

Frequently Asked Questions: Mood Treatment Center

What is the Mood Treatment Center?

The Mood Treatment Center provides intensive specialty outpatient services to individuals experiencing bipolar disorder. Services incorporate specific therapeutic models into client care to treat these conditions and enhance existing Integral Care systems of care. Clinic therapists have been trained in these unique clinical models. Moving forward, the clinic will also serve individuals experiencing treatment-resistant depression and schizoaffective disorder.

Who does the Mood Treatment Center serve?

The clinic serves individuals experiencing bipolar disorder. Moving forward, the clinic will also serve individuals experiencing treatment-resistant depression and schizoaffective disorder.

What services will be provided in the Mood Treatment Center?

Services include medication management, counseling, peer support and connection to other Integral Care programs and services as well as external community supports.

Who is on the treatment team at the Mood Treatment Center?

The team includes individuals from Integral Care and our partner Dell Medical School. Integral Care staff includes two therapists, a peer support specialist, and a medical administrative assistant. A psychiatrist is from Dell Medical School.

Why is Dell Medical School part of the treatment team?

This model of care was established at Dell Medical School in 2017 during a pilot program in UT Health Austin's Mulva Clinic for the Neurosciences Bipolar Disorder Center. Dell Medical School and Integral Care collaborated to bring together evidence-based practices, research and community-based health care.

Integral Care is expanding the proven model of care, including the team structure, to increase access to care for individuals experiencing bipolar disorder.

How does the clinic collaborate with other Integral Care programs?

The clinic refers clients to other Integral Care programs and services when appropriate in order to support the health and well-being of clients.

How do I know when to refer a client to the clinic?

Contact the clinic if you're working with a client who:

- You suspect may have bipolar disorder.
- Is having trouble managing their symptoms.
- Isn't improving with current treatment.

Clients can be referred during intake or over the course of their care.

How do I refer my clients to the Mood Treatment Center?

- Call 512-804-3999 to connect directly to the clinic by phone.
- Email moodtreatmentcenter@integralcare.org to connect directly to clinic staff by email.
 - If possible, please complete the internal referral form and include it with your email.

Are any clients not appropriate for the Mood Treatment Center?

Clients experiencing an intellectual or developmental disability are not appropriate for services at the clinic.

What hours will the clinic be open?

The clinic will be open during normal business hours, Monday through Friday from 8am to 5pm. Services are available by appointment only.

Where is the clinic located?

The clinic is located at our Dove Springs location. The address is 5015 South IH-35, Suite 200D, Austin, 78744.

How do external partners refer clients to the Mood Treatment Center?

- Call our 24/7 Helpline at 512-472-4357. Press 1 for English and then 3 to learn about programs and services.
- Call 512-804-3999 to connect directly to the clinic by phone.
- Email moodtreatmentcenter@integralcare.org to connect directly to clinic staff by email.

For More Information

For specific questions about the Mood Treatment Center, please contact Emily Stone via email at Emily.Stone@integralcare.org.