Integrated Care in Schools

Integral Care provides on-campus mental health services to Pflugerville Independent School District students year-round. Licensed therapists make sure students have the skills and resources they need to thrive.

- Counseling & support for children & families
- Psychiatric services & medication for mental health
- Referrals & coordination with primary care as needed
- Therapists at all middle & high schools & select elementary schools

Services are available regardless of ability to pay. We have English and Spanish-speaking staff. For other languages, we can arrange an interpreter.

To enroll a student, talk to your school counselor or social worker.
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1 in 5 youth ages 13-18 experiences a mental illness like depression or anxiety. While school-related stress can be normal, consider referring a student to Integrated Care in Schools if you notice any of these signs:

- Significant changes in appearance or social group
- Extreme mood swings or obvious changes in personality
- Threats of hurting self or others
- Not participating in or enjoying things they used to – class, sports or social activities
- Recent loss or end of a relationship
- Physical complaints such as headaches or stomachaches

If you have questions about the Integrated Care in Schools program, please call 512-804-3118.

If you have concerns about our services or staff, please contact us at feedback@integralcare.org or at 512-440-4086.