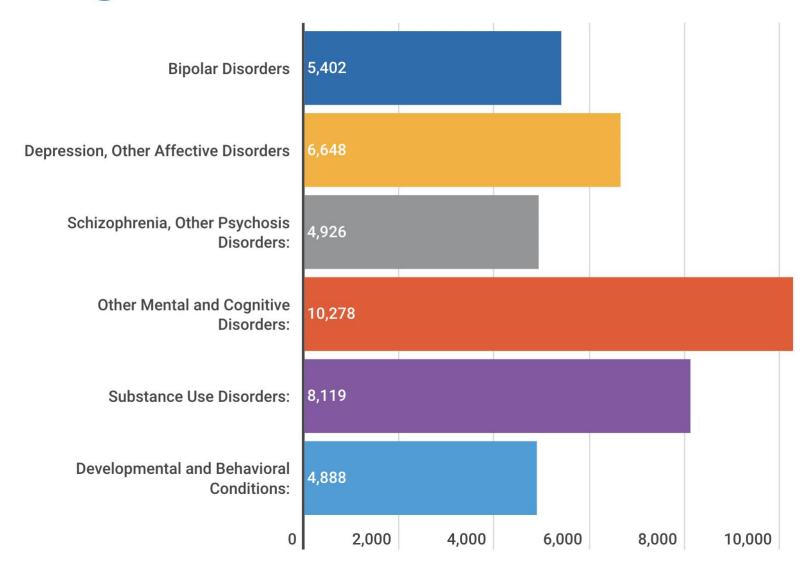


Breakdown of Services - 529,954 Services Provided in FY2021





Diagnoses FY2021



Section I: Local Services and Needs

I.A Mental Health Services and Sites

- In the table below, list sites operated by the LMHA or LBHA (or a subcontractor organization)
 providing mental health services regardless of funding. Include clinics and other publicly listed
 service sites. Do not include addresses of individual practitioners, peers, or individuals that provide
 respite services in their homes.
- Add additional rows as needed.
- List the specific mental health services and programs provided at each site, including whether the services are for adults, adolescents, and children (if applicable):
 - o Screening, assessment, and intake
 - Texas Resilience and Recovery (TRR) outpatient services: adults, adolescents, or children
 - Extended Observation or Crisis Stabilization Unit
 - Crisis Residential and/or Respite
 - Contracted inpatient beds
 - Services for co-occurring disorders
 - Substance abuse prevention, intervention, or treatment
 - o Integrated healthcare: mental and physical health
 - Services for individuals with Intellectual Developmental Disorders (IDD)
 - Services for youth
 - Services for veterans
 - Other (please specify)

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care Lone Star Circle of Care	St. John's Clinic 6937 N. IH 35 Austin, Texas 78752	Travis County	Integrated Care Clinic; Child/Adolescent Outpatient Services; Texas Resilience and Recovery (TRR) outpatient services: children 3 to 18 years' old Integrated Care Clinic; Behavioral Health Clinic; Texas Resilience and Recovery (TRR) outpatient services; Supportive Employment Services Population – Adults Medication Assisted Treatment (MAT): The MAT program provides buprenorphine treatment and wrap- around behavioral health support

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			services to individuals living with an opioid use disorder and a co-occurring mental health condition Population – Adults
Integral Care	5015 S I-35 Frontage Rd Ste. 200, Austin, TX 78744	Travis	Mental Health First Aid (MHFA): is an 8-hour class that teaches people how to help someone who might be developing a mental health problem or experiencing a mental health crisis. Participants learn how to identify, understand and respond to signs of mental illness and drug and alcohol use. There are Adult and Youth classes (for people who work with youth ages 12-18). Population - Adults, open to community, do not need to be enrolled in services

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care	1717 W. 10th Street Austin, TX 78703	Travis	Child/Adolescent Outpatient Services: Texas Resilience and Recovery (TRR) outpatient services Population - Children 3 to 18 years old Texas Correctional Office on Offenders with Medical or Mental Impairments (TCOOMMI): This program provides mental health services to youth ages 10-17 who are on probation, and have mental health needs. A therapist and a probation officer work together to support the youth and family during the probation period. We also connect clients with other local resources if needed. Services are provided at home, school, court or other community locations.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Population - Children/Adolescents - ages 10-17 years old
			Intensive Case Management: Texas Resilience and Recovery (TRR) outpatient services: children (Wraparound Services Model).
			Population - Children (and their families)
			Youth Empowerment Services (YES) Waiver: This program provides community-based mental health services to youth ages 3-18 who live with a serious emotional disturbance. A special type of case management called wraparound is used to build a team of providers for the youth. The team works to keep the youth at home with their families, in school and in their

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			communities. Services include case management, help getting and keeping a job, and specialized therapies, like art and music therapy. The YES Waiver also provides support for parents.
			Population - Children between the ages of 3-18 years old
			Parenting in Recovery: Designed to maintain children in the care of their parents while they begin the journey of recovery from Substance-Use Disorder and develop the skills and ability to safely parent their children. Focused on stopping the cycle of abuse and neglect and promoting strong mental health for the next generation. Population - Children (and their families)

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Safe Landing: Provides supports in the foster care system with focus on Children Without Placement. Population - Children (and their families or foster care placements)
			Families with Voices: This program supports families at risk of homelessness living in Manor. A team of community partners helps families overcome challenges, meet their everyday needs and improve their health and well-being. Services include help with food, transportation, housing, job training, one-on-one emotional support for children and families, and connection to other local resources through trusted community collaborators.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Population - Children (and their families, including adults)
Integral Care	St. John's Clinic 6937 N. IH 35 Austin, Texas 78752	Travis	24/7 Crisis Helpline 512-472-HELP (4357): The Helpline is staffed by mental health professionals 24 hours a day, 7 days a week. Staff provide crisis support (phone, text, and chat) as well as access to all Integral Care programs for adults and children, including appointments and billing, and can also connect them to trusted local resources. The Helpline provides interpretation services in 15 languages and has medically trained interpreters. Population - Children/adolescents, adults experiencing crisis
Integral Care	6937 N. IH 35	Travis	

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
	Austin, Texas 78752		SAMHSA Zero Suicide grant provides evidence-based suicide care interventions to adults residing in Travis County to individuals that are identified at risk of suicide.
			Population: Adults residing in Travis County
Integral Care	6937 N. IH 35 Austin, Texas 78752	Travis	Wellness Services are provided to individuals at clinics, residential facilities, and in the community. This includes nutrition and tobacco service interventions
			Population: Children/Adolescents, Adults
			Expanded Mobile Crisis Outreach Team: The Expanded Mobile Crisis

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care Integral Care	6937 N. IH 35, Austin, TX 78752 (satellite office Austin State Hospital, 4110 Guadalupe St, Bldg 633, Austin, Tx 78751)	Travis	Outreach Team (EMCOT) is made up of mental health professionals who help adults and children having a mental health crisis. EMCOT receives its referrals from first responders, EMCOT staff co-located at the 911 Call Center and justice systems. Help is available 24 hours a day, 7 days a week anywhere someone needs help – at home, work or school, in clinics, or on the streets. Persons in crisis might be hearing or seeing things that are not real or be in danger of injuring themselves. Services include mental health support for up to 90 days and care plans to help keep people safe. Clients are also connected to other Integral Care programs and local resources for ongoing care and recovery support.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care	Combined Transportation, Emergency and Communications Center 5010 Old Manor Road, Austin Tx 78723	Travis	and Central Booking. Population - Adults and Child/Adolescent The 911 EMCOT Program brings Expanded Mobile Crisis Outreach Team (EMCOT) services further upstream by co-locating Integral Care staff at the 911 Call Center within the Combined Transportation, Emergency, and Communications Center (CTECC). The Program goal is to ensure individuals in the community receive professional mental health services from the time they call 911 and to divert callers from a law enforcement response when the crisis can be safely managed by a clinician. This program is operational 24/7. The program is funded through the City of Austin and Travis County.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care and Travis County Correctional Complex Integral Care	6937 N. IH 35 Austin, Texas 78752		Mobile Crisis Outreach Team: The Mobile Crisis Outreach Team (MCOT) is made up of mental health professionals who help adults and children having a mental health crisis. This team also provides intensive, specialty short-term wrap around services for children and families to stabilize the crisis in the community when possible and prevent unnecessary hospitalization. This intensive service is funded through Travis County. Help is available 7 days a week anywhere someone needs help – at home, work or school, in

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			clinics, or on the streets. A person in crisis might be hearing or seeing things that are not real or be in danger of injuring themselves. Services include mental health support for up to 90 days and care plans to help keep people safe. Clients are also connected to other Integral Care programs and local resources for ongoing care and recovery support. MCOT also works with law enforcement. Population - Adults and Child/Adolescent
			Landlord Outreach: Integral Care works with landlords and apartment associations to provide safe and affordable housing to clients, and supports landlords by helping with late rental payments or property issues. In some cases, Integral Care can provide

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
	3000 Oak Springs Dr. Austin, TX 78702	Travis	increased amounts for security deposits and payment for damages beyond normal wear and tear. Case managers provide 24/7 assistance to landlords if there is a crisis with a client. Population – Adults
Integral Care			Healthy Community Collaborative: To provide access to recovery- oriented services that enable individuals to secure independent housing, secure employment, build or improve existing relationships, and achieve and maintain ongoing recovery from medical, mental health, and substance use disorders. Population - Adults (Homeless, exhibiting behavioral health problems)

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
	3000 Oak Springs Drive Austin, TX 78702	Travis	Integrated Care Clinic; Texas Resilience and Recovery (TRR) outpatient services Population - Adults Terrace at Oak Springs: Permanent
Integral Care/Ending Community Homelessness Coalition (ECHO)/Communities for Recovery	3000 Oak Springs Drive Austin, TX 78702	Travis	Supportive Housing apartment complex which houses 50 formerly homeless individuals, 25 of those being veterans, and provides intensive support services for residents. The apartment community includes 50 fully furnished, single occupancy efficiency apartments. Features include onsite staffing 24 hours a day, onsite laundry facility, outdoor green space, community room with

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care; Lone Star Circle of Care			library, computers, and internal and external security cameras. Population – Adults
Integral Care	1631 E 2nd St Austin, TX 78702	Travis Bell, Bosque, Brazos, Coryell, Falls, Freestone, Grimes, Hamilton, Hill, Lampasas, Leon, Limestone, Llano, Madison, McLennan, Milam, Mills, Robertson, San Saba,	The Narcotics Treatment Program (NTP) helps adults who are addicted to opiates. NTP is a safe place to recover with medical support. Clients have access to medications that reduce or stop withdrawal symptoms. Other services include one-on-one emotional support, drug use and HIV education, life skills training and Methadone Anonymous support groups.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
		Williamson. Bastrop, Blanco, Burleson, Burnet, Caldwell, Fayette, Hays, Lee, Travis, Washington. Travis	Population - Adults 18 years and older Office-Based Opioid Treatment Program: This program helps adults who are addicted to drugs like heroin, alcohol and prescription pain medicine. It is a safe place to recover with medical support. Clients have access to medicine that reduces or stops withdrawal symptoms. Other services include one-on-one emotional support, life skills training and group counseling. Population - Adults 18 years and older Integrated Care Clinic; Deaf Support Services; Texas Resilience

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			and Recovery (TRR) outpatient services
			Population - Adults
			Chronic Disease Management: Wellness and health improvement program for persons living with serious and persistent mental illness that addresses chronic disease conditions.
			Population - Adults
			Client Benefits Office: Helps clients fill out forms to apply for Social Security services, such as Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI). Population – Adults

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care	6222 North Lamar Austin, TX 78752	Travis	Next Step Crisis Respite Program: This program helps adults who are recovering from a mental health crisis who may also need housing. Clients can stay for up to 14 days. Staff help clients return to living in the community. Services include case management and social and life skills training. Clients are connected to local resources for ongoing care and recovery support. Population - Adults
			Community Competency Restoration Program (CCRP): This program helps adults in the criminal justice system who are living with mental illness and have been found not competent to stand trial. It provides education so that clients understand their charges and are prepared to go to court.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Additionally, it provides access to medical care, medications, social rehabilitative skills training and linkage to support groups. These services may be provided in a residential setting or at the client's home in the community. Population - Adults
Integral Care	1165 Airport Blvd Austin, TX 78702	Travis	Outpatient Detox (Formerly Ambulatory Detox): This program is for adults who want to stop using substances like alcohol or drugs like opioids. It provides detox services for up to 24 days. Staff help clients recover from drug and alcohol use by providing medicine, one-on-one support, education, support groups and social and life skills training. Clients are connected to other Integral Care programs and

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			local resources for ongoing care and recovery support. Population - Adults
			Co-occurring psychiatric and substance use disorders (COPSD): Intensive Outpatient Substance Use and Co-occurring Disorders Treatment. Individuals coping with both disorders who would like to talk with someone who can help them think about the impact their substance use may be having on their lives and recoveries.
			Population - Adults 18 years and over
			Oak Springs Program: This intensive outpatient treatment program helps adults who live with mental illness and use alcohol or

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			drugs. Staff help clients recover from drug and alcohol use by providing substance use treatment, mental health support, medical support, case management, one-on-one emotional support, education and support groups and life skills training. Clients are also connected to other Integral Care programs and local resources for ongoing care and recovery support. Population – Adults
			Psychiatric Emergency Services: Psychiatric Emergency Services (PES) is a walk-in, urgent care clinic for adults and children having a mental health crisis. A person in crisis might be hearing or seeing things that are not real, having a hard time dealing with everyday things, or be in danger of injuring

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			themselves. Services include care plans to help keep people safe, mental health support for up to 90 days, medicine and connection to other Integral Care programs and local resources for ongoing care and recovery support. PES is open 7 days a week.
			Population - Adults/Child & Adolescent
			The Crisis Care Diversion Pilot Program will expand and enhance services provided at PES by expanding access 24/7, adding additional peer support services and prescriber services, and adding a 23-hour observation service. PES will serve as a vital access point for individuals in crisis and ensure access to a setting specifically designed for behavioral health service, rather than individuals

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			being taken to jail or an emergency department. Referrals will be accepted for individuals that are deflected or diverted from the criminal legal system and will focus on non-violent misdemeanor offenses.
			Population: Adults
			The Inn is a 16-bed crisis residential program that provides short term crisis care in a residential setting. Services include help to regain stability, access to medicine, 24/7 nursing services, alcohol and drug use recovery support and mental health support groups. Clients are also connected to other Integral Care programs and local resources for ongoing care and recovery support. The Inn specializes in helping people with

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			co-occurring mental illness and intellectual/developmental disabilities who are experiencing a mental health crisis.
Integral Care and The Wood Group			Community AIDS Resources & Education (C.A.R.E.): This program helps adults living with or at risk of getting HIV who also live with a mental illness and/or use alcohol or drugs. C.A.R.E offers mental health support and drug and alcohol treatment. Services include Hepatitis C and HIV testing, support groups, education and harm reduction supplies, such as condoms. Population- Adults

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Housing First Assertive Community Treatment (ACT) Team: Uses high intensity or ACT team models to serve the chronically homeless and recently housed population. Population - Adults, homeless Classic ACT Team: This program is for adults who live with mental illness, use drugs or alcohol and
	Transitioned Aged Youth Services have moved to Dove Springs Clinic		have been hospitalized multiple times. Clients receive treatment, rehabilitation and support services. Services include 24-hour mental health crisis support, one-on-one

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care	5015 South IH 35, Suite 200, Austin, TX 78744 St. John Clinic 6937 N. IH 35 Austin, Texas 78752	Travis	emotional support, access to medicine and nursing services. Population - Adults Travis County ACT Team: This program is for adults who live with mental illness, use drugs or alcohol and have been hospitalized multiple times. Clients receive treatment, rehabilitation and support services. Services include 24-hour mental health crisis support, one-on-one emotional support, access to medicine and nursing services. Funded by Travis County Population - Adults Forensic ACT Team (FACT): FACT team provides community-based services to persons with psychiatric disorders who are arrested for minor offenses. Individuals are

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			provided mental health treatment, rehabilitation service coordination, housing, substance use treatment, vocational, and other general services.
			Population – Adults
			Assertive Outpatient Treatment (AOT): This program helps people who are court ordered to seek treatment for their mental illness. An individual works with a team including the Probate Court Judge, attorneys, case managers, doctors, nurses, their family and a peer who has experience with mental illness and/or substance use. This team provides mental health care and medicine, one-on-one emotional support, help with housing, drug and alcohol treatment, and help building daily living skills.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
		Travis	Population: Adults
Integral Care	502 E Highland Mall Blvd, Ste 200, Austin, Texas 78752	Travis	ANEW and the Mental Health Bond Program: ANEW provides mental health support for adults on probation or parole. Services include mental health assessment, medicine, living skills training, help finding other local resources, help finding transportation and jobs and help applying for benefits. The Mental Health Bond Program is a collaboration with Travis County Pre-Trial Services. This program helps people who have been booked at the Travis County Jail and released on a mental health bond with pre-trial support and Integral Care case management supporting access to medical care,

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			medicines and social rehabilitative skills training. Population – Adults
Integral Care	5225 N. Lamar Blvd. Austin, TX 78751	Travis	IDD Intake/ Enrollment: Assist adult and minors with the IDD intake and enrollment processes staff. Staff assist with the crisis diversion process and connect eligible persons to support and resources. Population- Children and Adults suspected of having an Intellectual or Developmental Disability
			General Revenue (GR): These services help adults and children with intellectual and/or developmental disabilities stay in

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			their own home or family's home through respite and service coordination.
			Population: Adults and Children with an Intellectual Disability or Autism diagnosis.
			Community First Choice (CFC): This program helps adults and children with intellectual and/or developmental disabilities learn and maintain daily living activities such as dressing, bathing and eating who are Medicaid eligible. Eligibility is determined through the intake process.
			Population- Children and Adults with an Intellectual or Developmental Disability

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Preadmission Screening and Resident Review (PASRR):
			A federally mandated program applied to all seeking admission to a Medicaid-certified nursing facility, regardless of funding source. Integral Care is responsible for assessing individuals for eligibility and providing habilitation, coordination and specialized services to individuals at risk of being, or who have been, placed in a nursing facility.
			Population - Children and adults with IDD or suspected IDD who are at risk of being admitted to or living in a nursing facility
			Transition Support Team (also known as the Hub Learning Community): Integral Care serves

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			as the technical assistance hub of the Transition Support Team, for 27 Texas counties served by community centers that include Integral Care, Bluebonnet Trails Community MHMR, MHMR Authority of Brazos Valley, Central Counties Center for MHMR Services, and Heart of Texas Region MH & MR Center. We assist LIDDA and non-LIDDA professionals working with individuals with IDD through educational opportunities, technical assistance, and case consultation. Population - Children and Adults with an Intellectual or
			Developmental Disability Enhanced Community Coordination (ECC): This program helps adults and children with intellectual and/or developmental disabilities move

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			from state supported living centers and nursing facilities to homes in the community. Services include helping with planning for a move and getting money to buy items needed for the move. The program also helps people who have already moved from state supported living centers and nursing facilities. Integral Care can provide those clients extra support for up to one year.
			Population - Children and Adults with an Intellectual or Developmental Disability who are transitioning or diverting from a State Supported Living Center or Nursing Facility Community Living Options Information Process (CLOIP): This program helps adults with

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			intellectual and/or developmental disabilities who live in state supported living centers find housing. Staff give information about community living options and tours of different places to live, such as group homes or host homes. Population - Adults living in SSLCs
			Tobacco Cessation: This program helps adults living with mental illness who want to quit using tobacco. Services include an online step-by-step quit guide, a Tobacco Quitline (1-877-YES-QUIT), free Nicotine Replacement Aids, like gum and patches, one-on-one emotional support, education and support groups.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Population - Individuals served by Integral Care services.)
			Crisis Intervention Specialists (CIS) Team: The CIS Team helps people ages 3 and older with IDD who have experienced a crisis or who are at risk of experiencing one. It provides crisis prevention support and services for up to 90 days. The goal is to help people stay safe and in the community. Crisis Intervention Specialists serve both individuals with confirmed and suspected IDD diagnoses. For those with confirmed diagnoses, crisis prevention focuses on skills training, caregiver consultation and coordination of appointments with community supports. For those with suspected IDD diagnoses, CIS offers supports in records gathering

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			from the developmental period to bolster chances for eligibility for state services for IDD.
			Population - People ages 3 and older
			Home and Community Based Services (HCS) Service Coordination: HCS is a Medicaid waiver program that supplies services and supports to Texans with an intellectual disability (ID) or a related condition so that they can live in the community. This program helps adults and children with intellectual/developmental disabilities who live with their families, in their own homes, in a host homes/companion care
			settings, or in homes with no more than four people who also receive services. Services include funding

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			for nursing care, staff to help with daily activities, mental health support, adaptive aids, residential assistance, minor home modifications, help finding and keeping a job, day programs, dental care, and specialized therapies like physical, occupational and speech therapies. Eligibility is determined through the IDD Intake process.
			Population - Adults and Children
			IDD Employment Services: This program helps adults with intellectual/developmental disabilities get and keep jobs. Clients enrolled in the HCS Texas Home Living (TxHmL) program or referred by the Texas Workforce Commission (TWC) may be eligible.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Services include job skills training and support after finding a job. Population - Adults
			Positive Assistive Community Engagement (PACE): This program supports adults and children living with intellectual/developmental disabilities who may be experiencing a crisis. Staff provide hourly in-home relief to help ease client and caregiver stress. Services include helping managing stress, family and caregiver support like coping skills and de-escalation techniques and connection to other Integral Care and local services. Population - Adults and Children
			Texas Home Living (TxHmL) Provider: TxHmL helps adults and

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			children IDD live with their families or on their own. Integral Care may provide nursing care, mental health support, specialized therapies like physical, occupational and speech therapies, dental care, help with healthy eating, adaptive aids, opportunities to learn skills outside the home, including job skills training, and help finding and keeping a job.
			Population - Adults and Children IDD Crisis Respite: This program provides short term crisis respite support to individuals with confirmed and suspected IDD diagnoses experiencing mental health crisis. Services may be provided in the home, in an Integral Care crisis

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			residential unit, or other community medical or psychiatric setting.
			Population: Adults and Children
			IDD Community-based Intake and Enrollment Coordinator: This team supports individuals through an IDD intake and/or enrollment into the HCS program. The goal of the team is to decrease the time between the request for services and access to those services for individuals with confirmed or suspected IDD experiencing mental health crises. Population: Adults and Children
			Outpatient Biopsychosocial Approach for IDD Services (OBI): This team provides outpatient mental health services for persons with intellectual and/or developmental disabilities

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			and mental health needs. This team provides robust biopsychosocial assessments; collaborative case management; skills training to individuals and caregivers; and training and education to community mental health partners. Population: Adults and minors
			IDD Respite: This program provides respite services in the home and/or community to allow caregivers to have a break from caring for an individual with IDD diagnosis and to support them with a break, too. The program's goal is to increase capacity and access to respite and reduce stress and the risk of caregiver burnout. Population: Adults and Children

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			IDD Care Coordination program: Care Coordinator position serves youth with co-occurring IDD and MH diagnosis, and their families referred through the Children's Partnership (TCP). TCP serves children/youth with complex mental health challenges and their families, with the goal to improve their functioning so they can remain in their homes and community. Care Coordinator uses a wraparound approach to support the whole family and care is delivered in a manner consistent with strength-based, family driven, youth guided, and culturally competent values. Population: Youth 5 – 17 years of age
Integral Care	5307 E Riverside Drive	Travis	Safe Haven: This program provides temporary housing for homeless veterans living with mental illness.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
	Austin, TX 78741		Clients are referred by the PATH/ACCESS program. There are private and semi-private rooms, three meals a day, laundry facilities and telephones. Clients are also connected to other Integral Care programs and local resources for ongoing care and support.
			Population - Homeless referred by PATH/ACCESS. Adults referred by VA; be referred by Downtown Austin Community Court or experience multiple inpatient psychiatric services.
	Community Based		PATH/ACCESS Homeless Services: This program helps adults who experience homelessness and also live with a mental illness or substance use disorder get help and find housing. Staff are in the community every day connecting

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			people to Integral Care programs and services and other local resources. Staff also provide support to people experiencing homelessness in community programs like the ARCH, Salvation Army, Caritas, Trinity Center, public libraries, food pantries and soup kitchens. Population – Adults
Integral Care	4019 Manchaca Rd Austin, TX 78704	Travis	Alameda House Program: This program helps adults who live with a mental illness and use drugs such as opioids and alcohol. Clients can stay for up to 90 days in a safe 15-bed facility and receive support such as rehabilitative skills training, case management, counseling, medications, linkage to ongoing care and medical care. Staff are available 24/7. Clients learn how to

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			take care of their health and live independently.
			Population - Adults
			Road to Recovery: This program helps adults with a history of public intoxication arrests by providing up to 180 days of recovery support, including residential support for 90 days, intensive outpatient drug and alcohol treatment, individual and group counseling, education and linkage to recovery supports and case management. Clients are referred by the Downtown Austin Community Court. Clients also learn skills to help them take care of their health and live on their own. The program offers job assistance and links participants to stable housing.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Population - Adults:. May have combined diagnoses of mental illness and alcohol dependence
Integral Care	Downtown and West Campus area	Travis	Homelessness Outreach Street Team (HOST): This program is a collaboration of Integral Care, the Austin Police Department, Austin- Travis County Emergency Medical Services (EMS) and Downtown Austin Community Court. HOST helps adults living on the street get connected to housing, case management, mental health care and alcohol and drug treatment. Population – Adults
Integral Care	5201 W. William Cannon Dr. Austin, TX 78745	Travis	Behavioral Health Clinic: Providing mental health care and substance use care for adults who live with mental illness, IDD, and/or use alcohol or drugs. Services include

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			one-on-one and group emotional support, exercise and nutrition support, wellness services, medicines and case management. Population: Adults
			Medication Assisted Treatment (MAT): The MAT program provides buprenorphine treatment and wraparound behavioral health support services to individuals living with an opioid use disorder and a cooccurring mental health condition
			PASRR- PASRR Specialized Services are provided via Texas Resiliency and Recovery when a person has been found to be PASRR positive for mental illness. Specialized Services are determined on a case-by-case basis. The number of services a person receives is based on the determined need when they're admitted to an Adult Level of Care.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Some of these services include, but are not limited to: • Medication training and support services • Psychosocial rehabilitative services • Psychiatric diagnostic interview examination • Routine case management • Skills training and development • Supported employment • Supported housing • Other services provided via Texas Resiliency and Recovery.
			Population – Adults
Integral Care	Manor, Del Valle Pflugerville, and 2 AISD Charter Schools	Manor, Del Valle and Pflugerville Schools	School-Based Counseling: This program helps students experiencing emotional challenges or mental illness and provides mental health services in select

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Manor, Del Valle and Pflugerville Schools. This includes one-on-one emotional support for children and families during and after school hours. Services are available year- round, including during school vacations. Population - Children and their families
Integral Care	Mobile	Travis	Disaster Response Services: This program provides mental health crisis services for adults and children who have experienced a natural or man-made disaster, offering mental health crisis support for disaster victims at the scene of the disaster or at shelters. These services also help people indirectly affected by the disaster, like someone experiencing anxiety or

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			depression because a loved one was affected by the disaster. Population - Adults and Children
Integral Care and The Wood Group	403 E. 15th Street Austin, TX 78701	Travis	Therapeutic Diversion Program (TDP): This program is a part of the Crisis Care Diversion Pilot Program, a 3-year community collaborative pilot that will deflect and divert individuals from the criminal legal system. This program will offer extended therapeutic respite care with wrap around services for adults in a safe 25-bed facility. This program specializes in helping individuals with co-occurring substance use and mental health disorders and those that are justice-involved. Services include mental health crisis care, with a focus on co-occurring substance use and mental illness, intensive

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			case management, emotional support, coordinated assessments, housing navigation, medicine and connection to other Integral Care programs and local resources for ongoing support and recovery. People are referred to the program by referrals deflected from the criminal legal system at Psychiatric Emergency Services, law enforcement, the criminal legal system, and by local hospitals. Population – Adults
Integral Care	6600 E. Ben White Blvd. Austin, TX 78741	Travis	Judge Guy Herman Center for Mental Health Crisis Care (Herman Center): The Herman Center offers short-term mental health crisis care in a safe overnight facility for people who are in crisis but do not need hospitalization. Staff help clients become stable by providing

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			medical support, emotional support, medicine and connection to other Integral Care programs and local resources for ongoing support and recovery. Referrals to the Herman Center come from law enforcement, emergency departments and Integral Care Crisis Services. The Herman Center serves adults and does not accept walk-ins. Population – Adults
Integral Care CommUnity Care	9301 Hog Eye Rd. Austin, TX 78724	Travis	Integrated Care Clinic; Behavioral Health Clinic; Texas Resilience and Recovery (TRR) outpatient services; Supportive Employment Services; SOAR services Population – Adults

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Integral Care	3300 Manor Road Austin, TX 78723	Travis	Kensington Apartments: Permanent Supportive Housing (PSH) and affordable apartment complex which houses 55 formerly homeless individuals (25 which are veterans) and provides intensive support services for residents. The apartment community includes 55 fully furnished, single occupancy efficiency and one-bedroom apartments. Features include onsite staffing 24 hours a day, onsite laundry facility, outdoor green space, community room with library, computers, and internal and external security cameras. Population – Adults
Integral Care	4800 Manor Rd. Austin, TX 78723	Travis	Children's Crisis Respite: This program is a short-term 24-hour respite facility for 6-10 youth at any given time ages 13-17 years old. Services offered would be intake assessments, psychiatric

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			evaluation and medication management, therapies in multiple modalities, care coordination, family partner services, case management and discharge planning to community services including wraparound care.
Integral Care	2210 Pershing Drive Austin, TX 78723	Travis	Seabrook Square: Permanent Supportive Housing apartment complex which houses 60 formerly homeless individuals and provides intensive support services for residents. The apartment community includes 60 fully furnished, single occupancy efficiency apartments. Features include onsite staffing 24 hours a day, onsite laundry facility, outdoor green space, community room with library, computers, and internal and external security cameras.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Population – Adults
Integral Care	13311 Burnet Rd. Austin, TX 78727	Travis	The Bungalows at Century Park: Permanent Supportive Housing apartment complex which houses 60 formerly homeless individuals and provides intensive support services for residents. The apartment community includes 60 fully furnished, single occupancy efficiency apartments. Features include onsite staffing 24 hours a day, onsite laundry facility, outdoor green space, community room with library, computers, and internal and external security cameras. Population – Adults
Integral Care	5015 S-IH 35 frontage road, Suite 200, Austin, TX 78744	Travis	Behavioral Health Clinic; Child/Adolescent Outpatient Services; Texas Resilience and Recovery (TRR) outpatient services: children 3 to 18 years' old

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Transition Aged Youth Services: These services help people ages 15-30 who have experienced their first episode of psychosis within the past 2 years and engage in pro-active outreach and identification of youth at risk of psychosis. Staff help clients with relationships, school, work, and life goals. Services include alcohol and drug use recovery skills, family education, suicide prevention, medicine and physical health care. Integral Care brings these services to clients and provides support for up to 3 years. These services provide peer support, family support through a family partner and peer navigation. This program helps coordinate across the system of care for individuals transitioning from child services to adult services who

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			experience psychosis or who are at risk of psychosis. Population: People ages 15-30 years old.
Integral Care and Travis County Correctional Complex	3614 Bill Price Road, Del Valle, TX 78676	Travis	Jail Based Intake and Navigation services embeds intake and care navigation services at Travis County Correctional Complex to assess eligibility and connect to ongoing behavioral health services. The team also focuses on engagement activities for individuals who initially decline assessment or eligibility. Follow-up with individuals to ensure medication continuity, reestablishing benefits, and provision of peer support services. Population- Adults

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Psychiatric medical prescribers provide medication assessment and management to justice involved individuals at Travis County Correctional Complex. Population- Adults
Seton Shoal Creek Hospital and Dell Children's Hospital	3501 Mills Avenue Austin, TX 78731 4900 Mueller Blvd Austin, TX 78723	Travis	Inpatient Psychiatric Services and Detox Services Population - Adult (Seton Shoal Creek) and Child/Adolescent (Dell Children's)
Cross Creek Hospital	8402 Cross Park Drive Austin, TX 78754	Travis	Inpatient Psychiatric Services and Detox Services: Children and Adults requiring Psychiatric Intensive Care Unit (PICU) services Population - Adult and Child/Adolescent

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Austin Oaks Hospital	1407 W Stassney Lane Austin, TX 78745	Travis	1)Inpatient Psychiatric Services Population - Adult and Child/Adolescent
Georgetown Behavioral Health Institute	3101 S Austin Ave, Georgetown, TX 78626	Williamson, serving Travis	Inpatient psychiatric services and intensive outpatient SUD treatment services for the adolescent and adult population. Population - Adult and Child/Adolescent 2) Inpatient competency restoration services Population: Adults
Austin Area Mental Health Consumers	3205 S 1st Street Austin, TX 78704	Travis	Promotes empowerment and self-determination, recovery, client-control, and provides education, peer support, advocacy, with emphasis on inclusion and diversity, and collaboration.

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
			Population – Adult
Mulva Neurosciences Institute	1501 Red River Street Austin, TX 78712	Travis	Outpatient services using a collaborative care model established under UT Health Austin. The practice team is led by Dell Med faculty physicians and Integral Care professionals. Providers will use the team-based, data-driven models and processes employed by UT Health Austin's existing musculoskeletal, neurological and women's health clinics. Population – Adult
Black Men's Health Clinic	6633 E Hwy 290 Suite 100 Austin, TX 78723	Travis	BMHC exists to lower barriers to successful healthcare by taking on some of the burden such as scheduling, finances and coordination between providers. Population-Adults

Operator (LMHA/LBHA or Contractor Name)	Street Address, City, and Zip, Phone Number	County	Services & Target Populations Served
Rock Springs Hospital	700 SE Inner Loop, Georgetown, Texas78626	Williamson County, serving Travis County residents	Rock Springs has inpatient and substance use services for adolescents and adults. Rock Springs also has PICU level of care accessibility.

I.B Mental Health Grant Program for Justice Involved Individuals

The Mental Health Grant Program for Justice-Involved Individuals is a grant program authorized by Senate Bill (S.B.) 292, 85th Legislature, Regular Session, 2017, to reduce recidivism rates, arrests, and incarceration among individuals with mental illness, as well as reduce the wait time for individuals on forensic commitments. These grants support community programs by providing behavioral health care services to individuals with a mental illness encountering the criminal justice system and facilitate the local cross-agency coordination of behavioral health, physical health, and jail diversion services for individuals with mental illness involved in the criminal justice system.

In the table below, describe the LMHA or LBHA S.B. 292 projects; indicate N/A if the LMHA or LBHA does not receive funding. Number served per year should reflect reports for the previous fiscal year. Add additional rows, if needed.

Fiscal Year	Project Title (include brief description)	County(s)	Population Served	Number Served per Year
2023	Forensic ACT - an intensive, multi-disciplinary team-based intervention, which serves justice-involved individuals with Assertive Community Treatment and Housing First Permanent Supportive Housing. The project is aimed at reducing recidivism rates for people with serious mental illnesses who cycle through the criminal justice system, and experience frequent contact with law-enforcement, jail, local emergency system, and hospital services.	Travis	Justice-involved individuals who experienced a pattern of over-utilizing emergency and justice services.	Target is 92. Served 74 unduplicated persons during FY23

I.C Community Mental Health Grant Program - Projects related to Jail Diversion, Justice Involved Individuals, and Mental Health Deputies

The Community Mental Health Grant Program is a grant program authorized by House Bill (H.B.) 13, 85th Legislature, Regular Session, 2017. H.B. 13 directs HHSC to establish a state-funded grant program to support communities providing and coordinating mental health treatment and services with transition or supportive services for persons experiencing mental illness. The Community Mental Health Grant Program is designed to support comprehensive, data-driven mental health systems that promote both wellness and

recovery by funding community-partnership efforts that provide mental health treatment, prevention, early intervention, and/or recovery services, and assist with persons with transitioning between or remaining in mental health treatment, services, and supports.

In the table below, describe the LMHA or LBHA H.B. 13 projects related to jail diversion, justice involved individuals and mental health deputies; indicate N/A if the LMHA or LBHA does not receive funding. Number served per year should reflect reports for the previous fiscal year. Add additional rows if needed.

Fiscal Year	Project Title (include brief description)	County(s)	Population Served	Number Served per Year
2022		• Travis	V II	*1082
2023	School based services in Manor, Pflugerville and Del Valle		Youth	
2023	Safe Landing -wraparound services for children in foster care	• Travis	• Youth in foster care	*74

^{*}reflect services provided regardless of funding source

I.D Community Participation in Planning Activities

Identify community stakeholders who participated in comprehensive local service planning activities.

	Stakeholder Type		Stakeholder Type
\boxtimes	Consumers	\boxtimes	Family members
			Marilyn Hartnan, family member

	Stakeholder Type		Stakeholder Type
	Advocates (children and adult) Tonya Lavelle, Disability Rights Texas		Concerned citizens/others
	Local psychiatric hospital staff *List the psychiatric hospitals that participated: • Seton Shoal Creek Hospital • Austin Oaks Hospital • Cross Creek Hospital • Georgetown Behavioral Health Hospital • Rock Springs Hospital		 State hospital staff *List the hospital and the staff that participated: Austin State Hospital—Sam Cunnigham, Cristyn Cordova, and Stacy Thompson, also social work, QM and UM staff Austin State Supported Living Center staff – Shannon Mason
	Mental health service providers		Substance abuse treatment providers Christie Jordan, Communities For Recovery Laura Elmore, The Sobering Center
\boxtimes	Prevention services providers	\boxtimes	Outreach, Screening, Assessment, and Referral Centers
	County officials *List the county and the official name and title of participants: • State Senator Sarah Eckhart • State Representative Gina Hinojosa • Commissioner, Pct.3 Ann Howard • County Judge Carlos Barrera • Judge Guy Herman • Judge Andy Brown		City officials *List the city and the official name and title of participants: City Councilmember Vanessa Fuentes ACM Stephanie Hayden ACM Rey Arellano

	Stakeholder Type	Stakeholder Type				
	Judge Tamara Needles					
	 Federally Qualified Health Center and other primary care providers Dr. Tara Greendyke, CommUnity Care Dr. Karli Silverberg, CommUnity Care JP Eichmiller, Central Health Lindsey Tippett- Lone Star Circle of Care Jon Calvin- Lone Star Circle of Care Regina Evidente, CommUnity Care Dr. Tim Mercer, Dell Medical School 	Local health departments Laura la Fuente, Austin Public Health LMHAs/LBHAs *List the LMHAs/LBHAs and the staff that participated: • Bluebonnet Trails Community MHMR Center • Lakes Regional MHMR Center • MHMR of Tarrant County • The Harris Center for Mental Health and IDD				
h□	Hospital emergency room personnel Nick Vache, Dell Children's Medical Center	Emergency responders Stephen White, ATC-EMS Division Chief				
	Faith-based organizations	Community health & human service providers Sarah Rees, Casey Family Programs Laura Peveto, Travis County Health and Human Services Courtney Lucas, Travis County Research & Planning Susan Millea, Children's Optimal Health				

Stakeholder Type	Stakeholder Type
	Shawna Arnesen, Caritas Shay Billings and David Vaughn, Austin Area Urban League Matt Mollica and Kate Moore, ECHO
Probation department representatives Director Adult Probation Rodolfo (Rudy) Perez, Jr.	Parole department representatives
Court representatives (Judges, District Attorneys, public defenders) *List the county and the official name and title of participants: • Judge Michael Coffey • Probate Judge Guy Herman • Assistant County Attorney Katie Salzer • Delia Garza, County Attorney • Interim County Executive Vicki Ashley • MHPD Melissa Shearer • Capital Area Private Defender Service Katy Jo Muncie • Assistant District Attorney Michelle Hallee • Judge Tamara Needles	Law enforcement *List the county/city and the official name and title of participants: • Sheriff Sally Hernandez •) • Sergeant Stephanie Piper(TCSO) • Lieutenant Hershel Darby (TCSO) • Assistant Chief James Mason • Sergeant Mike King • APD Assistant Chief Gizette Gaslin Lieutenant Ken Murphy, (APD) Lieutenant Maria Calagna, (APD)

	Stakeholder Type		Stakeholder Type
	 Executive Director Roger Jefferies County Executive Pilar Sanchez Judge Kimberley Williams Judge Nicholas Chu 		 Lieutenant Chet Vronka, (Pflugerville PD) Director of Inmate Mental Health and Chaplain Services, Danny Smith, TCSO (Civilian)
	Education representatives Vicky Esperanza-Gregory, Del Valle ISD Katie Bryant, Eanes ISD		Employers/business leaders
	Integral Care Planning and Network Advisory Committee		Local consumer peer-led organizations Darrin Acker, Communities for Recover Executive Director
\boxtimes	Peer Specialists	\boxtimes	IDD Providers
\boxtimes	Foster care/Child placing agencies	\boxtimes	Community Resource Coordination Groups
	Veterans' organizations		Other: Grego Maxwell Center, <u>UT Austin,</u> <u>Dell Medical School,</u> Dr. Strakowski Monica Crowley, Central Health Jonathan Morgan, Central Health Dr. Alan Schalscha, Central Health

Describe the key methods and activities used to obtain stakeholder input over the past year, including efforts to ensure all relevant stakeholders participate in the planning process.

- As we created our FY23-25 Strategic Plan, Integral Care embraced the opportunity to learn how to better serve Travis County. We asked for feedback from our team members, collaborators and stakeholders, and hosted community focus groups with Integral Care clients as well as the Black/African American, Asian American, LatinE, immigrant and refugee and LGBTQIA+ communities. We analyzed the external opportunities and challenges facing our organization. We examined our internal strengths and weaknesses. We held work sessions with our Board of Trustees to reflect on these critical findings and discuss priorities for our future. This process informed the goals that will lead Integral Care's work over the next three years.
 - SWOT Analysis with Executive Management Team of internal Strengths and Weaknesses and external Threats and Opportunities
 - An Employee Survey, based on the SWOT analysis findings, was conducted to gauge employee interests and priorities.
 - o Consultants conducted stakeholder interviews with 17 community and systems leaders.
 - Consultants conducted focus group sessions with Integral Care's Planning and Network Advisory Committee and Consumer Council. In addition, they conducted five focus group sessions with community stakeholders with the perspectives of Black/African American community, Latinx community, Asian American community, Refugees/Immigrants, and the LGBTQIA+ community.
 - Findings were shared with Board of Trustees and Executive Management Team at two board retreat sessions.
- Integral Care co-convenes the Psychiatric Services Stakeholder Committee (PSS) with Dell Medical School. This committee is a forum for key mental health stakeholders to come together to strengthen the local mental health crisis system, with a focus on unfunded populations. The role of the PSS is to implement policy changes to support improved system functioning and enhanced continuum of care, leverage funding across all systems to increase capacity within the continuum and take action on recommendations from behavioral health stakeholder groups. Members include

leadership from major service providers, client and advocate organizations, local governmental entities, foundations and local elected officials. The members of this committee have policy and funding decision making authority in their entity. In the past year, Integral Care and Dell Medical School have worked collaboratively on high-level strategic planning and direction on three key priorities: Forensic Patients, Crisis System Redesign and Housing.

- Psychiatric Services Stakeholders (PSS) created a Housing Advisory Workgroup to study and make recommendations on how our community can address the unmet housing needs of highly complex and vulnerable people in Austin and Travis County who have difficulty finding, maintaining and thriving in housing.
- The Housing Advisory Workgroup was co-chaired by Ashley Trust, M.D., Assistant Professor in the Department of Psychiatry & Behavioral Sciences at Dell Medical School and Tim Mercer, M.D., an endowed Chair in the Department of Population Health at Dell Medical School. The Workgroup met monthly from October 2022 through February 2023 and presented its recommendations to the Psychiatric Services Stakeholders Committee in March 2023. The Workgroup analyzed who is left behind in current housing initiatives and how our community can fill these gaps with actionable solutions modeled on best practice. Workgroup members included parent advocates, Disability Rights Texas, Central Health, Communities for Recovery, Via Hope, NAMI Central Texas, Austin Public Health, Travis County, Austin State Hospital, Texas Neuro Rehab Center, Capital Area Private Defender Service and several non-profit organizations that provide housing services including Caritas, SAFE Alliance, Integral Care, Family Eldercare, and Austin Area Urban League. Recommendations called for enhanced Permanent Supportive Housing and Community-based assisted living for those who cannot live independently.
- Integral Care participates on the Executive Committee for the PSH Healthcare Collaborative Workgroup. The collaboration's goal is to bring community stakeholders together to design an

actionable working plan for an integrated model of care that community partners will ultimately help to coordinate and implement.

- Integral Care is a part of the Travis County Supportive Housing Collaborative, a group of 7 housing providers including SAFE Alliance, Lifeworks, Integral Care, Caritas, Family Eldercare, Austin Area Urban League, and A New Entry, to develop several properties with units designed to provide housing and to support the needs of people experiencing homelessness.
- Integral Care convenes and facilitates the Children's Mental Health Planning process in Travis County on an ongoing basis. Kids Living Well, formerly the Child and Youth Mental Health Planning Partnership, provides oversight to these efforts.. In May 2021, community stakeholders released the Travis County Plan for Children's Mental Health and Substance Misuse. The Plan is an update of the 2015 Travis County Plan for Children's Mental Health. Kids Living Well members regularly provide input on the Plan. Work is ongoing to implement recommendations in the Plan.
 - o Travis County has funded a new intensive MCOT children's wraparound team to support families and children experiencing a mental health crisis.

Kids Living Well has hosted monthly learning sessions on youth substance use, the integration of physical health and behavioral health in the primary care setting, and other topics identified in the Plan.

. 30 to 40 local community stakeholders attend these sessions each month. Integral Care is facilitating a Kids Living Well Summit Planning Team that includes pediatricians, psychologists, educators, family peers and other community partners. The group is planning "Connecting the Dots for Children's Mental Health," an education summit for family partners, educators, therapists, health care providers and other child-serving professionals.

The. Thanks to partnership with Region 13, Connecting the Dots for Children's Mental Health will provide 6 free CEUs to participants.

Integral Care created and maintains a data dashboard for Kids Living Well that highlights data points that reflect on the health and well-being of children and youth in Austin and Travis County.

Through Integral Care's Board/Staff Ad Hoc Committee on Racial Equity, Smith Research and Consultants, LLC was engaged to conduct a racial equity assessment (REA) for Integral Care. A REA is an examination of the ways in which different racial and ethnic groups experience or are affected by an action, decision, or service. This REA 1) evaluated the racial impact of Integral Care's organization structure, facilities, budget, public documents, and policies and 2) obtained meaningful input from racial and ethnic minority groups to identify racial equity gaps and needs within these focal groups. The goal of this assessment is to lay the foundation for engaging clients, the public, and other stakeholders in initial steps toward eliminating health disparities and achieving racial equity within Integral Care. This REA utilized an exploratory sequential mixed methods design to assess racial equity gaps and opportunities at Integral Care. An exploratory sequential design combines the strength of both quantitative and qualitative approaches to address study aims. Phase One of the study consisted of the collection and analysis of qualitative data to design and test a quantitative data collection instrument to further explore racial equity gaps within Integral Care. Between July 2021 and August 2021, 27 virtual interviews were completed with community partners. The purpose of the interviews was to understand community partner experiences, perceptions of racial inequity, and opportunities for enhancing equity at Integral Care. Between September 2021 and November 2021, seven focus groups were completed virtually with population groups determined by Integral Care. The purpose of the focus groups was to understand patient-level, clinical, and institutional perspectives on care at Integral Care. The focus groups included members of the following populations: LGBTQIA+, Black/African American, deaf or hard of hearing, Spanish-speaking parents, gender-diverse, people experiencing homelessness, and Hispanic/Latinx. The community partner interviews and focus groups informed Phase Two. In Phase Two, surveys were administered to clients, staff, and community partners.

All surveys were administered between late January 2022 and March 2022. The purpose of the client survey was to understand client perspectives on care, social needs, and how race has impacted their care. A total of 120 clients completed the survey. All surveys were anonymous. The purpose of the staff survey was to understand Integral Care staff experiences with racism and perspectives on Integral Care racial equity efforts. A total of 363 staff surveys were completed. The purpose of the community partner survey was to understand community partners' perspectives on Integral Care's services and racial equity efforts. The survey was sent to a list of 78 community partners and 21 completed the survey. It is important to note that this assessment was conducted at the height of the COVID-19 pandemic.

- Integral Care is a participant on the Community Health Assessment/Community Health Improvement Plan (CHA/CHIP) process convened by Austin Public Health. This is a multi-faceted process that creates an opportunity to hear from stakeholders across the community on a broad range of health and human service issues. With the completion of the 2022 Community Health Assessment and upcoming development of the 2023 Community Health Improvement Plan, workgroups are strategizing on ways to implement the three priority areas: Mental Health, Economic Stability and Neighborhood & Built Environment. Integral Care staff is currently on the Mental Health Workgroup, the Core Coordinating Council and the Steering Committee.
- Integral Care participates on a regular basis in multiple planning activities related to addressing the needs of individuals experiencing homelessness. In particular, there were significant planning meetings related to homelessness in downtown Austin focused on a reorganization of services and processes designed to decrease illegal activity and predatory behavior. This included all homeless service providers, the Austin Police Department, the Mayor Pro-Tem, and staff of the City of Austin and Travis County. In addition, Integral Care staff participate in multiple Homeless Response governance committees, including Crisis Response and Permanent Housing.

- Integral Care participates in the One Voice Public Policy Committee, which raises awareness on proposed policies that impact our clients and advocates for policies to increase access to stable housing and reliable healthcare. The committee provides synthesized information on complex issues by inviting experts on issue areas impacting our community. One Voice is active in providing recommendations on the City budget for social services, and drafting communications as well as providing testimony to elected officials to increase social service investments locally, to benefit the clients we serve. Integral Care staff are currently on the One Voice Member Committee and Public Policy Committee.
- Dell Medical School (DMS) has assumed responsibility for convening a group of stakeholders to plan for the redevelopment of the Austin State Hospital campus. This initiative was launched by Senator Kirk Watson in the fall of 2016 as part of his 10 Goals in 10 Years to develop a state-of-the-art brain health campus on the current property. The redesign of the Austin State Hospital (ASH) offers significant promise for improving how our community responds to people in need of psychiatric care. Funds for planning and design were approved by the Texas State Legislature during the 85th Session. In the 86th session, the Texas Legislature invested \$165 million for the first phase of the hospital construction with the remainder of the funding approved during the 87th session. The target date for the occupancy and operation of the new hospital is the summer of 2023. Currently, DMS, Central Health, Integral Care, HHSC, University of Texas, Texas Hospital Association, Law Enforcement, and Peer/Family Representatives are participating stakeholders. This work is emphasizing an increase in housing options; rethinking the forensic pathway to better support individuals at the intersection of mental health and the criminal legal system; and establishing collaborations to increase access to evidence-based, person-centered care.
- Integral Care participates in the Behavioral Health Criminal Justice Advisory Committee (BHCJAC). BHCJAC is a collaborative association of criminal justice, intellectual and developmental disabilities,

and behavioral health stakeholders. BHCJAC's mission is to develop and sustain a planning partnership to support persons with behavioral health needs and to promote justice and public safety. BHJAC worked with Meadows Mental Health Policy Institute to develop a community dashboard that is comprised of key metrics designated by BHCJAC, including the four national "Stepping Up" initiative metrics to develop a standard operating procedure for feeding data to the dashboard.

- Integral participates in the Austin/Travis County Reentry Roundtable. The Roundtable, created in 2004, is a collaborative association of interdisciplinary stakeholders. Its mission is to be a robust network that champions safe and healthy communities through effective reentry and reintegration of persons with justice system involvement by bringing reentry partners together to increase collaboration, reduce duplication, align efforts and strengthen the capacity of persons with justice system involvement and reentry programs that serve them.
- Integral Care is participating in a Substance Use Disorder planning effort convened by Travis County which has gathered community input on gaps and needs in addressing opioid overdose deaths. Priorities have included Narcan distribution, peer support, and increased access to methadone treatment. The effort is identifying priorities for the use of Opioid Abatement funding.

Travis County, the City of Austin, Central Health and Integral Care are collaborating in the development of a Continuum of Care to provide prevention, harm reduction, healthcare response and housing.

•	Integral	Care	participates	in	meetings	of	the	OSAR,	Austin	ROSC,	and	Austin	Area	Opioid	Work
	Group.														

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Integral Care participated in the Travis County Forensic Mental Health Planning project, a 10-month consultation convened by several major stakeholders to find solutions for the growing number of individuals in the justice system who have behavioral health and intellectual and developmental disabilities. The final report issued in 2023 identified five high priority recommendations that would fill several critical gaps and remove existing barriers for individuals.

List the key issues and concerns identified by stakeholders, including <u>unmet</u> service needs. Only include items raised by multiple stakeholders and/or had broad support.

- The Austin/Travis County Alcohol, Tobacco & Other Drugs Needs Assessment (October 2019) surveyed community stakeholders and identified the following areas where community members felt substance use services were most lacking for people who are uninsured, people who are underinsured, people experiencing homelessness, mothers with children, people with language barriers and people who cannot afford services. Stakeholders participating in the survey reported a need for the following improvements in local substance use services: coordinated data and information gathering, universal SBIRT screening, accommodation of cultural and language differences, increasing the use of peers across the spectrum of care, increasing treatment capacity for women with children, increasing geographic accessibility to Medication-Assisted Treatment (MAT) and addressing stigma tied to evidence-based, best practice MAT treatment.
- The importance of diverting individuals with behavioral health issues (including individuals with intellectual/developmental disabilities) from the criminal justice system into appropriate services.
 Ongoing discussions at BHCJAC and Psychiatric Services Stakeholders Committee during FY20-22.
 Insufficient residential options for people with IDD needing to transition from jail to the community or from other institutional settings. Lack of crisis residential beds in the community that are designed specifically to serve people with IDD
- The Forensic Mental Health Project (2023) recommends the following: data use agreements to

improve data sharing across entities, pilot three housing program while establishing permanent housing solutions, develop and implement a diversion center, increase the number of certified peer specialists through the mental health and criminal legal system and reinstate counsel at first appearance. Integral Care is collaborating with Travis County, the City of Austin and Central Health to develop a Crisis Care Diversion Pilot Program that will increase access to 24/7 at the urgent psychiatric walk-in clinic and will provide a 25-bed long term therapeutic respite facility to support individuals in their stabilization and recovery process.

• The need to expand the availability of deeply affordable permanent housing to address the needs of individuals experiencing homelessness who also live with mental illness and/or substance use disorder - within multiple forums across FY19- FY 23. Integral Care is collaborating with Travis County, the City of Austin and Central Health to develop a Jail Diversion Pilot. This will provide treatment and housing for up to 90 days for people who might otherwise have been incarcerated. Additionally, Integral Care has three Permanent Supportive Housing (PSH) Projects underway. Kensington Apartments is a 140 unit affordable housing complex which will have 55 units of PSH, 25 of which will be set aside for veterans. Integral Care will provide robust support services onsite. This PSH project is expected to open in fall 2024. The Bungalows at Century Park is a hotel conversion project in collaboration with the City of Austin. This 60 unit PSH apartment complex will house formally homeless individuals with an onsite support services team. This project is slated to open in summer 2024. Seabrook Square is a 60 unit new construction PSH apartment complex located in East Austin. Upon completion, Seabrook Square will house 60 formerly homeless individuals with onsite support services. Seabrook Square is expected to be complete in 2026.

Section II: Psychiatric Emergency Plan

The Psychiatric Emergency Plan is intended to ensure stakeholders with a direct role in psychiatric emergencies have a shared understanding of the roles, responsibilities, and procedures enabling them to coordinate efforts and effectively use available resources. The Psychiatric Emergency Plan entails a collaborative review of existing crisis response activities and development of a coordinated plan for how the community will respond to psychiatric emergencies in a way that is responsive to the needs and priorities of consumers and their families. The planning effort also provides an opportunity to identify and prioritize critical gaps in the community's emergency response system.

The following stakeholder groups are essential participants in developing the Psychiatric Emergency Plan:

- Law enforcement (police/sheriff and jails)
- Hospitals/emergency departments
- Judiciary, including mental health and probate courts
- Prosecutors and public defenders
- Other crisis service providers (to include neighboring LMHAs and LBHAs)
- Users of crisis services and their family members
- Sub-contractors

Most LMHAs and LBHAs are actively engaged with these stakeholders on an ongoing basis, and the plan will reflect and build upon these continuing conversations.

Given the size and diversity of many local service areas, some aspects of the plan may not be uniform across the entire service area. *If applicable, include separate answers for different geographic areas to ensure all parts of the local service area are covered.*

II.A Development of the Plan

Describe the process implemented to collaborate with stakeholders to develop the Psychiatric Emergency Plan, including, but not limited to, the following:

Ensuring all key stakeholders were involved or represented, to include contractors where applicable;

• Integral Care continues to actively collaborate and communicate with local stakeholders for the Psychiatric Emergency Plan. Integral Care works with the Psychiatric Stakeholder Committee (PSC), co-convened by Dell Medical School and Integral Care, to identify and prioritize local need. The PSC acts as an information clearinghouse to ensure community needs are effectively identified and prioritized through key workgroup areas. Members include leaders from City Council and the Major of the City of Austin, Travis County Commissioners, Travis County department executives, local hospital and healthcare leaders, law enforcement, advocacy organizations and local judiciary.

Ensuring the entire service area was represented; and

 Integral Care serves participates in BHCJAC meetings to ensure effective collaboration and communication regarding the Psychiatric Emergency Plan. BHCJAC represents justice and law enforcement systems, including the sheriff's department, police department, advocacy groups, judges, attorneys, Mental Health Public Defenders Office, justice planning, Crisis Intervention Team personnel, probation, and substance use providers, advocates, persons with lived experience, recovery supports and healthcare professionals. • Integral Care participates in a longstanding mental health planning committee convened monthly by Judge Guy Herman. Meetings focus on cross-system information sharing and cross-system problem solving related to psychiatric crisis and the interface among probate court, law enforcement, local psychiatric facilities, Integral Care as the LMHA and hospital emergency departments.

Soliciting input.

• Integral Care is participating in Travis County's Substance Use Planning and Opioid Abatement initiative. The Committee has recommended a collaborative planning structure approved by the Commissioner's Court. Travis County Health and Human Services has convened a broad array of stakeholders to develop a comprehensive substance use plan. Stakeholders include providers, advocates, peers, healthcare professionals, persons with lived experience, Travis County department executives from Justice Planning and Health and Human Services, and City department staff. Additionally, Travis County has sought feedback on how to spend Opioid Abatement Funding from various stakeholders. This planning group meets to discuss community needs related to Abatement funding. Thus far funding has been spent on Narcan purchase and distribution, peer recovery support, expansion of methadone services, and sharps disposal kiosks.

II.B Utilization of the Crisis Helpdesk, Role of Mobile Crisis Outreach Teams (MCOT), and the Crisis Response Process

1. How is the Crisis Hotline staffed?

During business hours

• Integral Care's Help line (Crisis Helpline) is available 24/7/365 and is accredited by the American Association of Suicidality (AAS). Integral care is part of the National Suicide Prevention Line (NSPL/988) It is staffed to:

- Maintain Health and Human Service Commission's (HHSC) answer rate requirement of 30 seconds or less for 95% of callers
- Increase NSPL/988 in-state answer rate to 90%
- Pilot and expand to achieve 90% in-state answer rate for NSPL/988 chat/text.
- There are a total of 75 staff (front line, trainers, and managers) for the local line, 988 calls, and 988 text/chat. Staffing levels are expected to increase as HHSC provides additional funding to expand. Staffing levels vary depending on hours and utilization.
 - Weekdays have 17 available shifts. Weekday nights have 10 shifts.
 - Weekend days have 13 available shifts. Weekend nights have 9.

•

After business hours

• See II.B. 1 above.

Weekends/holidays

- See II.B. 1 above.
- 2. Does the LMHA/LBHA have a sub-contractor to provide the Crisis Hotline services? If, yes, please list the contractor:
 - no
- 3. How is the MCOT staffed?

During business hours

• Integral Care fields two MCOT teams. The first MCOT team, funded through DSHS and Travis County, is dispatched via Integral Care's Crisis Helpline. The second MCOT team or Expanded MCOT (EMCOT), is funded through the City of Austin and Travis County. This team targets the

first responder system, including police, sheriff, ATC- EMS, and the criminal legal system. EMCOT also offers telehealth intervention in collaboration with law enforcement and EMS collaborators as appropriate. Integral Care's EMCOT 911 Call Center co-located at Combined Transportation and Emergency Communications Center (CTECC) is available 24/7 for mental health crisis calls.

 Integral Care's two MCOT team is staffed 8am – 10pm Monday through Friday and 10am to 8pm Saturday and Sunday EMCOT team is staffed 6am-12am Monday through Friday and 10am-8pm Saturday and Sunday. Both teams are staffed with qualified mental health professionals (QMHP), peer professionals, medical providers and Licensed Practitioners of the Healing Arts (LPHA).

After business hours

• Integral Care's MCOT team is staffed with on-call QMHP or LPHA staff 10pm to 8am Monday through Friday in order to be available 24/7. EMCOT 911 Call Center team is on site at the 911 Call Center 24/7.

Weekends/holidays

- MCOT team work 10am 8pm weekends and holidays and utilize on call staff 8pm to 10am on weekends and holidays.
- EMCOT work 6am-12am Monday-Friday and 10am Saturday and Sunday (including Holidays)
- EMCOT 911 Call Center team is on site at the 911 Call Center 24/7.
- 4. Does the LMHA/LBHA have a sub-contractor to provide MCOT services? If yes, please list the contractor:
 - no

- 5. Provide information on the type of follow up MCOT provides (phone calls, face to face visits, case management, skills training, etc.).
 - MCOT and EMCOT provide face-to-face services, and telehealth follow-up visits as appropriate. MCOT and EMCOT also provide linkage and coordination which can include opening to the LOC5 service package, which includes skills training, case management, peer support services, medication evaluation services, and other allowable services.
 - EMCOT 911 Call Center team provides follow up calls and also dispatches EMCOT as appropriate.
- 6. Do emergency room staff and law enforcement routinely contact the LMHA/LBHA when an individual in crisis is identified? If so, please describe MCOT's role for:

Emergency Rooms:

• Emergency rooms: MCOT responds to emergency room staff upon request. Emergency Departments in Travis County do not frequently request MCOT dispatch, however when they do MCOT does respond. MCOT provides emergency department staff with additional crisis assessment resources, linkage to care and communication with Integral Care's Utilization Management team.

Law Enforcement:

 Law enforcement: EMCOT was developed to be directly accessible to law enforcement and EMS to assist law enforcement and EMS in providing help to individuals experiencing a psychiatric crisis. The EMCOT team is co-located with APD and TCSO Crisis Intervention Teams, and APD and EMS at strategic locations throughout Travis County. Additionally, EMCOT also provides services at Central Booking and Travis County Correctional Complex

- (TCCC) and receives referrals from jail counseling staff to facilitate smooth transitions to the community as needed. Additionally, EMCOT is routinely and directly deployed by law enforcement via 911, EMCOT clinicians stationed at the 911 Call Center, and officers in the field (both telehealth and in-person) and TCCC/Central Booking.
- EMS: EMCOT co-responds and is dispatched by EMS to provide crisis mental health care in the community and avoid unnecessary use of Emergency Departments. Once EMCOT staff are on scene, EMS staff typically turn the situation over to EMCOT. EMCOT provides training to EMS personnel.
- Integral Care provides mental health training and EMCOT activation training to law
 enforcement as part of their training academies. EMCOT is routinely and directly deployed
 by law enforcement via 911, officers in the field and jail central booking. Once on scene and
 safety secured, law enforcement typically turns the situation over to EMCOT and leaves the
 scene so they can be available for other law enforcement calls. EMCOT provides content
 expertise to law enforcement about mental health and community resources.
- 7. What is the process for MCOT to respond to screening requests at state hospitals, specifically for walkins?
 - ASH can request MCOT anytime they determine appropriate via Integral Care's Crisis Helpline.
- 8. What steps should emergency rooms and law enforcement take when an inpatient level of care is needed?

During business hours:

• Whether during business hours, after hours, or on weekends/holidays, law enforcement or emergency departments may contact the Integral Care Call Center/Crisis Helpline. Calls may be routed to the Utilization Management (UM) Department that is staffed daily from 8:00

a.m. to 8:00 p.m. CST to facilitate inpatient (IP) admission screening and triage care arrangements as appropriate. Law enforcement may also elect to transport a client to Psychiatric Emergency Services (PES) during PES urgent care hours (Monday through Friday 8-10 pm or Saturday and Sunday 10-8 pm), or to any the local emergency department for additional crisis screening and assessment. For clients with private insurance, the law enforcement officer may elect to transport the individual directly to one of the local psychiatric hospitals for admission. For clients without insurance, the emergency department would obtain authorization for IP admission from the UM Department daily from 8:00 a.m. to 8:00 p.m. CST (including holidays). After 8:00 p.m., the emergency department may leave a voicemail message for UM, which will be returned promptly at 8:00 a.m. when the department opens the next day.

After business hours:

• See IIB. 8 above

Weekends/holidays:

- See IIB. 8 above
- 9. What is the procedure if an individual cannot be stabilized at the site of the crisis and needs further assessment or crisis stabilization in a facility setting?
 - MCOT and EMCOT are trained to consider and recommend the least restrictive
 environment of care. Both teams consider all appropriate least restrictive alternatives
 while also establishing what additional (if any) medical clearance is needed. If medical
 clearance is needed, MCOT and EMCOT staff utilize Integral Care's nurse on call, Integral
 Care's physician on call, EMS or nearest emergency department depending on direction

from Integral Care's medical staff and the nature and urgency of the medical issue. Integral Care's MCOT and EMCOT teams also staff cases with Integral Care's UM about appropriateness for facility-based care whether it's through one of Integral Care's 72 crisis respite or crisis residential beds or authorization for inpatient psychiatric hospitalization. A warm hand-off will be provided to the receiving facility to ensure continuity of care.

- 10. Describe the community's process if an individual requires further evaluation and/or medical clearance.
 - See IIB 9 above
- 11. Describe the process if an individual needs admission to a psychiatric hospital.
 - Integral Care's MCOT and EMCOT teams staff cases with Integral Care's UM to obtain authorization for inpatient psychiatric hospitalization.
- 12. Describe the process if an individual needs facility-based crisis stabilization (i.e., other than psychiatric hospitalization and may include crisis respite, crisis residential, extended observation, or crisis stabilization unit).
 - Integral Care's PES, MCOT and EMCOT teams staff cases with Integral Care's UM regarding appropriateness for facility-based care and availability of beds through one of Integral Care's 3-2 crisis residential programs or crisis respite program.
- 13. Describe the process for crisis assessments requiring MCOT to go into a home or alternate location such as a parking lot, office building, school, under a bridge or other community-based location.
 - Integral Care's MCOT team receives referrals through Integral Care's Crisis helpline. EMCOT receives referrals and dispatches directly from first responders, 911 and the

TCC/Central Booking. Both teams respond in the community wherever an individual is experiencing a crisis.

14. If an inpatient bed at a psychiatric hospital is not available:

Where does the individual wait for a bed?

- If an inpatient bed is not available and the individual does not meet criteria for Integral Care's Herman Center, crisis residential programs, or crisis respite program they are taken to the nearest emergency department.
- 15. Who is responsible for providing ongoing crisis intervention services until the crisis is resolved or the individual is placed in a clinically appropriate environment at the LMHA/LBHA?
 - Emergency department social work staff provide services and maintain contact with Integral Care's UM Department, and use the Crisis Helpline to request Integral Care staff such as MCOT, ACT and other service teams as needed.
- 16. Who is responsible for transportation in cases not involving emergency detention?
 - The referring entity is typically responsible for the transportation of individuals who are
 voluntary and not on emergency detention. For example, the emergency department
 may elect to place the person in a taxicab, contract with local law enforcement for offduty officers to transport, or contract with local ambulance services to provide transport
 to the psychiatric hospital for admission. Both EMCOT and MCOT provide transportation
 as clinically appropriate.

Crisis Stabilization

What alternatives does the local service area have for facility-based crisis stabilization services (excluding inpatient services)? *Indicate N/A if the LMHA or LBHA does not have any facility-based crisis stabilization services. Replicate the table below for each alternative.*

Name of Facility	The Inn
Location (city and county)	1165 Airport Blvd
	Austin, TX 78702
Phone number	512-472-HELP (4357) and Toll-Free 1-844-398-8252
Type of Facility	Crisis residential
Key admission criteria (type of patient	Adult, voluntary, Travis County residents
accepted)	
Circumstances under which medical	Per Medical Director, Program Psychiatrist/APN/PA or
clearance is required before admission	prescriber on call
Service area limitations, if any	Travis County residents
Other relevant admission information for first	Access crisis services via Integral Care's Helpline, PES,
responders	EMCOT or MCOT
Accepts emergency detentions?	No
Number of Beds	16

Name of Facility	Therapeutic
	Diversion Program
Location (city and county)	403 E 15th St., Austin, TX 78701
Phone number	512-472-HELP (4357) and Toll-Free 1-844-398-8252
Type of Facility	Crisis respite
Key admission criteria (type of patient	Adult, voluntary, Travis County residents
accepted)	Co-occurring mental illness and substance use disorders
Circumstances under which medical	Per Medical Director, Program Psychiatrist/APN/PA or
clearance is required before admission	prescriber on call
Service area limitations, if any	Travis County residents
Other relevant admission information for	Access crisis services via Integral Care's PES, EMCOT,
first responders	MCOT, or Jail Liaison
Accepts emergency detentions?	No
Number of Beds	25

Name of Facility	Next Step Crisis Respite Program
Location (city and county)	6222 N Lamar, Austin, TX 78752
Phone number	512-472-HELP (4357) and Toll-Free 1-844-398-8252

Name of Facility	Next Step Crisis Respite Program
Type of Facility	Crisis respite
Key admission criteria (type of patient accepted)	Adult, voluntary, Travis County residents, specialty care for individuals with co-occurring mental illness
decepted)	and intellectual/developmental disabilities.
Circumstances under which medical	Per Medical Director, Program Psychiatrist/APN/PA or
clearance is required before admission	prescriber on call
Service area limitations, if any	Travis County residents
Other relevant admission information for	Access crisis services via Integral Care's Helpline, PES
first responders	or MCOT
Accepts emergency detentions?	No
Number of Beds	31

Name of Facility	The Judge Guy Herman Center for Mental Health Crisis Care
Location (city and county)	6600 E. Ben White Blvd., Austin, TX 78741
Phone number	512-472-HELP (4357) and Toll-Free 1-844-398-8252
Type of Facility	The Herman Center offers short-term mental health crisis care in a safe overnight facility for people who are

	in crisis but do not need to go to the hospital. Staff help clients become stable by providing medical support, emotional support, medicine and connection to other Integral Care programs and local resources for ongoing support and recovery.
Key admission criteria (type of patient accepted)	Adult, voluntary, Travis County residents and adult involuntary (4 beds) on Protective Order of Emergency Detention (POED).
Circumstances under which medical clearance is required before admission	Per Medical Director, Program Psychiatrist or prescriber on call
Service area limitations, if any	Travis County residents
Other relevant admission information for first responders	Referrals to the Herman Center come from emergency departments, law enforcement, Integral Care Crisis Services and Integral Care Utilization Management.
Accepts emergency detentions?	Yes
Number of Beds	12 respite and 4 POED beds

Name of Facility	Integral Care's Children's Crisis Respite
Location (city and county)	Austin, Texas
Phone number	512-472-HELP (4357) and Toll-Free 1-844-398-8252

Type of Facility	Short Term Respite
Key admission criteria (type of patient accepted)	Children ages 13-17, voluntary, Travis County residents
Circumstances under which medical	Per Medical Director, Program Psychiatrist or prescriber
clearance is required before admission	on call
Service area limitations, if any	Travis County residents
Other relevant admission information for	Referrals to the Children's Respite come from the
first responders	Children's MCOT team and other internal referral
	sources such as YES Waiver.
Accepts emergency detentions?	No
Number of Beds	6-10

Inpatient Care

What alternatives to the state hospital does the local service area have for psychiatric inpatient care for uninsured or underinsured individuals?

Replicate the table below for each alternative.

Name of Facility	Seton Shoal Creek Hospital
Location (city and county)	Austin, Texas
Phone number	512-324-2000
Key admission criteria	Must meet medical necessity for inpatient admission due to psychiatric needs.
Service area limitations, if any	Travis County residents
Other relevant admission information for first responders	Seton Shoal Creek does not have onsite admission. Admission to Seton Shoal Creek requires facilitation of a doctor-to-doctor consult with Seton or transport of the individual to a local emergency department for evaluation and subsequent transfer to Seton Shoal Creek. Has inpatient and detox services, as well as services for adult and child/ adolescent populations.
Number of Beds	Not specified in contractual arrangement
Is the facility currently under contract with the LMHA/LBHA to purchase beds?	Yes

If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	Psychiatric Emergency Services Center (PESC) and Private Psychiatric Bed (PPB) funds
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	As needed
If under contract, what is the bed day rate paid to the contracted facility?	Case rate of \$5215.50, plus incentives
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	NA
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA
HHSC Funding Allocation	NA

Name of Facility	Dell Children's Hospital (Grace Grego Maxwell Mental Health Unit)
Location (city and county)	Austin, Texas

Phone number	512-324-0029
Key admission criteria	Must meet medical necessity for inpatient admission due to psychiatric needs.
Service area limitations, if any	Travis County residents
Other relevant admission information for first responders	Admission to Grace Grego Maxwell Mental Health Unit requires admission through Dell Children's Hospital. Has inpatient adolescent populations.
Number of Beds	Not specified in contractual arrangement
Is the facility currently under contract with the LMHA/LBHA to purchase beds?	Yes
If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	PESC and PPB
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	As needed

If under contract, what is the bed day rate paid to the contracted facility?	Case rate of \$5215.50, plus incentives
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	NA
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA

Name of Facility	Cross Creek Hospital
Location (city and county)	Austin, Texas
Phone number	877-971-6689
Key admission criteria	Must meet medical necessity for inpatient admission due
	to psychiatric needs.
Service area limitations, if any	Travis County residents
Other relevant admission information for	Cross Creek Hospital has inpatient and detox services,
first responders	as well as services for adult and adolescent populations.
Number of Beds	Not specified in contractual arrangement
Is the facility currently under contract with	Yes
the LMHA/LBHA to purchase beds?	
If under contract, is the facility contracted	PESC and PPB
for rapid crisis stabilization beds (funded	

under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	As needed
If under contract, what is the bed day rate paid to the contracted facility?	Case rate of \$5215.50, plus incentives
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	NA
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA
HHSC Funding Allocation	NA

Name of Facility	Georgetown Behavioral Health Institute
Location (city and county)	Williamson County, Texas
Phone number	512- 819-1102

Name of Facility	Georgetown Behavioral Health Institute
Key admission criteria	Must meet medical necessity for inpatient admission due to psychiatric needs.
Service area limitations, if any	Williamson and Travis County residents
Other relevant admission information for first responders	Georgetown Behavioral Health Institute provides inpatient psychiatric services and intensive outpatient SUD treatment services for the adolescent and adult population.
Number of Beds	Not specified in contractual arrangement
Is the facility currently under contract with the LMHA/LBHA to purchase beds?	Yes
If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	PESC and PPB
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	As needed
If under contract, what is the bed day rate paid to the contracted facility?	Case rate of \$5215.50, plus incentives

Name of Facility	Georgetown Behavioral Health Institute
If not under contract, does the LMHA/LBHA	NA
use facility for single-case agreements for	
as needed beds?	
If not under contract, what is the bed day	NA
rate paid to the facility for single-case	
agreements?	
HHSC Funding Allocation	NA

Name of Facility	Georgetown Behavioral Health Institute
Location (city and county)	Williamson County, Texas
Phone number	512- 819-1102
Key admission criteria	Must meet medical necessity for inpatient admission due to psychiatric needs require competency restoration and identified for admission through the state clearinghouse.
Service area limitations, if any	Williamson, Bell and Travis County residents
Other relevant admission information for first responders	Georgetown Behavioral Health Institute provides inpatient competency restoration services for the adult population.
Number of Beds	40 with potential of up to 48
Is the facility currently under contract with the LMHA/LBHA to purchase beds?	Yes
If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	HHSC Inpatient Competency Restoration Program
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	Guaranteed with maintaining 95% capacity after ramp up period

If under contract, what is the bed day rate	\$720.00 per day
paid to the contracted facility?	

Name of Facility	Rock Springs Hospital
Location (city and county)	Georgetown, Texas
Phone number	512-544-5253
Key admission criteria	Must meet medical necessity for inpatient admission due to psychiatric needs.
Service area limitations, if any	Travis County residents
Other relevant admission information for first responders	Rock Springs has inpatient services and subtance use services for the adolescent and adult population, with PICU level bed accessibility.
Number of Beds	Not specified in contractual arrangement
Is the facility currently under contract with the LMHA/LBHA to purchase beds?	Yes
If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private	PESC and PPB

Name of Facility	Rock Springs Hospital
psychiatric beds, or community mental	
health hospital beds (include all that apply)?	
If under contract, are beds purchased as a	As needed
guaranteed set or on an as needed basis?	
If under contract, what is the bed day rate	Case rate of \$5215.50, plus incentives
paid to the contracted facility?	
If not under contract, does the LMHA/LBHA	
use facility for single-case agreements for as	
needed beds?	
If not under contract, what is the bed day	
rate paid to the facility for single-case	
agreements?	
HHSC Funding Allocation	NA

Name of Facility	Austin Oaks Hospital
Location (city and county)	Austin, Texas
Phone number	512-440-4800
Key admission criteria	Must meet medical necessity for inpatient admission due to psychiatric needs.
Service area limitations, if any	Travis County residents

Name of Facility	Austin Oaks Hospital
Other relevant admission information for first responders	Austin Oaks Hospital has inpatient services for adult and child/adolescent populations.
Number of Beds	Not specified in contractual arrangement
Is the facility currently under contract with the LMHA/LBHA to purchase beds?	Yes
If under contract, is the facility contracted for rapid crisis stabilization beds (funded under the Psychiatric Emergency Service Center contract or Mental Health Grant for Justice-Involved Individuals), private psychiatric beds, or community mental health hospital beds (include all that apply)?	PESC and PPB
If under contract, are beds purchased as a guaranteed set or on an as needed basis?	As needed
If under contract, what is the bed day rate paid to the contracted facility?	Case rate of \$5215.50, plus incentives
If not under contract, does the LMHA/LBHA use facility for single-case agreements for as needed beds?	NA
If not under contract, what is the bed day rate paid to the facility for single-case agreements?	NA

Name of Facility	Austin Oaks Hospital
HHSC Funding Allocation	NA

II.C Plan for local, short-term management of pre- and post-arrest individuals who are deemed incompetent to stand trial

What local inpatient or outpatient alternatives to the state hospital does the local service area currently have for competency restoration? *If not applicable, enter N/A.*

Identify and briefly describe available alternatives.

- Integral Care provides a 9-bed outpatient competency restoration program for individuals requiring a residential location for restoration of competency. Integral Care also provides restoration of competency programming and treatment for individuals who have a place to reside in the community while participating in programming.
- Effective 10/1/22, Travis County funded an additional 7 outpatient competency restoration slots at the recommendation of local stakeholders. This brings the total of outpatient competency slots to 16.

What barriers or issues limit access or utilization to local inpatient or outpatient alternatives?

• Issues that limit access to outpatient competency restoration primarily relate to appropriateness for restoration of competency services in the community setting.

Does the LMHA or LBHA have a dedicated jail liaison position? If so, what is the role of the jail liaison and at what point is the jail liaison engaged? Identify the name(s)/title(s) of employees who operate as the jail liaison.

• Integral Care has dedicated jail liaisons who attend felony and misdemeanor mental health court dockets. This employee also assesses clients in jail for possible eligibility for the outpatient competency restoration program, jail diversion post-arrest and re-entry at release.

If the LMHA or LBHA does not have a dedicated jail liaison, identify the title(s) of employees who operate as a liaison between the LMHA or LBHA and the jail.

N/A

What plans, if any, are being developed over the next two years to maximize access and utilization of local alternatives for competency restoration?

• Integral Care plans to continue to sustain its successful outpatient competency programming. Integral Care also plans to continue to work with the judges, prosecuting attorneys and defense attorneys to identify and address any issues that may impede program utilization and growth. Additionally, Integral Care plans to collaborate with HHSC on a Forensic Support Team Pilot Program that aims to assist state mental health hospitals with managing and organizing inpatient restoration admissions.

Does the community have a need for new alternatives for competency restoration? If so, what kind of program would be suitable (i.e., Outpatient Competency Restoration Program inpatient competency restoration, Jail-based Competency Restoration, etc.)?

• Integral Care has recently contracted with HHSC to provide inpatient competency restoration services for the region at Georgetown Behavioral Health Institute. Integral Care also plans to sustain the currently successful outpatient competency restoration programming. Integral Care is also launching a three-year jail diversion program at one of it's respite programs and plans to collaborate with HHSC on implementing a Forensic Support Team Pilot Program. Integral Care is grateful for local community investment in the expansion of outpatient competency capacity.

What is needed for implementation? Include resources and barriers that must be resolved.

• The need for these services currently exceeds the current allocation of state and local dollars available..

II.D Seamless Integration of emergent psychiatric, substance use, and physical healthcare treatment and the development of Certified Community Behavioral Health Clinics (CCBHCs)

- 1. What steps have been taken to integrate emergency psychiatric, substance use, and physical healthcare services? Who did the LMHA/LBHA collaborate with in these efforts?
 - Integral Care and various FQHC's work to deliver integrated services. In 2022, Lone Star
 Circle of Care opened their first imbedded integrated clinic within Integral Care's Oak
 Springs Outpatient Mental Health Clinic. Now clients are able to receive primary care,
 substance use, and mental health services at one location. Lone Star Circle of Care to has
 expanded services into other clinic locations and added pediatric primary care services to
 Integral Care's St. John location.
 - Additionally, Integral Care operates an integrated behavioral health and medical clinic at Community First! Village in collaboration with CommUnity Care.

- In 2022, Integral Care also expanded our access to Medication-Assisted Treatment (MAT) in collaboration with Central Health. Integral Care's MAT team provides a Psychiatric Nurse Practitioner and a team of MAT behavioral support staff with the goal of reducing overall healthcare costs to patients diagnosed with opioid use disorder by reducing the number of days they use illicit opiates. This contract is an expansion of a previous contract with Central Health. Integral Care has also implemented navigation/care coordination services with health maintenance and managed care organizations for behavioral health needs of their members, including their members with IDD.
- 2. What are the plans for the next two years to further coordinate and integrate these services?
 - Integral Care continues to plan for integrated clinic expansions with Lone Star Circle of Care, to include the addition of pediatric primary care services, and additional FQHC's, such as CommUnity Care, in underserved areas of Travis County. Additionally, Integral Care continues to expand community-based care coordination and care navigation services under the Community Mental Health Grant (CMHG) and CCBHC expansion grants.

II.E Communication Plans

- 1. What steps have been taken to ensure key information from the Psychiatric Emergency Plan is shared with emergency responders and other community stakeholders?
 - Integral Care will post the plan on its website in addition to sharing it through program brochures and its on-line newsletter "Transparencies"
 - Integral Care provides regularly scheduled training about accessing services to APD cadets, MHOs and CIT, TCSO CIT, TCSO jail counseling staff, Pflugerville PD and ATCEMS staff
 - Key information will be shared with local stakeholder groups, such as Psychiatric Stakeholder Committee, PNAC, Substance Use Planning Committees, Travis County

Behavioral Health Criminal Justice Advisory Committee (BHCJAC) and Community Stakeholder and Persons with Lived Experience

- 2. How will the LMHA or LBHA ensure staff (including MCOT, hotline, and staff receiving incoming telephone calls) have the information and training to implement the plan?
 - All Integral Care crisis services staff will review the plan in a scheduled monthly meeting
 - Program procedures are in place and are shared internally
 - Program specific training will continue to be offered at the program staff level

II.F Gaps in the Local Crisis Response System

What are the critical gaps in the local crisis emergency response system? *Consider needs in all parts of the local service area, including those specific to certain counties.*

County	Service System Gaps	Recommendations to Address the Gaps
Travis	Integral Care is working to expand services to unincorporated parts of the county. Currently providing services to Del Valle, Manor and Pflugerville Independent School Districts (ISDs) and the community in the eastern crescent of Travis	 Expansion of telehealth services Expansion of integrated services in primary health and substance use Expansion of crisis clinicians integrated into local Public Service Answering Points (PSAPs) for the eastern crescent.

	County. Travel time in crisis situations has been a challenge.	•	Bring MCOT and EMCOT to scale to provide rapid response to unincorporated parts of Travis County.
Travis	24-hour Psychiatric Urgent Care Center that accepts voluntary and involuntary clients, is available for law enforcement drop off, and is staffed to provide immediate crisis assessment and linkage to care.	•	Expansion of existing PES urgent care clinic to 24 hours and developing capacity and infrastructure to accept both voluntary and involuntary clients.

Section III: Plans and Priorities for System Development

III.A Jail Diversion

The Sequential Intercept Model (SIM) informs community-based responses to the involvement of individuals with mental and substance use disorders in the criminal justice system. The model is most effective when used as a community strategic planning tool to assess available resources, determine gaps in services, and plan for community change.

A link to the SIM can be accessed here:

https://www.prainc.com/wp-content/uploads/2017/08/SIM-Brochure-Redesign0824.pdf

In the tables below, indicate the strategies used in each intercept to divert individuals from the criminal justice system and indicate the counties in the service area where the strategies are applicable. List current activities and any plans for the next two years. If not applicable, enter N/A.

Intercept 0: Community Services Current Programs and Initiatives:	County(s)	Plans for upcoming two years:
City- and County-funded EMCOT field response team.	• Travis	 Continue to bring EMCOT to full scale to further expand hospital and jail diversion opportunities and decrease unnecessary law enforcement involvement.
Integral Care Crisis Helpline	Travis	Continue to expand services as contracted
Certified Community Behavioral Health Clinic (CCBHC) services	• Travis	Enhance integrative approach to care to meet needs of whole person, expand peer support services
• MCOT	• Travis	MCOT continues to respond to the community from Integral Care's Crisis HelpLine. Travis County funded the intensive MCOT children's wraparound team to support families and children experiencing a mental health crisis.

		Continue to bring to full scale to decrease emergency department visits, unnecessary law enforcement involvement and incarceration.
Psychiatric Emergency Services (PES)	• Travis	 Offer continued access to inperson and/or telehealth services to meet community need Expand access to 24/7 and serve as a law enforcement drop off to deflect individuals from the criminal legal system Expand medical prescriber access 24/7 Add 23 hour observation service for crisis stabilization Look for funding opportunities to evelop infrastructure and capacity to accept involuntary and voluntary clients
PATH/ACCESS and Homelessness Outreach Street Team (HOST)	Travis	Continue the provisions of these services over the next two years

•	•	•
Therapeutic Diversion Program	• Travis	 Implement services Convene and facilitate stakeholder task groups to strengthen deflection/diversion efforts for individuals that are at risk of and/or justice involved.
The Inn (Crisis Residential Unit)	• Travis	Continue the provision of these services over the next two years
Judge Guy Herman Center (Crisis Residential Unit)	• Travis	Continue the provision of these services over the next two years
Next Step (Crisis Respite)	• Travis	Continue the provision of these services over the next two years

Intercept 1: Law Enforcement Current Programs and Initiatives:	ounty(s)	Plans for upcoming two years:
EMCOT is co-located at 911 Call Center, EMS and Central Booking and is available to receive direct transfer of calls from 911 Call Takers when a	Travis	 Continue collaborating with Central Booking staff to focus on diversion at point of booking (this endeavor spans Intercepts 1 and 2)

crisis. Callers are linked with EMCOT mental health professionals who can quickly triage calls and dispatch EMCOT staff to the community when appropriate. The goal is to ensure individuals in our community receive professional mental health services from the time they call 911 to the time a mental health professional arrives to assist and support the individual experiencing a mental health crisis. 911 call takers immediately transfer calls to EMCOT when a caller has requested a mental health officer so that EMCOT can triage and provided expert assistance and de-escalation and EMCOT is also available to be conferenced in to assist with crisis de-escalation when law enforcement is in route. Adding telehealth services to

- Continue to provide mental health crisis call identification and management training for 911 call takers and dispatchers within the 911 Call Center
- Expand staff capacity at 911
 Call Center in order to bring to scale and meet mental health need
- Implement an emergency mobile crisis dispatch system
- SB292 Reduce recidivism by the frequency of arrests and incarceration of persons with mental illness

EMCOT's service array is yet another tool that is available for first responders when they need a rapid response/consultation from a mental health professional. EMCOT and EMCOT dispatched by Helpline is co-mobilized with MH Deputies upon request and/or need. EMCOT is dispatched by 911.	
 MCOT is dispatched by Integral Care's Crisis Helpline and co-responds with mental health deputies upon request or need 	
 Integral Care trains APD cadets in the Training Academy and Modified Academy, sworn officers in 1850 course and 4001 course (CIT Certification); TCSO sworn deputies in 4001 course; Austin Independent School District Police Department (AISD PD) in 	

4001 course; Manor Police Department in 4001 course; other law enforcement departments ad hoc; and Central Booking counseling staff and Travis County Corrections Complex staff (corrections officers and counseling staff) and EMS.	
Integral Care's EMCOT team has signed MOUs with respect to EMCOT with ATCEMS, APD, University of Texas Police Department, Lakeway Police Department, Pflugerville Police Department, Lago Vista Police Department, and Westlake Hills Police Department and has formal operational collaborations with TCSO, Capitol Police (DPS), Austin Community College District Police, and Precinct 3 Constables	
Integral Care trains probation personnel via TCOOMMI-	

funded ANEW and court personnel via the assigned jail liaison	
 Integral Care's PES urgent care and The Herman Center services offer a law enforcement-friendly drop off point 	
Integral Care's PES and MCOT and EMCOT teams offer service linkage and follow up for individuals for up to 90 days to stabilize the crisis episode and document law enforcement contacts	
Integral Care's Community Based Crisis Support (CBCS) Team and Crisis Intervention Specialist (CIS) Team coordinate with MCOT, EMCOT and PES to support and assist individuals with co-occurring mental illness and intellectual/developmental	

disabilities to stabilize the	
crisis and link to services	

Intercept 2: Post Arrest; Initial Detention and Initial Hearings Current Programs and Initiatives:	County(s)	Plans for upcoming two years:
Mental Health Bond program	Travis	Continue to sustain collaboration with Pre-Trial Services
• EMCOT	Travis	Continue to sustain collaboration with Travis County Sheriff's Office
	•	•
Intercept 3: Jails/Courts Current Programs and Initiatives:	County(s)	Plans for upcoming two years:
Pre-trial MH Bond Program	• Travis	The plan to establish a mental health court in 2016 did not come to fruition. The idea was explored by

 A Jail liaison assigned to mental health misdemeanor and felony dockets Jail liaison provides support as needed at Veterans Court Integral Care's Oak Springs Intensive Outpatient Substance Use Treatment Program provides program services to individuals sent by Drug Court and coordinates with court as needed 	stakeholders and identified as a long term community goal. Although the mental health court was not established, separate mental health dockets have been implemented.
Integral Care Outpatient Competency Restoration program	
Integral Care prescribers sub- contracted at jail provide services	
Treatment services such as ACT and FACT work with courts to provide treatment for individuals who have been determined to be not guilty by	

	reason of insanity (NGRI) ion an as-needed basis
•	Integral Care's Crisis Intervention Specialist Team coordinates with the mental health dockets to support and assist individuals with co- occurring mental illness and intellectual/developmental disabilities to stabilize and link to comprehensive services
•	Integral Care provides a part- time prescriber CBS
•	Contract with SMART Program to provide psychiatric services to SMART clients
h o tl w P c	elps people who are court rdered to seek treatment for neir mental illness. An individual rorks with a team including the robate Court Judge, attorneys, ase managers, doctors, nurses, neir family and a peer who has experience with mental illness

and/or substance use. This team	
provides mental health care and	
medicine, one-on-one emotional	
support, help with housing, drug	
and alcohol treatment, and help	
building daily living skills	

Intercept 4: Reentry Current Programs and Initiatives:	County(s)	Plans for upcoming two years:
Integral Care staff initiate services for individuals identified as experiencing homelessness at the jail to assess needs, plan for continuity of care and provide continuity of care post-release	• Travis	The Travis County Behavioral Health Criminal Justice Advisory Committee (BHJAC) will continue to meet and plan for community needs
The Jail Based Intake Services and Navigation Team and intake provides InReach into the jail to ensure people are connected to care before they leave the jail. This team provides behavioral health intakes		

and/or linkage to intellectual and developmental disability services by reaching in the jail and connecting directly with individuals before their release. This team includes peer support, case management, medications and help linking to care immediately upon leaving the Travis County Correctional Complex. This new service addresses a long-identified need for Travis County residents.	
TCOOMMI-funded ANEW staff are assigned to Austin Transitional Center to provide support, case management and linkage to continuity of care	
Integral Care staff lead the mental health workgroup of the Austin Travis County Reentry Roundtable (ATCRR)	

in alignment with ATCRR strategic plan	
 Integral Care facilitates a dedicated phone line at Integral Care's call center for use by jail counseling staff to contact Integral Care re: jail discharges link to continuity of care and Open Access Intakes 	

Intercept 5: Community Corrections Current Programs and Initiatives:	County(s)	Plans for upcoming two years:
 Integral Care's TCOOMMI- funded ANEW program provides comprehensive services, including screening and assessment, specialized caseloads and continuity of care services 	• Travis	Continue to look for funding and collaboration opportunities to expand Integral Care services to those who are under community supervision
Integral Care's TCOOMMI- funded ANEW program is co- located with Travis County		

Probation and Parole specialized caseload officers to facilitate communication and case coordination	
 Integral Care's TCOOMMI- funded juvenile programs work closely with juvenile probation to serve juveniles on probation with behavioral health needs 	
Integral Care's designated ANEW staff meet quarterly with Travis County probation, parole and Austin Transitional Center staff to communicate and resolve system issues, offer cross-training and deepen collaborative relationships	
Oak Springs Intensive Outpatient Substance Use Treatment Program contracts with Travis County probation to provide services to clients enrolled in Treatment	

Alternatives to Incarceration (TAIP)	
 Integral Care's FACT team is a multidisciplinary, team-based intervention that provides intensive, community-based treatment to people with severe mental illness and extensive criminal justice involvement 	

III.B Other Behavioral Health Strategic Priorities

The Texas Statewide Behavioral Health Strategic Plan identifies other significant gaps and goals in the state's behavioral health services system. The gaps identified in the plan are:

- Gap 1: Access to appropriate behavioral health services
- Gap 2: Behavioral health needs S public school students
- Gap 3: Coordination across state agencies
- Gap 4: Supports for Service Members, Veterans, and their families
- Gap 5: Continuity of care for people of all ages involved in the Justice System
- Gap 6: Access to timely treatment services
- Gap 7: Implementation of evidence-based practices
- Gap 8: Use of peer services

- Gap 9: Behavioral health services for people with intellectual and developmental disabilities
- Gap 10: Social determinants of health and other barriers to care
- Gap 11: Prevention and early intervention services
- Gap 12: Access to supported housing and employment
- Gap 13: Behavioral health workforce shortage
- Gap 14: Shared and usable data

The goals identified in the plan are:

- Goal 1: Program and Service Coordination Promote and support behavioral health program and service coordination to ensure continuity of services and access points across state agencies.
- Goal 2: Program and Service Delivery Ensure optimal program and service delivery to maximize resources to effectively meet the diverse needs of people and communities.
- Goal 3: Prevention and Early Intervention Services Maximize behavioral health prevention and early intervention services across state agencies.
- Goal 4: Financial Alignment Ensure that the financial alignment of behavioral health funding best meets the needs across Texas.
- Goal 5: Statewide Data Collaboration Compare statewide data across state agencies on results and effectiveness.

In the table below briefly describe the status of each area of focus as identified in the plan (key accomplishments, challenges, and current activities), and then summarize objectives and activities planned for the next two years.

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
Improving access to timely outpatient services	Gap 6Gap 9Gap 10Goal 1,2	 Open access same day intake availability Integrated Behavioral Health and Primary Care at three clinic location Addition of community based intakes Maternal health and postpartum depression Rapid rehousing and permanent supportive housing Specialized jail liaison staff to increase service continuity Collaboration with ECHO to provide 	 Develop dashboards and data sets for clinicians and managers so they can analyze service mix, social drivers of health indicators and wellness indicators by demographic characteristics Use datasets to analyze the change in service mix. Increase our use of Power BI and thereby move to a dataset paradigm instead of a reporting paradigm. Expansion of veteran's services and PTSD treatment Expansion of telehealth services

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		housing coordination for individuals experiencing homelessness • Migration of Integral Care's call center to cloud-based system for improved reliability, security and sustainability	 Expansion of integrated services in primary health and substance use Expansion of dual disorder treatment capacity Initiation of MAT services in physical hospital and emergency departments Pilot the use of technology to improve treatment adherence, evaluate and deploy to scale Integral Care's Call Center implementation includes speech and other analytics Expansion of wellness services to include

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
			nutrition and tobacco cessation. • Expansion of community based intakes
Improving continuity of care between inpatient care and community services and reducing hospital readmissions	• Gap 1 • Goals 1,2,4	Integral Care has improved continuity of care by re- assigning a continuity of care worker to ASH	Use population health data to analyze trends and adopt navigator assessment tool to identify individuals at high risk for readmissions
		Navigators focus on discharge planning, appropriate engagement, linkage /coordination, monitoring and making referrals for clients to connect to resources in the community that will	Fully implement transitions of care as recommended in the Zero Suicide Framework for individuals discharging from hospitals that are identified as at risk of suicide.

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		assist them to reduce crisis and inpatient recidivism	
		Hospital Liaison	
		7-day Follow-Up protocols	
		 PATH, ACT available to hospital 	
		 Implementing Bridge to STAR+PLUS pilot to help individuals who meet nursing facility level of care transition from Austin State Hospital to the community. Implementing HHSC' MCO Transition 	
		Specialist Pilot to help individuals transition out of	

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
Implementing and ensuring fidelity with evidence-based practices	• Gap 7 • Gap 10 • Goal 1, 2	nursing homes into the community. Implementing HHSC' Forensic Support Team to coordinate appropriate level of outpatient competency restoration services. ACT Toolkit FACT Housing First PSH Toolkit SOAR Integrated Care MAT Naloxone Ra1se Program SBIRT	 Dual Diagnosis Capability for Mental Health Systems (DDC) toolkit for Outpatient Clinics Fully implement the Suicide Safe Care Pathway

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		 Collaborative Care IPU 	
		 Supported Employment – Individual Placement and Support 	
		IDDT- Integrated Dual Disorder Treatment	
		Edinburg Postnatal Depression	
		 Columbia Suicide Rating Scale (adult and children and IDD) 	
		 Dr. Barbara Stanley Safety Planning Intervention 	

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		 Mobile Crisis Outreach Team (best practice model) 	
		 Cultural Formulation Interview 	
		 Prodromal Questionnaire Brief (PQB) 	
		 Structured Interview of Prodromal Symptoms (SIPS) 	
		 Scale of Prodromal Symptoms (SOPS) 	
		Contingency Management	
		 Seeking Safety Curriculum 	

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		Motivational Interviewing	
		Matrix Model	
		 Transtheoretical Model (Stages of Change) 	
		Wraparound fidelity	
		Nurturing Parenting	
		 Aggression Replacement Training (ART) 	
		Barkley Defiant Child/Teen	
		 Preparing Adolescents for Young Adulthood (PAYA) 	
		Skill streaming	

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		 SBIRT- Screening, Brief Intervention, and Referral to Treatment 	
		Child and Adolescent Trauma Screening (CATS)	
		The PTSD Checklist for DSM-5 (PCL-5)	
		CBT- Cognitive Behavioral Therapy	
		 EMDR- Eye Movement Desensitization and Reprocessing Zero Suicide Framework Evidence Based and Informed Zero Suicide Practices: 	

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		 AS+K? About Suicide to Save a Life Question, Persuade, Refer (QPR) Suicide Alertness for Everyone (safeTALK) Applied Suicide Intervention Skills (ASIST) Counseling on Access to Lethal Means (CALM) Suicide Care Pathway Collaborative Assessment of Suicide Events (CASE) 	
Transition to a recovery- oriented system of care, including use of peer support services	 Gap 8 Gap 10 Gap 13 Goals 2,3	 Received Trauma- Informed Care (TIC) certificate from the National Council Development of TIC steering Committee 	 Integration of peers into all programs in Adult Behavioral Health Services Inclusion of peers on agency-wide committees and workgroups

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		 Expanded Peer Support workforce Redesigned Client Satisfaction Survey Added Peer Support Program Manager Created peer support monthly meetings for peers and peer managers 	Hired first certified peer specialist as a manager and integrating peers in leadership roles
Addressing the needs of clients with co-occurring substance use disorders	Gaps 1,14Gap 10Goals 1,2	Integrated additional SUD training for PES staff and integrating peer support at PES and EMCOT Oak Springs added an evening IOP to increase access and provide more convenient services	 Participate in community-wide planning to create an ongoing planning structure for SUD services in Travis County SUD services will be streamlined through Integral Care's Call Center in order to

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		Expanded MAT services at our	create one access point for all services
		Stonegate and St. John clinics	Expansion of MAT through additional funding opportunities
			Seek to reduce contractual and administrative barriers to integrated service delivery
			 Integral Care is working to expand MAT services at additional sites.
Integrating behavioral health and primary care services and meeting physical healthcare needs of clients	• Gap 1 • Gap 10 • Goals 1,2	Perform health home activities of SDOH screening, care coordination, and providing referrals for individuals enrolled in an MCO health	Continue to make strides in negotiating alternative payment arrangements with managed care companies ranging from Level 1 fee-for-service plus incentives

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		home for members of CHIP and STAR Kids populations. Link individuals with co-occurring conditions to more comprehensive service packages centered on social drivers, primary care and care coordination Provide care coordination Integrated Care sites	arrangements to extensive arrangements such as episodic rates and supplemental payments for care coordination Integral Care continues to plan for integrated clinic expansions in underserved areas of Travis County
Client transportation and access to treatment in remote areas who experience crisis	• Gap 10 • Goal 2	 Capitol Metro Transportation Authority 	 Continue to facilitate publicly and privately available transportation through Capital Metro, Travis County Medical

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		 Industry transportation services Received Transit Empowerment Fund Grant which awarded Integral Care thousands of bus passes Received HMIS CapMetro award which gave free 31 day bus passes to homeless or unstability housed individuals. 	Transportation, cab vouchers, Integral Care vehicles, and ride share options. • Address transportation needs for individuals in rural areas of Travis County who need crisis supports
Addressing the behavioral health needs of clients with	Gap 14Gap 9Gap 10Goals 1,2,4	Involved in a learning collaborative with four LIDDAs to establish best	Participate in the learning Collaborative with Texas Council and HHSC and four other

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
intellectual/developmental disabilities		practices for serving individuals with dual diagnosis Coordination of training for law enforcement officers by behavioral health and crisis teams BHJAC identifies areas of improvement at the intersection of criminal justice, behavioral health, and IDD IDD and crisis services collaborate with the District Attorney's office to divert individuals with IDD	LIDDAs and develop a pilot project to examine and implement current best practices to address the needs of individuals with co- occurring behavioral health disorders and IDD The Learning Collaborative will offer the following services: cross-systems biopsychosocial approach; education and training to community mental health partners; collaborative care case management; and skills training for parents and support systems

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		 FY 22 County funded in home and facility- based respite options 	A report outlining the performance metrics met will be submitted to HHSC after every year
Addressing the behavioral health needs of veterans	 Gap 4 Goals 2,3	MVPN expansion to the criminal justice system	Investigate feasibility of establishing VA ACT team
		 Was awarded 25 Veteran Affairs Supportive Housing (VASH) vouchers at Kensington Apartments 	Expanding housing options for Veterans
		Safe Haven for homeless veterans	
		Housing and homeless outreach efforts to vets	
		Close relationship with VA and Mental	

Area of Focus	Related Gaps and Goals from Strategic Plan	Current Status	Plans
		Health Intensive Case Management (MHICM)	
		Care Coordination Agreement between Integral Care and Central Texas Veterans Health Care System	
Financial Stewardship	• Gaps 1, 2, 9, 10, 13, 14 • Goal 4	Increasing flexible and value-based funding	Collaborate with government, nonprofit, private sector and community organizations to expand and sustain services

III.C Local Priorities and Plans

Based on identification of unmet needs, stakeholder input, and internal assessment, identify the top local priorities for the next two years. These might include changes in the array of services, allocation of resources, implementation of new strategies or initiatives, service enhancements, quality improvements, etc.

List at least one but no more than five priorities.

For each priority, briefly describe current activities and achievements and summarize plans for the next two years. If local priorities are addressed in the table above, list the local priority and enter "see above" in the remaining two cells.

Local Priority	Current Status	Plans
Community intensely focused on ending homelessness (by moving as many people as possible off the streets and into appropriate housing)	 Expanded focus in Travis County on ending community homelessness. Focus on prevention, short- term homelessness, long- term homelessness, and support services Of the chronically homeless men, women and children sleeping on Austin's streets, 60% suffer from mental illness, substance use issues and/or physical disabilities Housing First, being developed in Travis County, is an evidence-based, whole health treatment approach designed to address the needs of individuals experiencing homelessness, 	 Participate in the evaluation of the Continuum of Care (COC) administrative structure Update The Plan to End Community Homelessness City of Austin currently is developing standards for Board and Care housing Additional positions for SOAR and Supported Employment to assist with gaining income and benefits for continued recovery and well-being Build and collaborate with developers to add additional units of affordable and permanent supportive housing (PSH) housing to Travis County.

Local Priority	Current Status	Plans
	who also live with mental illness • The Healthy Community Collaborative (HCC) program helps adults who have been homeless for a year or more, who live with a mental illness and/or use alcohol or drugs. Services include housing, case management, mental health care and primary health care, help finding a job and help applying for benefits. Integral Care brings services to its clients – at home or in the community	Increase access to ongoing services through updated service contracts with Central Health.
	 HCC also provides mental health care at the Topfer Health Resource Center for people living at Community First! Village. HOST 	

Local Priority	Current Status	Plans
	• SOAR	
	• PATH	
	Rapid Rehousing/ Prevention	
	 Rental assistance dollars and housing stability case management support provided 	
	 Formation of the Travis County Supportive Housing Collaborative to build additional units of affordable and PSH housing for Travis County 	
	 Formation of the Travis County PSH Healthcare Collaborative 	
	 Development of 3 new PSH apartment complexes which will house 175 formerly homeless individuals over the next 3 years. 	

Local Priority	Current Status	Plans
Strengthen crisis system for children and youth in Travis County	 Co-chair Kids Living Well, a Travis County networking group for professionals and others working with children in Travis County. This body oversees development and implementation of the Travis County Plan for Children's Mental Health and Substance Misuse and serves as the Governance Board for Integral Care's System of Care grant. With help from Integral Care's Learning & Development Team, monthly presentations at Kids Living Well meetings often provide free CEUs. Implementation of the Children's Mental Health Plan is guided by a Kids Living Well Ad Hoc Committee. This Children's Mental Health Plan Steering Committee includes representation from Austin 	 Travis County Plan for Children's Mental Health Suicide Prevention: Integral Care leads the Austin/Central Texas Suicide Prevention Coalition, which provides community education, advocacy and resources The Coalition's strategic focus is aligned to support Travis County HB13 planning for expansion of school based services Expansion of ISD contracts to include crisis services.

Local Priority	Current Status	Plans
	Public Health, Travis County, United Way for Greater Austin, Dell Medical School, Dell Children's Medical Center and Integral Care. The work of the Steering Committee is facilitated by Integral Care. Intensive MCOT children's wraparound team funded by Travis County to help children/youth and their families to stabilize crisis in the community and avoid unnecessary hospitalization Addition of Children's Crisis Respite services beginning summer 2024.	
Transition to Charity Pool and Directed Payment Program	 Change management process to transform organizational performance metrics to meet funding parameters. 	Develop unified resource development strategy with identified priorities for funding

Local Priority	Current Status	Plans
Reduce impact of substance use disorder on health, relationships, employment and income in Travis County Educate and increase the awareness of community members about impact of behavioral health disorders and resources to address them	Participate, and take a leadership role when possible, in Substance Use Disorder planning initiatives in Travis County	 Engage in Travis County Plan for Substance Use Disorders sponsored by former County Judge Eckhart and facilitated by Travis County planners Track impact of FACT Team funded through SB292
Certified Community Behavioral Health Clinic (CCBHC)	Adults with serious mental illness, children with serious emotional disturbance, and those with long term and serious substance use disorders, as well as others with mental illness and substance use disorders benefit from enhanced integration and coordination of physical and behavioral health care	CCBHC Implementation and recertification and explore financing that adjusts Medicaid payments based on cost to provide services and adding opportunities for incentive payments based on outcome measures

Local Priority	Current Status	Plans
	 Integral Care currently has Behavioral Health Care Accreditation from Joint Commission Certification and CCBHC certification of Integral Care integrated health clinics 	
Cultivate Workforce	 Internal work groups developing staff incentive programs for recruitment and retention Launch of Employee Advisory Committee Collaborative dialogue with United Workers of Integral Care 	Support team members' well- being, provide opportunities for growth, and recruit a team that reflects the people we support
Build Equity	Currently using service data to analyze racial and health equity impact on BIPOC	Build racial and health equity in the community and an inclusive environment for team members and providers
Population Health	 Involvement with Integrated Care Collaboration (ICC) aka Connexus to establish health information exchange and 	Expand the network of collaborators

Local Priority	Current Status	Plans
	inclusion of social determinants of health	Develop and implement interventions that will address health disparities
Divert individuals with IDD from criminal/legal involvement or inpatient services	FY 22 County-funded in- home and facility-based respite options	Continue planning with law enforcement and IDD stakeholders to address gaps in community-based care

III.D System Development and Identification of New Priorities

Development of the local plans should include a process to identify local priorities and needs and the resources required for implementation. The priorities should reflect the input of key stakeholders involved in development of the Psychiatric Emergency Plan as well as the broader community. This builds on the ongoing communication and collaboration LMHAs and LBHAs have with local stakeholders. The primary purpose is to support local planning, collaboration, and resource development. The information provides a clear picture of needs across the state and support planning at the state level.

In the table below, identify the local service area's priorities for use of any new funding should it become available in the future. Do not include planned services and projects that have an identified source of funding. Consider regional needs and potential use of robust transportation and alternatives to hospital care. Examples of alternatives to hospital care include residential facilities for non-restorable individuals, outpatient commitments, and other individuals needing long-term care, including geriatric patients with mental health needs. Also consider services needed to improve community tenure and avoid hospitalization.

Provide as much detail as practical for long-term planning and:

- Assign a priority level of 1, 2, or 3 to each item, with 1 being the highest priority;
- Identify the general need;
- Describe how the resources would be used—what items/components would be funded, including estimated quantity when applicable; and
- Estimate the funding needed, listing the key components and costs (for recurring/ongoing costs, such as staffing, state the annual cost.

Priority	Need	Brief description of how resources would be used	Estimated Cost
1	Example: Detox Beds	• Establish a 6-bed detox unit at ABC Hospital.	•
2	Example: Nursing home care	 Fund positions for a part-time psychiatrist and part-time mental health professionals to support staff at ABC Nursing Home in caring for residents with mental illness. Install telemedicine equipment in ABC Nursing Facility to support long-distance psychiatric consultation. 	

Priority	Need	Brief description of how resources would be used	Estimated Cost
1	24-hour	This service would provide a healthcare	\$13 million annually
	behavioral	intervention and create an alternative to	

Priority	Need	Brief description of how resources would be used	Estimated Cost
	health urgent care walk-in service that can serve as a law enforcement drop off point and take voluntary and involuntary adults, provide crisis assessment, access to medical care and link to appropriate supports and care	arrest. This service would also decrease costly reliance on emergency departments. This center could take both voluntary and involuntary individuals experiencing a behavioral health crisis, accept law enforcement drop-offs and serve as a transfer point for emergency departments.	
3	Intensive community- based supports for individuals with IDD who	Support individuals with IDD and their families in their own homes with crisis supports	Additional financial analysis is needed

Priority	Need	Brief description of how resources would be used	Estimated Cost
	have behavioral health needs		
4	Crisis Services	 The Herman Center opened in August 2017 Integral Care will seek funding opportunities to augment the St. David's Foundation investment in the operational costs of The Herman Center 	• Program Services: \$5,280,883
5	Practitioner/ Provider Recruitment	 UT Medical School Clerkship placements for second year Med students within the 15th St program, PATH, EMCOT, Housing First ACT team and CARE Residency Program Co-credentialing with UT Dell Medical School increased use of peer recovery support services across the SUD programs Fellowship in addiction medicine Provider network expansion for bilingual therapist with expertise in trauma modalities, such as DBT, TF-CBT and EMDR 	\$600,000 for Year One of initiative

Priority	Need	Brief description of how resources would be used	Estimated Cost
6	Improve community tenure and avoid hospitalization	Pilot or co-develop technology that can be used at point of service	 Consultant hired to assess technology needs
7	Continued expansion of Integral Care's Crisis Helpline services	Integral Care continues to expand AAS certified crisis Helpdesk service, which increases access to both crisis services and on-going care. Integral Care currently answers the Travis County local hotline as well as 988 calls for 76 counties in Texas. The goal is to increase in-state answer rates for 988 calls.	Additional financial analysis is needed based upon reaching call, text, and chat volume and answer rate.
8	expansion of integrated outpatient behavioral health services for adults and children	Increase access and expand services available for individuals in need of routine ongoing behavioral health needs to include integrated services (medical, wellness) to serve the whole person in one location	• 1.5 millionper year
9	Expansion of Continuity of Care Services	Increase access to continuity of care services across the system to engage and collaborate with various stakeholders and referral sources and ensure individuals	• \$1.5 million annually

Priority	Need	Brief description of how resources would be used	Estimated Cost
		are being connected to the appropriate level of care	
10	Expansion of high intensity treatment team	Increase access to individuals that do not currently meet the eligibility criteria for Assertive Community Treatment Team (ACT) due to the amount of time they have been incarcerated, or due to resource limitations, but would otherwise benefit from intensive community-based treatment services.	\$1.5 million annually

Appendix A: Definitions

Admission Criteria – Admission into services is determined by the individual's level of care as determined by the TRR Assessment found here for children and adolescents. The TRR assessment tool is comprised of several modules used in the behavioral health system to support care planning and level of care decision making. High scores on the TRR Assessment module, such as items of Risk Behavior (Suicide Risk and Danger to Others) or Life Domain Functioning and Behavior Health Needs (Cognition), trigger a score that indicates the need for crisis services.

Crisis Helpdesk – The Crisis Hotline is a 24/7 telephone service that provides information, support, referrals, screening, and intervention. The Helpdesk serves as the first point of contact for mental health crisis in the community, providing confidential telephone triage to determine the immediate level of need

and to mobilize emergency services if necessary. The Helpdesk facilitates referrals to 911, MCOT, or other crisis services.

Crisis Residential Units– provide community-based residential crisis treatment to individuals with a moderate to mild risk of harm to self or others, who may have fairly severe functional impairment, and whose symptoms cannot be stabilized in a less intensive setting. Crisis residential facilities are not authorized to accept individuals on involuntary status.

Crisis Respite Units –provide community-based residential crisis treatment for individuals who have low risk of harm to self or others, and who may have some functional impairment. Services may occur over a brief period of time, such as two hours, and generally serve individuals with housing challenges or assist caretakers who need short-term housing or supervision for the persons they care for to avoid mental health crisis. Crisis respite facilities are not authorized to accept individuals on involuntary status.

Crisis Services – Crisis services are brief interventions provided in the community that ameliorate the crisis and prevent utilization of more intensive services such as hospitalization. The desired outcome is resolution of the crisis and avoidance of intensive and restrictive intervention or relapse.

Crisis Stabilization Units (CSU) – are the only licensed facilities on the crisis continuum and may accept individuals on emergency detention or orders of protective custody. CSUs offer the most intensive mental health services on the crisis facility continuum by providing short-term crisis treatment to reduce acute symptoms of mental illness in individuals with a high to moderate risk of harm to self or others.

Extended Observation Units (EOU) – provide up to 48-hours of emergency services to individuals in mental health crisis who may pose a high to moderate risk of harm to self or others. EOUs may accept individuals on emergency detention.

Mobile Crisis Outreach Team (MCOT) – MCOTs are clinically staffed mobile treatment teams that provide 24/7, prompt face-to-face crisis assessment, crisis intervention services, crisis follow-up, and relapse prevention services for individuals in the community.

Psychiatric Emergency Service Center (PESC) – PESCs provide immediate access to assessment, triage, and a continuum of stabilizing treatment for individuals with behavioral health crisis. PESC projects include rapid crisis stabilization beds within a licensed hospital, extended observation units, crisis stabilization units, psychiatric emergency service centers, crisis residential, and crisis respite and are staffed by medical personnel and mental health professionals that provide care 24/7. PESCs may be co-located within a licensed hospital or CSU or be within proximity to a licensed hospital. The array of projects available in a service area is based on the local needs and characteristics of the community and is dependent upon LMHA/LBHA funding.

Rapid Crisis Stabilization and Private Psychiatric Beds – Hospital services staffed with medical and nursing professionals who provide 24/7 professional monitoring, supervision, and assistance in an environment designed to provide safety and security during acute behavioral health crisis. Staff provides intensive interventions designed to relieve acute symptomatology and restore the individual's ability to function in a less restrictive setting.

Appendix B: Acronyms

CSU Crisis Stabilization Unit

EOU Extended Observation Units

HHSC Health and Human Services Commission

LIDDA Local IDD Authorities

LMHA Local Mental Health Authority

LBHA Local Behavioral Health Authority

MCOT Mobile Crisis Outreach Team

PESC Psychiatric Emergency Service Center