

PLANNING & OPERATIONS COMMITTEE MEETING

To improve the lives of people affected by behavioral health and developmental and/or intellectual challenges.

DATE: Tuesday, October 22, 2019

TIME: 5:30 PM

PLACE: 1430 Collier Street – Board Room, Austin, Texas 78704

AGENDA

- **I. Citizens' Comments** (Presentations are limited to 3 minutes)
- II. Approval of Minutes from September 17, 2019 Planning & Operations Meeting (pgs. 2-3)
- III. Recommendation for Approval to Pursue Feasibility of Developing New Mixed Use Affordable Housing Project (Goal 1) (Cardona-Beiler, Laguna, pgs. 5-7)
- IV. Recommendation to Approve, if Awarded, Funds from Texas Veterans Commission: Veterans Mental Health Grant (Goal 2) (Dominguez, pgs. 8-10)
- V. Recommendation for Approval of Deborah Ratliff's Request for Membership and Appointment to the Planning and Network Advisory Committee (PNAC) (Goal 3) (Lynch, pg. 11)
- VI. Information Item: Board Dashboard (Goal 2) (Weden, Handley, pgs. 12-13)
- VII. Information Item: Authority Services Report: HHSC Performance Measures for FY 2019 (Goal 1) (Moscal, pgs. 13-20)
- VIII. Information Item: Authority Services Focus: Consumer Satisfaction and Concerns (Goal 3) (Wolf, Moscal, pgs. 21-27)
 - **IX. Information Item: Stepping Up: A Call to Action (Goal 3)** (Handley, Blyth, pgs.28-33)
 - X. Discussion Item: Chief Operations Officer Report (Goals 2&3) (Handley, pgs. 34-38)
 - Systems of Care Update
 - **XI.** New Business
 - Combined November/December Committee Meeting December 3, 2019
 - Identify Consent/Non-Consent Agenda Items
- XII. Citizens' Comments

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Note: The full packet is available on Integral Care's webpage at: http://integralcare.org/agendas-minutes/ (Under the heading "Planning & Operations Committee") P&O Committee packets will not be available to staff/public at the meeting. Only Agendas will be available.



PLANNING & OPERATIONS COMMITTEE MINUTES

DATE: Tuesday, September 17, 2019

TIME: 5:30 PM

PLACE: 1430 Collier Street – Board Room

Austin, TX 78704

MEMBERS PRESENT: Dr. Guadalupe Zamora, Emmitt Hayes, Ed Calahan, and

Dr. David Springer

MEMBERS ABSENT: None

OTHER BOARD MEMBERS PRESENT: None

Integral Care staff were present

The Chair, Dr. Guadalupe Zamora, called the meeting to order at 5:30 p.m.

CITIZENS' COMMENTS

None.

APPROVAL OF MINUTES

The minutes of the August 20, 2019 meeting stand approved as submitted.

INFORMATION ITEM: TAKING TEXAS TOBACCO FREE (GOALS 2&3) Bryce Kyburz provided the Committee with an update on the Taking Texas Tobacco Free Program. Mr. Kyburz provided the Committee with an update on how all LMHA's adopted 100% tobacco-free workplace policies, the number of counties served, the number of staff trained, and the number of boxes of nicotine replacement treatments provided. Discussion ensued.

<u>INFORMATION ITEM: AUTHORITY SERVICES FOCUS – SAGEBRUSH REPORT (GOAL 2)</u> Louise Lynch and David Weden provided the Committee with an update on the Sagebrush Report. This work plan included an organizational assessment to determine Integral Care's areas of greatest risk and opportunity. Discussion ensued.

NATIONAL STANDARDS FOR CULTURALLY AND LINGUISTICALLY APPROPRIATE SERVICES (CLAS) FY 2019 (GOAL 1) Louise Lynch provided the Committee with an update on the CLAS standards. The update included information on Governance, Leadership and Workforce Data. Ms. Lynch also provided an update on the 90 Day Care for Culture Impact. Discussion ensued.

DISCUSSION ITEM: CHIEF OPERATIONS OFFICER (COO) REPORT Dawn Handley provided the Committee with a brief verbal report regarding the Systems of Care update. Sherry Blyth also recognized Laura Wilson-Slocum, Marisa Aguilar and John Reynolds who went to Odessa, TX to help deal with the crisis that occurred on August 31, 2019.

The items listed below were decided for Conser	nt/Non-Consent Agenda:
<u>Consent:</u>	
None	
Non-Consent:	
None	
CITIZENS' COMMENTS	
None.	
<u>ADJOURNED</u>	
The meeting adjourned at 6:33 p.m.	
Guadalupe Zamora	Kendra Green, Recording Secretary

Planning & Operations Committee Meeting Minutes September 17, 2019 Page 2

Date



Board of Trustees

Planning and Operations Committee October 22, 2019



I. Citizens' Comments



II. Approval of Minutes from September 17, 2019Planning & Operations Meeting



III. Recommendation for Approval to
Pursue Feasibility of Developing New Mixed
Use Affordable Housing Project
(Goal 1)

Darilynn Cardona-Beiler, MSSA, LCSW, Director of Adult Behavioral Health Systems Chris Laguna, Ph.D., Practice Administrator – Housing and Homeless Services



Housing is Healthcare

- Integral Care is a leader in our community
- Terrace at Oak Springs success
- Need for MORE affordable housing
- Community stakeholders asking us to do more and we know we can
- New affordable housing project for consideration



Current request

- Looking at site of Alameda House for mixed-used affordable housing project
 - Include affordable housing for families
 - Permanent Supportive Housing for homeless families
 - Retail space for economic/employment opportunities
- Site would score well for 9% tax credit funding
- Financing to include tax credits, City of Austin, TDHCA, project-based vouchers from HACA, and private philanthropy



Current request

 Planning and Network Advisory Committee (PNAC) recommended to the Integral Care Board of Trustees approval to pursue feasibility of the housing development project on October 10, 2019.



Questions/Comments?



IV. Recommendation to Approve, if Awarded, Funds from Texas Veterans Commission (TVC): Veterans Mental Health Grant (Goal 1&2)

Robert Dominguez

Associate Director – Integrated Systems of Care

Adult Behavioral Health Systems

Integral Care

TVC: Veterans Mental Health Grant

The purpose of this grant is to address the needs of 75 Veterans and their families by providing:

Clinical Counseling Services: individual counseling, group sessions, Veteran family member counseling, Post-Traumatic Stress (PTS) services, Traumatic Brain Injury (TBI) services, cooccurring diagnosis counseling, or other types of counseling.

link to other services provided both within and external to Integral Care

Support Military Families in the following areas: trauma, life transitions, re-integration post-service separation, couples and family relational issues, parenting, and children/adolescent adjustment.



TVC: Veterans Mental Health Grant

- Provide funding for 4.5 FTE's
 - Program Manager .5 FTE (this position is also partially funded through a SAMSHA CCBHC Expansion Grant)
 - LPHA (licensed therapists) 3.0 FTE
 - Administrative Supervisor 1.0 FTE



Award Information

• Funder: TVC

• Division: Behavioral Health

• Total Funds per year Requested \$500,000

• Match Requirement: None

• Initial Contract: July 1, 2020 – June 30,

2021

• Renewal Possible: 12 months

• Location: Dove Springs

• Existing Staff: No Impact



TVC: Veterans Mental Health Grant

The Planning and Network Advisory Committee (PNAC) recommended to the Integral Care Board of Trustees the approval of the veteran's grant on October 10, 2019.



Questions/Comments?



V. Recommendation for Approval of Deborah Ratliff's Request for Membership and Appointment to the Planning and Network Advisory Committee (PNAC) (Goal 3)

Louise Lynch, MSSW, LMSW-AP, CHC
Provider Network and Authority Officer...
Integral Care

Questions/Comments?



VI. Information Item: Board Dashboard (Goal 2)

David Weden, Chief Administrative Officer/Chief Financial Officer
Dawn Handley, Chief Operations Officer

MIntegral Care

Integral Care Board of Directors Dashboard

FY 19

11-5													
КРІ	Definition	Annual Target Goal	Qtr.1	Qtr.2	Qtr.3	Qtr.4	FYTD Actual	Trend Arrow					
Time to Initial Evaluation; percent within 10 days	DSRIP/CCBHC definition	69.6%	77.8%	66.8%	73.9%	75.5%	75.5%						
IDD Intake Access	Percent of eligibility evaluations completed in less than 15 days	70%	53%	17%	696	6%	22%	-					
Budgeted Services Delivered	Percent of Medicaid budget services delivered	100%	94%	96%	102%	96%	97%	/					
HHSC Contract Targets Met	Percent of HHSC withhold targets achieved	100%	100%	100%	100%	100%	100%	—					
DSRIP Goal Attainment	Percent of DSRIP metrics achieved at level required for 100% payment	95%	95%	71%	89%	100%	100%						
Third Party Collections	Percent of Third Party claims collected at 90 days post billing	95%	93%	92%	96%	96%	96%	†					
Appropriate Reserves	Days of unrestricted fund balance	60 days	86	67	68	83	83	>					
Financial Penalties	Total dollars paid in financial penalties	<\$25,000	\$0	\$0	\$3000	\$3000	\$3000						



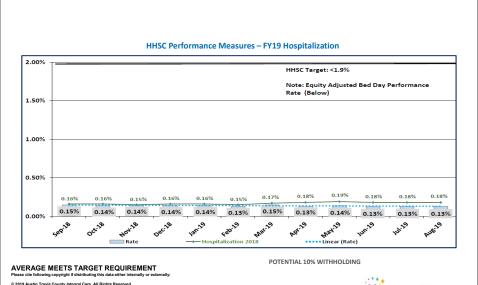
Questions/Comments?



VII. Information Item:
Authority Services Report: HHSC
Performance Measures for FY 2019
(Goal 1)

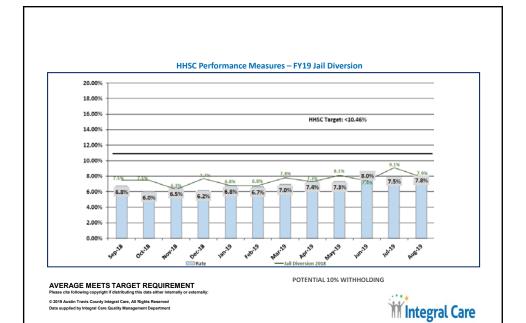
Melody Moscal, ASQ Certified Quality Manager Organizational Excellence, Quality Experience Administrator

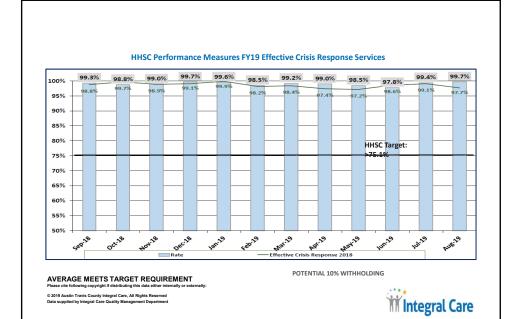
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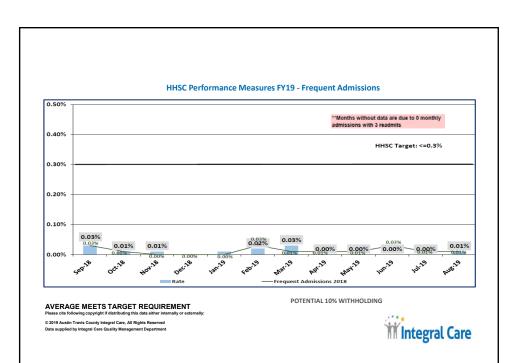


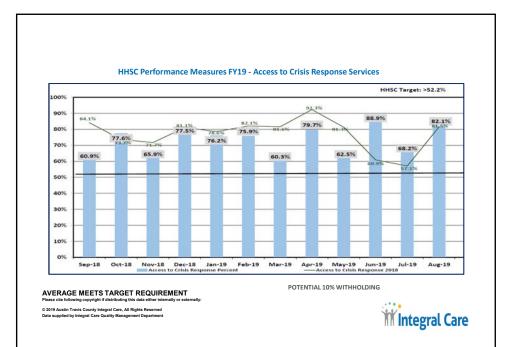
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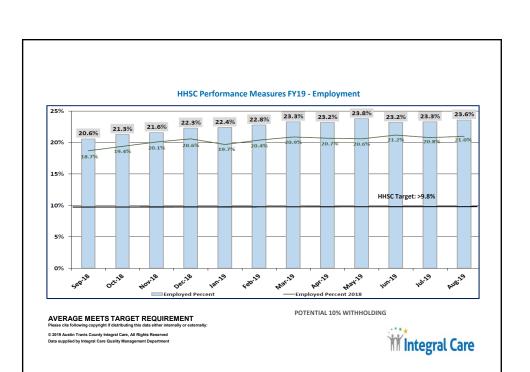




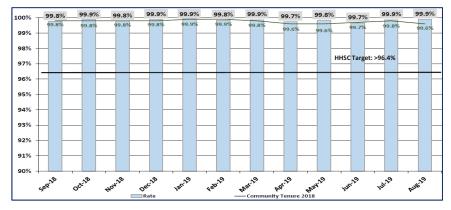










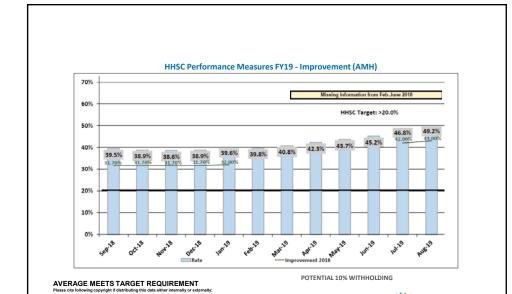


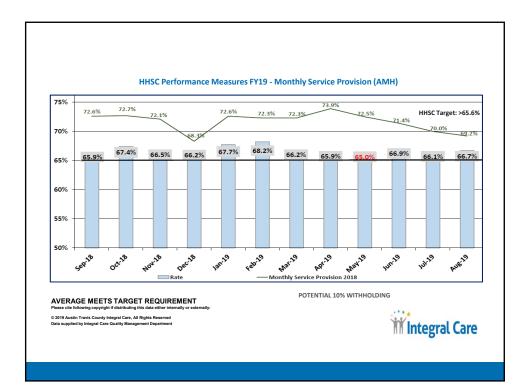
AVERAGE MEETS TARGET REQUIREMENT

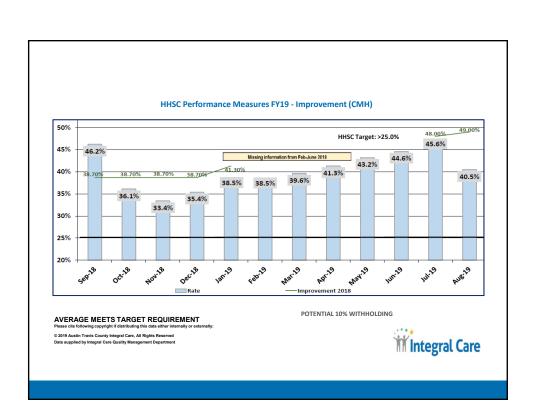
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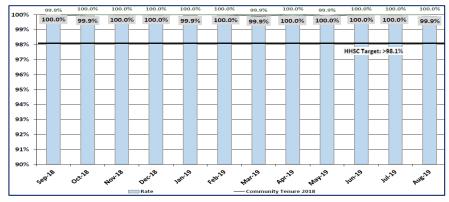
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HHSC Performance Measures FY19 - Community Tenure (CMH)

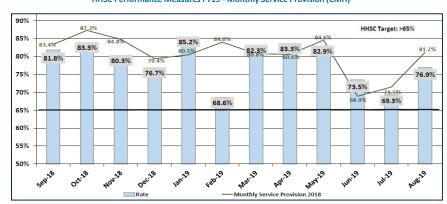


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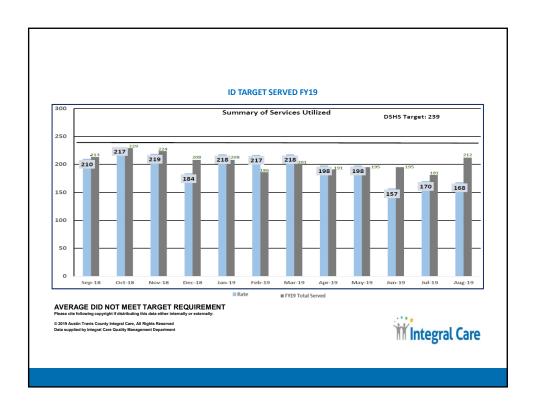
HHSC Performance Measures FY19 - Monthly Service Provision (CMH)



AVERAGE MEETS TARGET REQUIREMENT
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Questions/Comments?



VIII. Information Item: Authority Services Focus: Consumer Satisfaction and Concerns (Goal 3)

Phyllis Wolf, LPC-S, Ombudsman Melody Moscal, CQE, Quality Experience Administrator

Integral Care

Integral Care's Commitment

- Innovation in obtaining consumer experience that informs practice
- Ensuring a transparent process to hearing and addressing concerns
- Provision of clinical services that are trauma informed and person centered
- Quick & easy access to services



Ombudsman's Office Functions

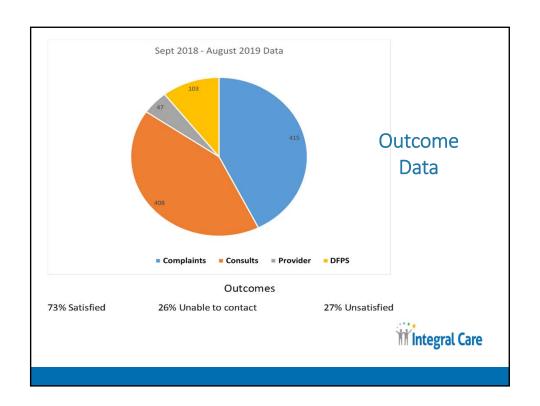
- Managing complaints and appeals process
- Provide consultation and education
- Help resolve barriers to access services, advocate and support
- Investigative Review Committee and Human Rights Committee
- Liaison with DFPS
- Provider relations functions

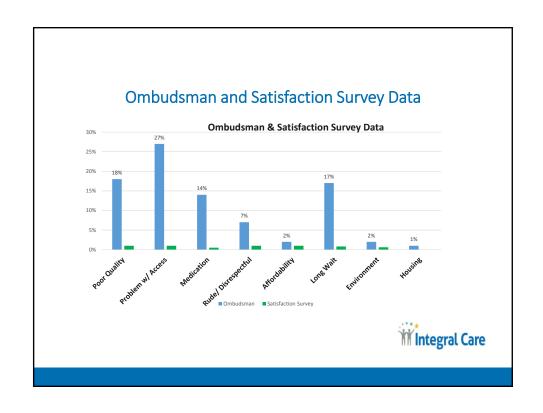


Quality Experience Functions

- Measurement of Satisfaction of Clients, Staff, Providers and others via survey using Qualtrics
- Evaluation of agency risk via the Incident Report system which includes trend analysis, updating of incident codes, training and review of high risk reports at the monthly Clinical Quality Committee meeting
- Provider support via FTP site administration, SAMSO workbook metrics, rate changes and training
- Annual review of quality requirements for contracts including Interlocal, HHSC and SAMSO. On time reporting of data to meet contractual requirements
- Joint Commission Accreditation responsibility to ensure all requirements for accreditation are met on-time and accurately.



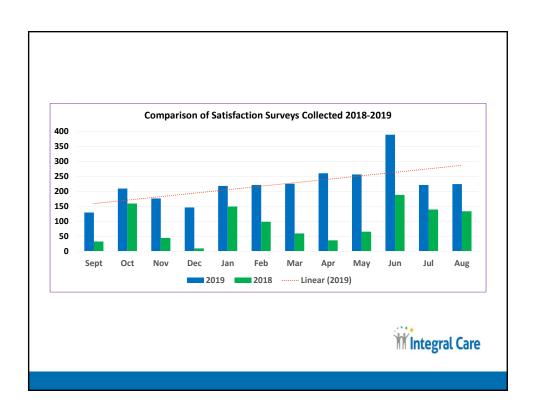




Ombudsman FY19

 Face to face client meetings 	17
Provider/Staff Training	14
Developed online Relias Training	
Investigative Review Committees	3
Medical Peer Review	1





Consumer Experience Data

Total Client Satisfaction Surveys Collected in 2019: 2,727 vs. 1113 collected in 2018

Overall Satisfaction Rate: 86%

Total Tablets: 54 -

Total Kiosks (Including Terrace at Oak Springs): 17

Providers with Tablets: 4

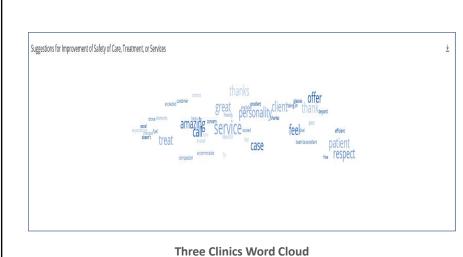


Satisfaction Responses by Question

- Q1: I got the services when I wanted: 84%
- Q2: I was treated with respect by staff: 84%
- Q3: I felt understood: 85%
- Q4: I felt staff will do what they say they are doing to do: 86%
- Q5: I felt safe at the clinic: 87%
- Q6: I felt staff believed in me: 87%
- Q7: I would recommend these services to friends and family: 87%
- Q8: My services were explained to me: 87%
- Q9: I was pleased with the services I received: 85%
- Q10: My treatment goals and needs were met: 85%











Opportunities for FY20

- Complete Qualtrics training to build dashboard that allows for deeper drill down of data for better data analysis and presentations.
- Future plans include stakeholder surveys and a possible link to the call center for a survey to pop up after completion of the call.
- Continue to develop a better correlation of the data results from the Ombudsman's Office and Satisfaction Surveys.
- Pilot Apple I pads for instantaneous real time data results.
- Focus groups around complaint areas
- Transparency; Ombudsman Share Point page
- Monthly reporting to Credentialing for Quality Assurance
- New monthly HHSC reporting for Consumer Rights complaints



Questions/Comments?



IX. Information Item: Stepping Up: A Call to Action (Goal 3)

Dawn Handley, Chief Operations Officer
Sherry Blyth, Director, Crisis Services, Substance Use Treatment and
Justice Initiatives



Stepping Up: A Call to Action

- The Stepping Up Initiative is a national effort to divert people with mental illness from jails and into treatment.
- The campaign draws on a coalition of national organizations, including NAMI, the Council of State Governments Justice Center, the National Association of Counties, the American Psychiatric Foundation
- ➤ Travis County Commissioners signed the Stepping Up Call to Action October 6, 2015



The Travis County Commissioners Court, do hereby sign on to the Call to Action to reduce the number of people with mental illnesses in our county jail, commit to sharing lessons learned with other counties in our state and across the country to support a national initiative and encourage all county officials, employees and residents to participate in *Stepping Up*.



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Stepping Up: A Call to Action

- ➤ Building on The Behavioral Health Advisory Committee, The Travis County Behavioral Health & Criminal Justice Advisory Committee was established in 2017
- ➤ Comprised of leaders and decision makers
- ➤ BHCJAC's mission is to develop and sustain a planning partnership to support persons with behavioral health needs and to promote justice and public safety



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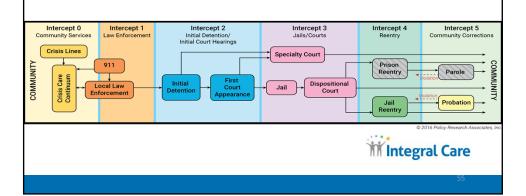
Stepping Up: A Call to Action

Behavioral Health Criminal Justice Advisory Committee

7 Guiding Principles based on the shared belief that behavioral health care needs of individuals in our community are not best addressed through the criminal justice system, jail or prison.



➤ The Sequential Intercept Model: conceptual framework



Stepping Up: A Call to Action

Travis County Behavioral Health and Criminal Justice Advisory Committee: Sequential Intercept Model 2019 Update

- ➤ Compendium of community services for individuals with behavioral health needs
- Programs and services designed to assist individuals at each of the 6 intercepts
- Mapped alongside the sequential intercept model to illustrate community investment integral Care

The Stepping Up Call to Action: Partners investing

- ➤Integral Care
- ➤ Travis County Justice Planning
- > Travis County Sheriff's Department
- ➤ Central Health
- City of Austin: Downtown Austin Community Court



Stepping Up: A Call to Action

Meadows Mental Health Policy Institute and

The Travis County Behavioral Health and Criminal Justice Advisory Committee

- ➤ Create a Community Dashboard, inclusive of Stepping Up Metrics
- ➤ Develop a local Data Sharing Agreement
- ➤ Report: Planned steps for executing a local Data Sharing Agreement
- ➤ Develop a methodology for analyzing the value of community investment, economic evaluation principles and qualitative measures of health consequences





Questions/Comments?



X. Discussion Item: Chief Operations Officer Report (Goal 2 & 3)

Dawn Handley Chief Operations Officer





Population Health at Integral Care

Brittany Alderman, Population Health Administrator October 2019

Population Health

- SAMHSA grant "Amplify Care through CCBHC": created population management methodology to assist with data management and monitoring
- Aligns with goals of Integral Care's 2020-22
 Strategic Plan and FY20 Business Plan to
 use data to support/drive decision making,
 research, and planning

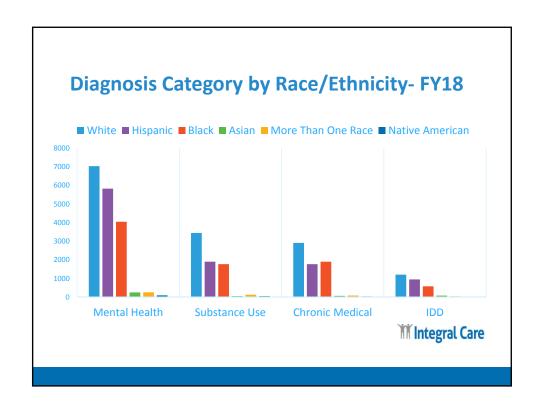


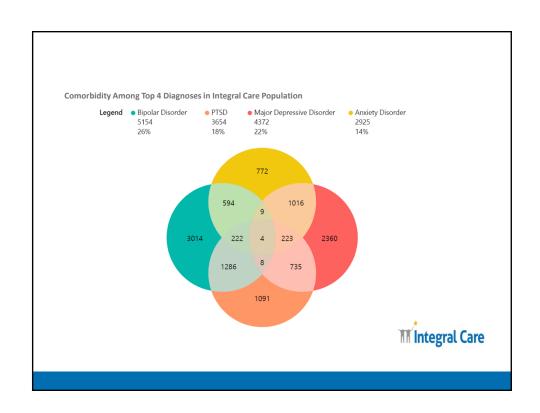


Applying Population Health: Who We Serve

- Quality measures established through the 1115 Waiver has enabled Integral Care to better collect and track critical data across wellness, medical, and psychiatric points of care
- Data is analyzed to identify and summarize demographic and diagnostic trends for client subpopulations
- Can focus on a particular condition, set of characteristics, social determinant of health, or other high risk health drivers







Applying Population Health: Risk Stratification

- Risk stratification tool: used to identify trends, provide referrals, and track outcomes over time at the population level
- Identifies common characteristics such as diagnoses, comorbid mental health and substance use conditions, chronic pain, or polypharmacy to help identify patient specific actionable care gaps
- Algorithm assigns scores and weights to the data points to identify low and high risk clients



Risk Stratification Tool

	3 points e	ach				2 poin	points													
						Poorly	Control	lled Chronic	Diseas	e										
Primary Diagnosis			Months	Visits in Past 6	High Risk of IP Admit/ED visit in		CHF	Diabetes	COPD	Chronic Pain	Stage	8+ Active Prescriptions or Recent Change in High Risk Meds			Psychosocial Risk 2	Psychosocial 3	actively using, new sober, motivated to change (alcohol, narcotics, benzodiazepines	(schizophrenia, major depression,	chronic disease,	Difficulty Getting to Appointments
	v v	N v	N v	N T		N T	· ·		N v				N ·	~	¥		N v	anxiety, other)	•	N
Schizophrenia	N	N.	N	N	N	N	N		N	N	74			Y	N N	N	N	Y	0	N
Bipolar					N		N			N	N		N	Y	N	N	Y	Y	0	N
Bipolar	N	N	N	N	N	N	N		N	N	N		N	Y	Y	Y	Y	Y	1	Y
Schizophrenia		N	N	N	N	N	N		N	N	N		N	N	N	N	N	Υ	0	N
Schizophrenia		N	N	N	N	N	N		N	N	N		N	Y	Y	Υ	N	Υ	1	N
Bipolar	N	N	N	N	N	N	N		N	N	N		N	Υ	Y	N	Y	Y	1	Υ
Schizophrenia		N	N	N	N	N	N		N	N	N		N	Υ	N	N	Υ	Υ	0	N
Schizophrenia	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	N	N	Y	0	N
Schizophrenia	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Υ	Υ	N	Y	2	N
Schizophrenia	N	N	N	N	N	N	N	N	N	N	N	N	N	v	Y	v	Y	Y	0	N

National Council for Behavioral Health- Risk Stratification Tool



Questions/Comments?

Integral Care

XI. New Business



XII. Citizens' Comments



