

Talking Points: Agency

Overview

- Integral Care helps people build health and well-being so everyone has the foundation to reach their full potential.
- We support adults and children living with mental illness, substance use disorder and intellectual and developmental disabilities in Travis County.
- Our services include a 24-hour helpline for anyone who needs immediate support, ongoing counseling to improve mental health, drug and alcohol treatment to help with recovery, and housing to regain health and independence.
- Integral Care helps provide a strong foundation for well-being.
- Founded in 1967, we are the Local Mental Health and Intellectual and Developmental Disability Authority for Travis County.

Adult Services

- Individual and community well-being is built just like a house is built.
- A strong foundation, the right tools and ongoing maintenance help us all weather life's storms, like a mental health issue.
- Integral Care helps adults living with mental illness and substance use disorder rebuild and maintain their mental and physical health.
- Our services include counseling to support emotional health, drug and alcohol treatment to help with recovery, housing to regain health and independence, and wellness programs for people with health problems like diabetes.
- Integral Care provides the tools everyone needs to maintain well-being, reach their full potential and contribute to our community.

Child & Family Services

- Healthy families are the cornerstone of a strong community.
- Just like we need experts to build a house, Integral Care's experts ensure that families have the skills and resources they need to thrive.

- Integral Care’s programs and services help children build strong brains and bodies, support emotional health through counseling, teach families to communicate better, and when necessary, help families find a safe and affordable home.
- Integral Care helps families build their health and well-being so they can meet their everyday needs at all stages of life.

Crisis Services

- Good mental health is a building block for well-being.
- Like a storm that knocks a house from its foundation, a mental health crisis can knock someone off their feet.
- Integral Care offers mental health crisis support 24 hours a day, 7 days a week.
- Our crisis services are staffed by a team of experts and include a helpline for anyone who needs immediate emotional support, resources to prevent suicide, and teams that go anywhere someone needs help.
- Integral Care’s crisis services help people recover from a mental health crisis and rebuild their well-being.

Intellectual and Developmental Disabilities

- A healthy community creates opportunities for everyone to share their gifts and talents and make meaningful contributions.
- Integral Care works with children and adults living with intellectual and/or developmental disabilities to make sure they have the tools they need to thrive.
- Integral Care’s programs and services create opportunities for people to form healthy relationships, access stable jobs and live independently.