What We Do
Integral Care strengthens our community by supporting our most important asset – our people – through our services as a provider, our role as local Mental Health and Intellectual and Developmental Disabilities (IDD) authority and our place in the community as a partner and leader.

Our Vision
Healthy Living for Everyone.

Our Mission
Integral Care’s mission is to improve the lives of people affected by behavioral health and developmental and/or intellectual challenges.

Founded in 1967, Integral Care is a governmental agency. We are led by a Board of Trustees appointed by Central Health, City of Austin and Travis County.

QUALITY HEALTH CARE PROVIDER
As a Certified Community Behavioral Health Clinic, we provide high quality health care – person-centered, trauma-informed and available in multiple languages. Services include psychiatric care and counseling to improve mental health, drug and alcohol treatment to support recovery, housing to regain health and service coordination to help people with IDD live independently.

CRITICAL COMMUNITY SUPPORT
We ensure a local system of mental health services to meet the needs of our community. We provide a 24-hour helpline for anyone who needs immediate support, mobile teams that respond to people in crisis – at home, at school and on the street, a mental health urgent care clinic, and classes that teach people how to help someone experiencing mental health issues.

LOCAL AUTHORITY
As the state-designated local authority, we evaluate the needs of our community and develop a local service plan for Travis County. We also administer and allocate local, state and federal dollars and manage a large network of service providers in our area. We are Joint Commission accredited and work to ensure quality standards and client satisfaction for all contracted providers.

VITAL COMMUNITY COLLABORATION
We collaborate with community partners – City of Austin, Travis County and Central Health, criminal justice, first responders, school districts, non-profit community-based organizations and healthcare providers. We partner to strengthen our local systems, improve access to care, and raise awareness around issues of mental health, substance use disorder and IDD.

I have transformed from a dark, empty shell of a woman, broken and spinning out of control, to a whole woman excited to greet each day with happiness. Integral Care gave me the tools for healing and changing my life.” - Integral Care Client

IntegralCare.org | 512-472-HELP (4357)
Who We Are

Integral Care has more than 900 dedicated staff serving our community at over 45 locations. Our work positively impacts the overall health of Travis County. We help people recover from mental health crises. We help adults living with mental illness and substance use disorder build and maintain their mental and physical health. We support children’s emotional health, so they have the right tools to meet their everyday needs and thrive in school. We support people with intellectual and developmental disabilities so they can reach their full potential.

Our Services

576,115 services provided to 27,842 individuals in FY 2018

- Adult Behavioral Health: 140,394 services
- Crisis Services: 198,523 services
- Child & Family: 73,031 services
- IDD: 80,164 services
- Substance Use: 84,003 services

Our Impact in FY18

60,159
Incoming crisis calls to the 24/7 Helpline, answered by mental health professionals

1,079
Austin Police Department, Travis County Sheriff’s Office and EMS first responders trained in mental health and/or IDD to help divert individuals from jail into appropriate care and reduce the overuse of criminal justice and emergency services

596
Individuals trained in overdose prevention, through four substance use disorder programs

2,146
Clients received exercise, nutrition and tobacco cessation services to support physical health and wellness

4,542
Children and youth provided psychiatric evaluations, care and therapy to improve mental health as well as reduce suicide and drug and alcohol use

2,756
Clients living with IDD provided crisis intervention and service coordination to support independent living, stable jobs and jail diversion

562
Individuals in supportive housing received rehabilitation and recovery services, to help them maintain a home

$101,986,107
Total revenue in FY 18

- State $29.3 M
- 1115 Medicaid Waiver $22 M
- Central Health $10 M
- Earned Income $10.9 M
- Federal $10.9 M
- Private Donations and Other Revenue $8.7 M
- Travis County $5.3 M
- City of Austin $4.7 M