

# Integrated Care in Schools

Integral Care provides on-campus mental health services to Pflugerville Independent School District students year-round. Licensed therapists make sure students have the skills and resources they need to thrive.



Counseling  
& support for  
children &  
families



Psychiatric  
services &  
medication for  
mental health



Referrals &  
coordination  
with primary  
care as needed



Therapists at all  
middle & high  
schools & select  
elementary schools

**Services are available regardless of ability to pay.  
We have English and Spanish-speaking staff. For other  
languages, we can arrange an interpreter.**

To enroll a student, talk to your school  
counselor or social worker.

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1 in 5 youth ages 13-18 experiences a mental illness like depression or anxiety. While school-related stress can be normal, consider referring a student to Integrated Care in Schools if you notice any of these signs:

- Significant changes in appearance or social group
- Extreme mood swings or obvious changes in personality
- Threats of hurting self or others
- Not participating in or enjoying things they used to – class, sports or social activities
- Recent loss or end of a relationship
- Physical complaints such as headaches or stomachaches

**If you have questions about the Integrated Care in Schools program, please call 512-804-3118.**

If you have concerns about our services or staff, please contact us at [feedback@integralcare.org](mailto:feedback@integralcare.org) or at 512-440-4086.