

## AGENDA

March 14, 2019

Goal 1 Operational excellence is achieved through strong and responsive systems, staffing, and infrastructure that support current and potential initiatives. Goal 2: Improved health outcomes are achieved through implementation of high quality services and continuous innovation. Goal 3: Integral Care leads the community to ensure knowledge of and engagement around the issues of behavioral health and intellectual and developmental disabilities.

No.	Agenda Item	Time	Strategic Plan Goal	Responsible
1	Call to Order	12:05PM		Deborah Beresky
2	Review and approve minutes from the February 14, 2019 meeting & Announcements <ul style="list-style-type: none"> <li>• 2018 PNAC Year in Review Handout</li> </ul>	12:05 – 12:10		PNAC
3	Unfinished Business	12:10 – 12:15		Deborah Beresky
4	New Business <ul style="list-style-type: none"> <li>• Update: 86<sup>th</sup> Legislative Session</li> <li>• <b>ACTION Item:</b> Suicide Prevention Lifeline Crisis Center Follow-Up Expansion Grant Program</li> <li>• <b>ACTION Item:</b> The Judge Guy Herman Center for Mental Health Crisis Care – SDF Grant Extension</li> <li>• Victim Of Crime Act (VOCA)</li> </ul>	12:15 – 12:35 12:35 – 12:50 12:50 – 1:10 1:10 – 1:25	- Goal 2 Goal 2 Goal 2	Muna Javaid Tim Stacey Tracy Abzug Laura Slocum
5	Board Recommendations & April 11, 2019 PNAC Agenda Items	1:25 – 1:30		PNAC
6	Adjourn	1:30PM		Deborah Beresky

Austin Travis County Integral Care is committed to compliance with the Americans with Disabilities Act.  
Reasonable modifications and access to communication will be provided upon request.  
Please call Iris Vanover at 512.445.7784 for information.



Thursday, March 14, 2019  
1430 Collier Street, Large Training Room  
12:00 – 1:30 PM

The Planning & Network Advisory Committee functions are:

- A. Review Integral Care’s mission, vision, values, and goals and make recommendations as needed.
- B. Provide input related to the development of Integral Care’s Strategic and Local Service Area Plans, including making recommendations to the Board of Trustees related to implementation of House Bill (HB) 2439, i.e. Local Planning and Network Development (LPND), including but not limited to:
  1. Understanding of the issues and processes necessary for effective and efficient network development and management;
  2. Network Provider appeal and sanctions;
  3. Choice among the broadest range of services; and
  4. Availability of the safety net as defined by the state and the local community.
- C. Promote involvement and input from Clients and Community Stakeholders as one mechanism for identifying community needs and desired community impacts/outcomes.
- D. Demonstrate commitment to publicly addressing unmet service needs and other relevant issues through written or spoken testimony provided to decision makers.
- E. Receive reports from staff about network and Integral Care services, effectiveness and efficiencies, and response to services from Clients and other Community Stakeholders.
- F. Review provisions that will ensure that the implementation of LPND does not divert current funds away from direct service to administrative functions.
- G. Present Advisory Committee recommendations to the staff and Board of Trustees as needed.



**NAME:** PLANNING AND NETWORK ADVISORY COMMITTEE (PNAC)  
**MEETING DATE:** JANUARY 10, 2019  
**MEETING TIME:** 12:00 NOON

**MEMBERS PRESENT:** JOAN BAIRD, DEBORAH BERESKY, PATRICIA BOURESSA, ALONZO BRADLEY, DREW GLASS, ALECIA LITTLE, MARVA OVERTON, LIZ SHELBY, LORI WILSON

**BOARD MEMBERS:** NONE PRESENT

**MEETING LOCATION:** COLLIER 3, 1430 COLLIER  
**PREPARED BY:** IRIS VANOVER, PNAC RECORDING SECRETARY

**OTHER PARTICIPANTS & STAFF PRESENT:**  
 CHRIS BOTELLO, THOMAS WOODWARD, PHYLLIS WOLF, DANIELLE BABIN, LOUISE LYNCH, ROBERT HEARN, MARY DODD, MUNA JAVAID

**MEETING MINUTES**

Item #	Item		Discussion Leader	Action
1.	Call to Order	Patricia Bouressa called the meeting to order at 12:05PM.	Deborah Beresky	None
2.	Review of Minutes & Announcements	<p><b>MEETING MINUTES</b>            Alonzo Bradley made a motion to approve the November 8, 2018 PNAC meeting minutes.</p> <p>Alecia Little seconded.</p> <p>All were in favor.</p> <p>The meeting minutes were approved as written.</p> <p><b>ANNOUNCEMENTS</b>            Central Texas African American Family Support Conference (CTAAFSC)            February 26-27, 2019            Palmer Events Center            7:30am – 5:00pm</p>	Deborah Beresky	None
3.	Unfinished Business	No Unfinished Business.	Deborah Beresky	None

Item #	Item	DISCUSSION	Discussion Leader	Action
4.	<b>New Business</b> None			
5.	<b>ACTION ITEMS:</b>  1. Liz Shelby made a motion to recommend to the Board of Trustees, the approval of the City of Austin RFA Housing Focused Supportive Services Downtown Austin Community Court.  Alonzo Bradley second it. All were in favor. Motion carried.			
6.	<ul style="list-style-type: none"> <li data-bbox="212 540 606 638">• Integral Care Strategic Planning Stakeholder Input</li>   <li data-bbox="212 976 606 1040">• FY18 Performance Measures</li>   <li data-bbox="212 1455 606 1520">• Children’s Mental Health Crisis Taskforce</li> </ul>	<p data-bbox="617 540 1461 605">Anne Nagelkirk distributed the Integral Care Strategic Planning 2020-2022 Key Stakeholder Questionnaire.</p> <p data-bbox="617 638 1461 833">Ms. Nagelkirk asked for feedback on the following areas:</p> <ul style="list-style-type: none"> <li data-bbox="669 670 1461 735">➤ Top 3 Challenges the community faces in getting the mental health care they need?</li> <li data-bbox="669 735 1461 768">➤ Current Needs?</li> <li data-bbox="669 768 1461 800">➤ Future Needs?</li> </ul> <p data-bbox="617 833 1461 865">PNAC engaged in further feedback. Discussion followed.</p> <p data-bbox="617 963 1461 1027">Melody Moscal provided an overview of the FY18 Performance Measures.</p> <p data-bbox="617 1027 1461 1060">Charts reviewed:</p> <ul style="list-style-type: none"> <li data-bbox="669 1060 1461 1092">➤ Hospitalization</li> <li data-bbox="669 1092 1461 1125">➤ Effective Crisis Response Services</li> <li data-bbox="669 1125 1461 1157">➤ Frequent Admissions</li> <li data-bbox="669 1157 1461 1190">➤ Access to Crisis Response Services</li> <li data-bbox="669 1190 1461 1222">➤ Employment</li> <li data-bbox="669 1222 1461 1304">➤ (AMH &amp; CMH) Community Tenure, Improvement, Monthly Service Provision</li> </ul> <p data-bbox="617 1336 1461 1369">PNAC engaged in further feedback. Discussion followed.</p> <p data-bbox="617 1466 1461 1498">Mary Dodd presented the Children’s Mental Health Crisis</p>	<p data-bbox="1472 540 1713 946">Anne Nagelkirk</p> <p data-bbox="1472 963 1713 1369">Melody Moscal</p> <p data-bbox="1472 1450 1713 1531">Mary Dodd</p>	<p data-bbox="1724 540 2034 946">None</p> <p data-bbox="1724 963 2034 1369">Annually</p> <p data-bbox="1724 1450 2034 1531">None</p>

Item #	Item	DISCUSSION	Discussion Leader	Action
		<p>Taskforce and how we need to improve the way our community responds when children and families are in crisis.</p> <p>Ms. Dodd shared the following:            Goal 1: Wellness and Prevention            Goal 2: Early and Effective Intervention            Goal 3: Coordinated Crisis Services            Goal 4: System Improvements</p> <p>PNAC engaged in further feedback. Discussion followed.</p>		
6.	<b>Board Recommendations</b>	The PNAC made a recommendation to the Board of Trustees, approval of the City of Austin RFA Housing Focused Supportive Services Downtown Austin Community Court	PNAC	None
7.	<b>Agenda Items for future meetings</b>	<ul style="list-style-type: none"> <li>• Value Based Specialty Care Services</li> <li>• Local Behavioral Health Authority (LBHA)</li> <li>• Legislative Updates – Muna Javaid</li> </ul>	PNAC	None
8.	<b>Citizens' Comments</b>	None	PNAC	None
9.	<b>Adjourn</b>	Meeting adjourned at 1:31PM		



## **2018 PLANNING & NETWORK ADVISORY COMMITTEE (PNAC) Year in Review**

### **Integral Care Integral Care Board of Trustees (Board)**

- PNAC members increased their visibility and contact with the Board by PNAC members making quarterly reports directly to the Board Executive Committee.

### **FY19 Budget**

- PNAC dedicated one of its meetings to a dialogue with the CAO regarding development of FY19 Budget. PNAC provided recommendations for staff and Board of Trustees' consideration.

### **Network Development & Management**

Recommendations were made for the following:

- Consolidated Local Service Plan (CLSP) posted for public comment
- Local Provider Network Development (LPND) posted for public comment
- Travis County Request for Services (RFS) Transition Aged Youth
- Crisis Respite and Residential Services
- Contract Monitoring Process and Trends
- Authority Services Focus, Consumer Satisfaction and Concerns
- Annual Network Provider Survey & Action Plan for the MSO Services
- Integral Care Facility Master Plan
- Children Mental Health Crisis Services Taskforce
- 2018 JC Audit Final Report Results
- QM DSHS FY 2017 Report
- Certified Community Behavioral Health Clinic (CCBHC) Update

PNAC reviewed and recommendations regarding the following:

- Herman Center
- Mental Health Awareness Training (MHAT) for Service Providers and Families of Armed Service Personnel and Veterans
- National Center of Excellence for Tobacco-Free Recovery

- Mainstream vouchers for people with disabilities
- SAMHSA Certified Community Behavioral Health Clinic Expansion
- Community for Outreach Intervention Youth and Young Adults at Clinical Risk for Psychosis
- Innovations in Nutrition Programs and Services to Improve Mental Health
- SAMHSA Infant and Early Childhood Mental Health Grant Program
- FY2018 Austin/Travis County TX-503 HUD Continuum of Care Bonus Project
- HOST Expansion
- Financial Stability for Recently Housed Individuals  
Application to the Religious Coalition to assist Homelessness
- Pay for Success ACT Team Development
- Contract with DACC to pay for Residential Beds
- Texas Veteran's plus Families Alliance Grant

### **Training and education included**

- 86th Legislation Session
- 1115 Waiver Updates
- SAFE
- Clinical Innovations, Practice and Research
- Counseling Program for Veterans and their families
- Forensic Assertive Community Treatment (FACT)
- Austin Sobering Center
- Second Chance Comprehensive Community-Based Adult Re-entry Program
- Safe Landing, A Pilot Program of Intensive Services and Supports for Foster Care Youth with Complex Behavioral Health Needs
- Home Street Music
- Grace Notes

### **PNAC**

- Membership: The Committee has been able to maintain state requirements relating to member composition, ensuring the diversity of membership reflects the consumer population, including disability populations, served by Integral Care for most of the year. There is a vacancy in the category of consumer/family member in the area of IDD. Recruitment efforts consider that 50% of PNAC members must be consumers or family members of consumers.
- PNAC reviewed committee Bylaws.



# Legislative Update

March 14, 2019

**Muna Javaid, LMSW**  
**Senior Planner**



# 86th Texas legislative session

- 7,072 bills filed
- Interim – prioritization of specific issue areas with a strong emphasis on mental health and substance use disorder
  - Governor Abbott’s School and Firearm Safety Action Plan
    - Improving mental and behavioral health systems in our schools
    - A focus on increasing Mental Health First Aid
    - Providing schools with behavioral threat assessment programs, and expanding school-based counseling resources.



- The House Select Committee on Opioids and Substance Abuse
  - Discussed in-depth the impact of substance use disorders on individuals involved in the Child Protective Services system
  - Prescription monitoring
  - Integration of care for co-occurring disorders and the opioid epidemic
- Additional interim focus issue areas
  - Maternal mortality and substance use
  - Community-based care
  - Increase mental health workforce
  - Behavioral health needs for individuals involved in the criminal justice system
  - Housing instability and homelessness.

# State of the State address

- Gov. Abbott declared emergency items that can be considered in the first 60 days of the session, allowing lawmakers to take up measures sooner
  - Maintaining CPS caseworker loads
  - Mental health grant funding
  - Continue adding capacity at the State Hospitals

# Texas Health and Human Services Commission

- Appropriation requests in the following areas of mental health, substance use disorder and intellectual and developmental disabilities:
  - \$59M to enhance mental health capacity and increase access to care
  - \$16M to expand Coordinated Specialty Care by providing behavioral health services for individuals experiencing early psychosis
  - \$16M to expand Residential Treatment Center beds from 40 to 50 for children with serious mental illness who are at risk of parental relinquishment to DFPS
  - \$45.3M for Substance Use Disorder Treatment to fund technology changes, proposed reimbursement rate adjustments and recovery services for the indigent population
  - \$46.4M to expand intellectual and developmental disability (IDD) Crisis Continuum of Care
  - \$39.4M to improve capacity for community inpatient psychiatric services by purchasing 75 additional hospital beds.



# Current Issue Areas

- Integral care is working with legislators on key priorities
  - Addressing barriers that would allow for better Substance Use Disorder Services
  - Sustaining funds to continue delivery systems when the 1115 Medicaid Waiver funding pool ends in 2021.
    - Texas waiver was approved in 2011 and in 2012, a budget was approved providing \$17 billion in funds over 5 years. The Texas 1115 waiver was renewed in 2017, and ends on September 30, 2021.
    - HHSC must submit a transition to the Centers for Medicare & Medicaid Services (CMS) by October 1, 2019 describing how the state will continue delivery systems when the funding pool ends. Stakeholders have submitted ideas, which includes a coordinated system of care for Medicaid and Low-income Uninsured adults 18-64 with severe mental illness. This would cover 90% of Integral Care's population served.
    - Rider 101 Health and Human Services Commission, Article II, 1115 Sustainability for Serious Mental Illness



# LMHA

- SB 632: Governing bodies and the consultation policies of LMHAs with respect to sheriffs
  - Requires that an LMHA's governing body must include a sheriff or a representative of a sheriff of a county in the LMHA's service area as an ex officio nonvoting member.
- SB 633: LMHAs Serving Rural Areas
  - Directs HHSC to engage in an initiative to increase the capacity of LMHAs to provide access to mental health services in rural counties. Directs HHSC to identify each LMHA located in a county with a population of 250,000 or less or that HHSC determines provides services predominantly in a county with a population of 250,000 or less and develop regional plans



# Challenges

- Senate Bill 2
  - Cap on local tax rate
    - Mental health grants that require local community match (SB 292, HB 13). Leverage local tax dollars, Federal, City, County.
- SB 362
  - Civil Commitments: requires individuals charged with a class B misdemeanor and have a mental illness or an intellectual or developmental disability, to commit to a course of outpatient mental health services while their charges are pending.

# Appropriations Exceptional Items

- Exceptional Item 3, \$74.4M all funds (includes \$28.1M GR) to fund attrition for Medicaid LTSS Waivers, including HCS and TxHmL waivers.
- Exceptional Item 4, \$378.3M all funds (includes \$147.7M GR) to increase Promoting Independence Waiver capacity and reduce waiting lists for Medicaid LTSS Waivers, including HCS and TxHmL waivers.
- Exceptional Item 6, \$70.7M to maintain ECI caseload growth and program cost growth in FY2020-21.
- Exceptional Item 22, \$46.4M in state funds (GR) to enhance the IDD Crisis Continuum of Care
- Exceptional Item 28, \$284.2M all funds (includes \$114.9 GR) to bring day habilitation services into compliance with federal regulations.



# Appropriations Exceptional Items cont.

- Exceptional Item 37, \$22.7M to maintain mental health grant programs created last session [HB 13 & SB 292] at FY19 funding levels
- Exceptional Item 27, \$39.4M to improve access to community inpatient psychiatric services
- Exceptional Item 21, \$45.4M for a rate increase for Substance Use Disorder (SUD) treatment and recovery services.

# Bills of Interest

- HB 1292 By Rep. Four Price: Relating to statewide initiatives to improve maternal and newborn health for women with opioid use disorder.
- SB 10 by Rep. Jane Nelson: Establishes the Texas Mental Health Care Consortium to coordinate mental health care services using infrastructure and expertise of health-related institutions of higher education and community mental health providers
- HB 565 by Rep. Garnet Coleman Expands Medicaid coverage and puts Affordable Care Act (ACA) protections into Texas law to provide much-needed funding for healthcare services.
- HB 1335 by Rep. Four Price: authorizes a school district to establish school-based behavioral health centers and requires the executive commissioner of the Health and Human Services Commission to administer a grant program to assist districts with the costs of operating such centers.
- HB 885: relating to wage requirements for community rehabilitation programs participating in the purchasing from people with disabilities program.

# Questions?



Request for PNAC approval of the Suicide Prevention  
Lifeline Crisis Center Follow-Up Expansion Grant Program  
(Goal 2)

**Tim Stacey, CPRIT LPHA**

# Suicide Prevention Lifeline Crisis Center Follow-Up Expansion Grant

- Funding opportunity through SAMSHA
- Grant due date: March 11, 2019
- Anticipated Funding: \$672,383
- Length of Project Period: 3 years
- Anticipated start date: 5/31/2019



# Suicide Prevention Lifeline Crisis Center Follow-Up Expansion Grant

## Required Activities of Grant:

- Provide 24/7 coverage to screen and assess all callers for suicidal risk, serious mental illness, serious emotional disturbance, and co-occurring mental/substance use disorders; and identify the level of response that is needed.
- Provide central coordination of crisis management, utilizing real-time data to track the location and status of an individual in crisis, and assure that a “warm hand-off” has occurred to the next service provider.
- Develop and implement a protocol that includes initiating contact within 24 hours of a referral or a care transition; and maintaining contact for up to 90 days after the initial contact.
- Develop a Memorandum of Understanding (MOU) with at least one hospital. The MOU must address the referral process, the identification of points of contact within the hospital, the timely sharing of information, and protocol for sharing aggregate information and administrative data with the NSPL Crisis Center.



# Suicide Prevention Lifeline Crisis Center Follow-Up Expansion Grant

If funded, this grant would:

- Support residents in Travis County at risk for suicide who:
  - make contact with Integral Care themselves or are referred to Integral Care, including clients open to services. Contact can be made via the crisis hotline, any of the clinics and/or respite/residential locations;
  - are discharged from a local emergency and subsequently referred to Integral Care's Crisis Hotline due to experiencing suicidal ideation/intent; **or**
  - have reached Integral Care's crisis hotline via the National Suicide Prevention Lifeline.
- Continue partnerships between Emergency Departments, APD, and Integral Care
- Fund full and part time positions for Crisis Hotline and MCOT



**Comments or Questions?**





# **Planning & Network Advisory Committee (PNAC)**

**March 14, 2019**



Request to Approve, if awarded, St.  
David's Foundation Grant for The Judge  
Guy Herman Center (Goal 2)

**Tracy Abzug, LCSW**

Practice Manager



# Project Scope

- St. David's Foundation offered renewed funding, took opportunity for continued support of Herman Center operations
- Extended Observation Unit and Crisis Residential Unit – Two levels of care under one roof
- Offer individualized short stay care for adults in psychiatric crisis
- Provide right level of care and an alternative to inpatient care, jail, or community
  - ~70% of referrals by Emergency Departments
  - ~9% by Law Enforcement – direct from field
  - ~9% by other Integral Care units
- On track to serve 1,000 unduplicated individuals in year two



# Target Populations

- Adults who are experiencing a mental health crisis in Travis County
  - Are either on an Emergency Detention or voluntarily seeking treatment.
  - Individuals whose immediate crisis can reasonably be expected to resolve within 48 hours
- Proud to serve diverse populations and currently seeing overrepresentation of historically underserved groups
  - At or below poverty line, homelessness, ethnic and racial minorities, men and women regardless of gender identity, English not first language, dual diagnosis (80%)

# Project Design

- Team consists of:
  - Practice Manager
  - Certified Peer Specialist
  - 1 FTE MD, 1.5 FTE APN/PA, telehealth
  - Nurse Supervisor
  - 4 RN, 4 LVN
  - 6 LPHA, 2 QMHP
  - Authorization Specialist
  - Program Specialist
- Individual and group therapy, case management, peer support, medication/medical education, linkage, care coordination

# Project Design (Cont.)

- Metrics:
  - Client Satisfaction
  - Face to face follow up attempts within 7 days of discharge
  - Follow up service after crisis encounter
  - Law enforcement drop-off interval (currently avg 12 minutes)
- One goal over next year is to increase innovation by incorporating complimentary care through a Clinical Aromatherapy Program

# Award Information

- Funder: St. David's Foundation
- Division: Crisis Services
- Total funds: \$1.6 million over 2 years
- Match Requirement: None
- Initial Contract: 7/1/19
- Renewal Possible: No
- Location: Herman Center
- Staff: 22.5 current staff
- Additional Requirement: None

**Comments or Questions?**





## **Victim of Crime Act (VOCA) (Goal 2)**

Laura Wilson-Slocum, LPC Practice  
Administrator -Crisis Services and  
Justice Initiatives



# Project Scope

- Create a new, deployment-ready Critical Incident Response Team to provide crisis services and support for adults and children who are affected by an act of crime throughout 21 county catchment area
- Conduct outreach to law enforcement, independent school districts, city and county elected officials, and other community stakeholders to build relationships across catchment area
- Deliver training (e.g. NOVA Crisis Model, Mental Health First Aid) to key community stakeholders to ensure community preparedness to respond to an act of crime
- Envisioned to focus on acts of criminal violence that impact multiple individuals (e.g. gun violence in public places)

# Target Populations

- Individuals (children and adults) who are affected by an act of crime, beginning 72 hours after the commission of a criminal act
- Systems that serve victims of crime in 21-county catchment area, comprised of counties in Regions 7, 8, and 9 (Val Verde, Kinney, Uvalde, Medina, Bexar, Edwards, Comal, Hays, Travis, Blanco, Kendall, Bandera, Real, Kerr, Gillespie, Schleicher, Sutton, Kimble, Mason, Llano, and Menard)
- Independent school districts throughout catchment area

# Project Design

- Hire and train Critical Incident Response Team (11-person team) that can readily provide crisis services to individuals affected by an act of crime throughout the catchment area
  - Practice Manager
  - 2 Liaisons
  - Administrative Coordinator
  - Communications Officer
  - 5 LPHA III
- Liaisons will meet with community leaders, law enforcement, faith communities, schools, and other stakeholders to develop relationships and build network



# Project Design (Cont.)

- Communications Officer will develop marketing materials, monitor social media, disseminate press releases, and offer any other required communications support
- When not deployed in the aftermath of a crime, clinical staff will support PES, MCOT Cluster, and School-Based Services to maintain their skills
- Team also will provide training to partners in the community in Mental Health First Aid and the NOVA crisis model to help prepare communities to handle a major crime event

# Award Information

- Funder: Office of the Governor, Criminal Justice Division (Funding authorized through Victims of Crime Act)
- Division: Crisis Services
- Total funds: \$1.35 million/year
- Match Requirement: 20% of total request
- Initial Contract: 10/1/19
- Renewal Possible: Yes
- Location: 21 counties (Regions 7, 8, and 9)
- Staff: 11 new staff
- Additional Requirement: Approval of Resolution by Governing Body



**Comments or Questions?**