



## **PLANNING & OPERATIONS COMMITTEE MEETING**

*To improve the lives of people affected by behavioral health and developmental and/or intellectual challenges.*

**DATE:** Thursday, September 20, 2018  
**TIME:** 5:30 PM  
**PLACE:** 1430 Collier Street – Board Room, Austin, Texas 78704

### **AGENDA**

- I. Citizens' Comments** (Presentations are limited to 3 minutes)
- II. Approval of Minutes from August 23, 2018 Planning & Operations Meeting** (pgs. 2-3)
- III. Recommendation to Approve, if Awarded, Health Starts at Home: Expanding Housing Wrap-Around Services and Supports - St. David's Foundation RFP (Goal 2)** (Laguna, pgs. 5-8)
- IV. Recommendation to Approve, if Awarded, Funds from Austin Public Health for the Provision of Non-Medical Case Management Services to People Living with HIV (Goal 2)** (Johnston, pgs. 8-10)
- V. Information Item: State Hospital Bed Utilization** (Brown-Valades, pgs. 11-16)
- VI. Discussion Item: Chief Operations Officer Report – (Goal 2&3)** (Handley, pg. 17)
  - Clinical Service Delivery
  - Program Support
- VII. New Business**
  - Identify Consent/Non-Consent Agenda Items
- VIII. Citizens' Comments**

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Note: The full packet is available on Integral Care's webpage at: <http://integralcare.org/agendas-minutes/>  
(Under the heading "Planning & Operations Committee") P&O Committee packets will not be available to staff/public at the meeting. Only Agendas will be available.



## PLANNING & OPERATIONS COMMITTEE MINUTES

**DATE:** Thursday, August 23, 2018  
**TIME:** 5:30 PM  
**PLACE:** 1430 Collier Street – Board Room  
Austin, TX 78704

**MEMBERS PRESENT:** Dr. Guadalupe Zamora, Sarah Churchill Llamas, Emmit Hayes

**MEMBERS ABSENT:** Luanne Southern, Dr. David Springer

**OTHER BOARD MEMBERS PRESENT:** None

### **Integral Care staff were present**

The Chair, Dr. Guadalupe Zamora, called the meeting to order at 5:31 p.m.

### **CITIZENS' COMMENTS**

None.

### **APPROVAL OF MINUTES**

The minutes of the July 19, 2018 meeting stand approved as submitted.

**RECOMMENDATION TO APPROVE CRISIS RESPITE AND CRISIS RESIDENTIAL SERVICES CONTRACT TO THE WOOD GROUP (GOAL 2)** Louise Lynch provided the Committee with background information on the RFP for Residential Services. The proposal included both crisis respite & crisis residential services. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Dr. Guadalupe Zamora second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**RECOMMENDATION TO APPROVE, IF AWARDED, HOST EXPANSION (GOAL 2)** Chris Laguna provided the Committee with background information about this grant. Will provide \$195k over 3 years. The grant will provide a peer specialist for HOST and flexible client assistance. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Sarah Churchill Llamas second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**RECOMMENDATION TO APPROVE, IF AWARDED, FINANCIAL STABILITY FOR RECENTLY HOUSED INDIVIDUALS - APPLICATION TO THE RELIGIOUS COALITION TO ASSIST HOMELESSNESS (GOAL 2)** Chris Laguna provided the Committee with background information about this grant which will provide \$100k to shelter homeless people and/or assist & support the homeless in securing and remaining in permanent housing. Sarah Churchill Llamas called for a motion to recommend to the Board the approval of proposed recommendation. Emmit Hayes second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**RECOMMENDATION TO APPROVE, IF AWARDED, PAY FOR SUCCESS ACT APPLICATION (GOAL 2)** Elizabeth Baker provided the Committee with information on the grant which will provide intensive community based treatment services for individuals with complex needs & high utilization of emergency/crisis services. Sarah Churchill Llamas called for a motion to recommend to the Board the approval of proposed

recommendation. Emmit Hayes second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**DISCUSSION ITEM: CHIEF OPERATIONS OFFICER (COO) REPORT**

Dawn Handley provided the Committee with a brief verbal report regarding clinical service delivery and program support. Discussion ensued.

**NEW BUSINESS**

The items listed below were decided for Consent/Non-Consent Agenda:

Consent:

*Recommendation to Approve Crisis Respite and Crisis Residential Services Contract to the Wood Group (Goal 2)*

*Recommendation to Approve, if Awarded, HOST Expansion (Goal 2)*

*Recommendation to Approve, if Awarded, Financial Stability for Recently Housed Individuals -Application to the Religious Coalition to Assist Homelessness – (Goal 2)*

*Recommendation to Approve, if Awarded, Pay for Success ACT Application (Goal 2)*

Non-Consent:

*None*

**CITIZENS' COMMENTS**

None.

**ADJOURNED**

The meeting adjourned at 6:01 p.m.

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Guadalupe Zamora

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Kendra Green, Recording Secretary

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Date



## Board of Trustees

Planning and Operations Committee

September 20, 2018



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## I. Citizens' Comments



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## II. Approval of Minutes from August 23, 2018 Planning & Operations Meeting



## III. Recommendation to Approve, if Awarded, Health Starts at Home: Expanding Housing Wrap-Around Services and Supports – St. David's Foundation RFP (Goal 2)

Chris Laguna, Ph.D.  
Practice Administrator – Housing & Homeless Services



## Background

- Targeting low-income residents in affordable housing communities
- Goals for the proposed work:
  - Fostering self-sufficiency
  - Stabilizing health
- Foundation wants to advance learning and practice in:
  - Empowering resident voices
  - Increasing social connection
  - Activating physical spaces
  - Leveraging existing assets



## Details of proposed project

- Focus on specific Integral Care Property (La Paloma Apartments)
- Foster a sense of community through resident-led efforts
- Increased collaboration with property management, neighborhood associations, APD
- Overall concept of being a good neighbor



## Details of proposed project

- Request for two staff
  - Community and Resident Relationship Specialist
  - Peer Support Specialist (part time)
- Improvements to the property
- Support for resident projects they develop
- Specific outcomes:
  - Increased housing stability
  - Increased social connection/quality of life
  - Decreased criminal activity



## Award details

- Ask of approximately \$300,000 (due 9/28)
- Start date of January 1, 2019
- Duration of 24 months
- Plan to expand successes and apply lessons learned to additional housing properties, including Oak Springs



# Questions/Comments?



## IV. Recommendation to Approve, if Awarded, Funds from Austin Public Health for the Provision of Non-Medical Case Management Services to People Living with HIV (Goal 2)

Emily Johnston, LCSW  
Program Manger, C.A.R.E. Program





## Non-Medical Case Management Services

### PROJECT SCOPE:

- The funding will be used for the provision of non-medical case management services to People Living with HIV who have a substance use disorder and/or a mental health disorder. In addition, specific efforts will be made to target sub-populations living in the Austin area known to be disproportionately impacted by HIV (i.e. African America/Black individuals, Hispanic/Latinx individuals, transgender individuals, people who are experiencing homelessness, injection drug users, individuals with a history of trauma, and individuals living below the federal poverty level.)
- Non-medical case management services will include a range of person-centered services that link clients with HIV medical care, psychosocial services and other support services.



## Non-Medical Case Management Services

### PROJECT SCOPE:

- Provide funding for three FTEs at the C.A.R.E. Program
  - Non-medical Case Managers – 2.25 FTE
  - LPHA Team Leader - .5 FTE
  - Program Manager - .15 FTE
  - Administrative Supervisor - .10 FTE
- The funding will be used to maintain existing case management positions currently funded by Texas Health and Human Services Commission (HHSC). We are looking for additional sources to sustain our case management services because the HHSC funding will end as of August 31, 2020.



## Award Information

- Funder: Austin Public Health
- Division: Behavioral Health
- Total Funds per year: Requested \$195,054
- Match Requirement: None
- Initial Contract: April 1, 2019
- Renewal Possible: 42 month contract
- Location: C.A.R.E. Program
- Existing Staff: Maintain existing staff



## Questions/Comments?



## V. Information Item: State Hospital Bed Utilization

Lesa Brown-Valades, MEd, LPC  
Director of Utilization Management



### Inpatient Resources in Context

Community Care Collaborative (CCC)/Central Health  
annually:

- \$8,000,000

Health and Human Services Commission (HHSC) annually:

- \$3,502,877
- General Revenue

State Mental Health Facility (SMHF) system

- Bed day allocation
- Waitlist



## Role of the Local Mental Health Authority (LMHA)

- Provide services
- Planning, policy development, coordinates/allocates/develops resources
- Single point of access
- Authorizes inpatient admissions
- Coordinates continuity of care at discharge



## HHSC Hospital Bed Allocation

HHSC allocates inpatient bed day capacity for all LMHAs

- Poverty-weighted population methodology
- County of residence
- Charges for Travis County residents
- No adjustments or allowances
- Privately insured individuals



## Integral Care's Bed Day Capacity Allowance

Integral Care's statewide bed allocation includes:

- 84 General Revenue (state tax dollar) beds
- 9 State Hospital 3rd Party (private insurance) beds
- 10 Private Psychiatric Beds at local Austin hospitals for
- 103 Beds total



## State Hospital Utilization At A Glance

Travis County:

- 136.5% fiscal year to date allocation utilization
- Average daily count = 140 (103 beds allowed)
- 94% State Mental Health Facility
- 6% private hospital

Statewide:

- 90.8% fiscal year to date allocation utilization
- Average daily count = 2,320 (2,555 beds allowed)
- 78.6% State Mental Health Facility
- 21.5% private hospital



## State Hospital Utilization At A Glance cont.

### Travis County:

- 35% civil/voluntary
- 55% competency restoration
- 10% not guilty by reason of insanity

### Average length of stay:

- 84 days civil/voluntary
- 98 days competency restoration
- 417 days not guilty by reason of insanity
- 91 days overall

### Statewide:

- 50% civil/voluntary
- 40% competency restoration
- 10% not guilty by reason of insanity

### Average length of stay:

- 21 days civil/voluntary
- 133 days competency restoration
- 655 days not guilty by reason of insanity
- 32 days overall



## Travis County Hospital Reports Snapshot

### Civil vs forensic admissions:

- 28 civil = 20%
- 115 forensic = 80% (includes 20 individuals not guilty by reason of insanity)

### Statewide forensic waitlist:

- 66 individuals total
- 22 for ASH/Montgomery Co.
- 43 for Vernon
- 1 for CCRP

### Criminal charges:

- 40 w/felony charges
- 17 w/misdemeanor charges
- 9 w/felony and misdemeanor charges both

### Time on waitlist:

- Vernon = 136 days average
- ASH/Montgomery Co. = 24 days average
- 336 days maximum



## ASH Use By County of Origin

County of Origin	March 2016	March 2017	March 2018
Travis	484	333	292
Bell	174	96	88
Williamson	137	78	69
McLennan	80	67	54
Brazos	75	62	54
Hays	54	41	41
Bastrop	45	25	20
Brazoria	42	32	18
Galveston	23	18	23
Burnet	23	21	18
Bexar	17	23	23
Matagorda	15	9	10
Lampasas	14	9	14
Caldwell	13	13	13
Kerr	12	12	14
Dallas	5	13	13
Llano	5	7	11
Guadalupe	3	6	10
Comal	2	5	10
<b>Totals</b>	<b>1343</b>	<b>980</b>	<b>861</b>



## Current Strategies

- Continuity of Care onsite
- SMHF waitlist (civil) from local hospitals
- Improved coordination regarding individuals in jail
- Dismiss and transfer process
- 365 day meeting
- NGRI discharges
- ACT teams
- Law Enforcement/Jail/Courts/Community Supervision



## Community Partner Suggestions

- Assisted Outpatient Treatment (AOT)
- Change statutory requirements for Vernon
- Alternative programs for clients with IDD and dementia
- Better housing options
- Allow competency restoration in local hospitals
- Substance use treatment



Questions/Comments?





## VI. Discussion Item: Chief Operations Officer Report (Goal 2 & 3)

Dawn Handley  
Chief Operations Officer



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## Questions/Comments?



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## VII. New Business



## VIII. Citizens' Comments



