



Serving Austin Travis County

**CONSOLIDATED LOCAL SERVICE  
PLAN (CLSP) UPDATE - *FY2018-2019***

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**PLAN MODIFICATION**

**April 25, 2019**

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## About Integral Care

Integral Care, the Local Authority for Mental Health (LMHA) and for Local Intellectual Developmental Disabilities (LIDDA) in Travis County, submitted its Consolidated Local Service and Network Development Plan Update, FY 2018-2019 on March 18, 2018. On April 11, 2019, the Planning and Network Advisory Committee (PNAC) recommended approval of this Plan Modification by the Integral Care Board of Trustees. The Board of Trustees approved this Plan Modification on April 25, 2019, and is submitting it in accordance with Texas Administrative Code Title 25, Part 1, Chapter 411, Subchapter G, Rule §411.307 (Modifying a Community Center's Current Plan).

There have been seven changes that precipitated this modification to the current Plan. These areas require updates : the expansion of the service area, allowed under *–Other surrounding areas depending on collaborative regional planning efforts and current and future funding sources (page 12)*; Board of Trustees (page 10); Section II.F Gaps in the Local Crisis Response System (page 58) and Section III.C. Local Priorities and Plans under current status (page 78):

The first change is the expansion of the service area to include Val Verde, Kinney, Uvalde, Medina, Bexar, Edwards, Comal, Hays, Travis, Blanco, Kendall, Bandera, Real, Kerr, Gillespie, Schleicher, Sutton, Kimble, Mason, Llano, and Menard Counties. This expansion is necessary to create a critical incident response team, funded through the Office of the Governor, Criminal Justice Division (Funding authorized through Victims of Crime Act). This initiative is pending approval by the Governor's Office.

The second change also includes an expansion of coverage surrounding Travis County. Increased service hours for the National Suicide Prevention Lifeline (NSPL) ("Lifeline") will cover counties yet to be determined. As Integral Care implements the Regional Technical Assistance and Training Center for Suicide Prevention, the service area is expanded to include: Center for Health Care Services, Bluebonnet Trails Community Services, Hill Country Mental Health Developmental Disabilities Center, MHMR Services for the Concho Valley, Center for Life Resources, Central Counties Services, Betty Hardwick Center, Andrews Center Behavioral Healthcare System, and Pecan Valley Centers for Behavioral Health and Developmental Healthcare.

The third change reflects the change in composition of Integral Care's Board of Trustees. The updated information (below) replaces the content on page 10 of the initial CLSP.

The fourth change is related to the development of the Critical Incident Response Team. The CLSP modification addresses gaps in the

crisis response system and aligns with the Texas Statewide Behavioral Health Strategic Plan FY 2017-2021, Goal 2. Following is a brief description of Victims of Crime Act (VOCA) Grant for Critical Incident Response Team:

- Create a new, deployment-ready Critical Incident Response Team to provide crisis services and support for adults and children who are affected by an act of crime throughout a 21 county catchment area.
- Conduct outreach to law enforcement, independent school districts, city and county elected officials, and other community stakeholders to build relationships across the catchment area.
- Deliver training (e.g. NOVA Crisis Model, Mental Health First Aid) to key community stakeholders to ensure community preparedness to respond to an act of crime.
- Focus on acts of criminal violence that impact multiple individuals (e.g. gun violence in public places).

The fifth change is comprised of three pilots funded by the Texas Health and Human Services Commission that include the National Suicide Prevention Lifeline, enhancement of suicide care and the creation of the Regional Technical Assistance and Training Center (RTATC) for Suicide Prevention. The Hotline's services capacity to answer calls for the Lifeline will be expanded. The Regional Suicide Care Support Center (RSCSC) will provide and host technical assistance and trainings in best practices in a train the trainer format for the identified LMHAs in their immediate region. The RTATC will also provide enhanced suicide prevention, intervention, and postvention, otherwise known as Suicide Care, and establish the Zero Suicide (ZS) Framework and practices throughout Integral Care.

The sixth change concerns III.C. Local Priorities and Plans under current status. Integral Care is currently pursuing the HHSC designation as the Local Behavioral Health Authority (LBHA). The effort spearheaded by Travis County Commissioner's Court Judge, Sarah Eckhardt. A presentation was given to the Psychiatric Stakeholders Services and an opportunity for public comment was provided concerning the designation. The next steps in the process include a stakeholder forum, recommendations from Integral Care's appointing authorities, and a formal request to the state authority.

To complement the LBHA initiative, Integral Care is applying to HHSC to develop a Prevention Resource Center (PRC) in HHSC Region 7, which includes Travis County. The purpose of the PRC is to increase the capacity of the statewide substance abuse prevention system. PRC services enhance community collaboration, increase community awareness and readiness, and provide information and resources on substance use and related behavioral health data. The services also support professional development of the prevention workforce, and provide resources for evaluation activities. Along with the PRC proposal, Integral Care is applying to HHSC to build a Community Coalition Partnership (CCP) to serve Travis County. The purpose of the CCP is to mobilize the community to implement evidence-based environmental strategies with a primary focus to change policies and influence social norms related to substance use and misuse. CCPs address Texas's four prevention priorities: underage alcohol

use, tobacco and nicotine products, marijuana and other cannabinoids, and prescription drug misuse.

## **Board of Trustees**

Appointing authorities Central Health, the City of Austin, and Travis County each appoint three representatives to Integral Care's nine-member volunteer Board of Trustees (Trustees). The Trustees are a diverse group of individuals reflective of the community that Integral Care serves with various professional backgrounds in the areas of criminal justice, healthcare, management, and finance/accounting. As volunteers, the Trustees invest time at regular monthly meetings, quarterly training sessions, community forums, and other functions. The current appointed Trustees may be found at: <https://integralcare.org/en/people/>.