



PLANNING & OPERATIONS COMMITTEE MEETING

To improve the lives of people affected by behavioral health and developmental and/or intellectual challenges.

DATE: Thursday, July 19, 2018
TIME: 5:30 PM
PLACE: 1430 Collier Street – Board Room, Austin, Texas 78704

AGENDA

- I. **Citizens' Comments** (Presentations are limited to 3 minutes)
- II. **Approval of Minutes from June 21, 2018 Planning & Operations Meeting** (pgs. 2-3)
- III. **Recommendation to Approve, if Awarded, Infant & Early Childhood Mental Health Grant Program (Goal 2)** (Palmer-Arizola, Dreckman, pgs. 5-8)
- IV. **Recommendation to Approve, if Awarded, Health & Human Services – Administration for Community Living Innovations in Nutrition Programs and Services (Goal 2)** (Williams, pgs. 8-10)
- V. **Discussion Item: Chief Operations Officer Report – (Goal 2 &3)** (Handley, pg. 11)
 - Clinical Service Delivery
 - Program Support
- VI. **Information Item: P&O Dashboard (Goal 3)** (Baker, pg. 12)
- VII. **Information Item: Downtown Austin Community Court (DACC) Contract for Residential Beds** (Stiffler, pg. 13)
- VIII. **Discussion Item: Readiness in Working with Children who Experience Parental Separation Due to Immigration Status** (Simmons, Palmer-Arizola, pg. 14)
- IX. **New Business**
 - Identify Consent/Non-Consent Agenda Items
- X. **Citizens' Comments**

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Note: The full packet is available on Integral Care's webpage at: <http://integralcare.org/agendas-minutes/> (Under the heading "Planning & Operations Committee") P&O Committee packets will not be available to staff/public at the meeting. Only Agendas will be available.



PLANNING & OPERATIONS COMMITTEE MINUTES

DATE: Thursday, June 21, 2018
TIME: 5:30 PM
PLACE: 1430 Collier Street – Board Room
Austin, TX 78704

MEMBERS PRESENT: Dr. Guadalupe Zamora, Sarah Churchill Llamas, Emmit Hayes

MEMBERS ABSENT: Luanne Southern, Dr. David Springer

OTHER BOARD MEMBERS PRESENT: None

Integral Care staff were present

The Chair, Dr. Guadalupe Zamora, called the meeting to order at 5:30 p.m.

CITIZENS' COMMENTS

None.

APPROVAL OF MINUTES

The minutes of the May 24, 2018 meeting stand approved as submitted.

RECOMMENDATION TO APPROVE, IF AWARDED, NATIONAL CENTER OF EXCELLENCE FOR TOBACCO-FREE RECOVERY (GOAL 3) Kathleen Casey gave an overview of the grant and the collaboration with the University of Houston. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Sarah Churchill Llamas second. All in favor. Motion carried. *This item will be added to the consent agenda.*

RECOMMENDATION TO APPROVE, IF AWARDED, 2017 MAINSTREAM VOUCHERS FOR PEOPLE WITH DISABILITIES (GOAL 2) Kali Gossett provided the Committee with background information about the HACA grant in which Integral Care is the lead applicant along with two other organizations. Grant is \$5 million that will provide 500 housing vouchers. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Sarah Churchill Llamas second. All in favor. Motion carried. *This item will be added to the consent agenda.*

RECOMMENDATION TO APPROVE, IF AWARDED, SAMHSA CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINIC EXPANSION (GOAL 2) Darilynn Cardona-Beiler provided the Committee with background information about the grant which will be funded by SAMHSA and will provide up to \$2 million up to two years. Discussion ensued. Sarah Churchill Llamas called for a motion to recommend to the Board the approval of proposed recommendation. Emmit Hayes second. All in favor. Motion carried. *This item will be added to the consent agenda.*

RECOMMENDATION TO APPROVE, IF AWARDED, COMMUNITY FOR OUTREACH INTERVENTION WITH YOUTH AND YOUNG ADULTS AT CLINICAL RISK FOR PSYCHOSIS (GOAL 2) Chelsea Key provided the Committee with background information about the grant which will reduce the duration of untreated psychosis for those under age 25. Grant is \$400k for four years. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Sarah Churchill Llamas second. All in favor. Motion carried. *This item will be added to the consent agenda.*

RECOMMENDATION TO APPROVE, IF AWARDED, SAMHSA MENTAL HEALTH AWARENESS TRAINING (MHAT) FOR SERVICE PROVIDERS AND FAMILIES OF ARMED SERVICE PERSONNEL AND VETERANS (GOAL 3)

Laura Gold provided the Committee with background information about the grant which will provide assistance to support training service providers and others. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Sarah Churchill Llamas second. All in favor. Motion carried. *This item will be added to the consent agenda.*

DISCUSSION ITEM: CHIEF OPERATIONS OFFICER (COO) REPORT

Dr. Craig Franke provided the Committee with a brief verbal report regarding clinical service delivery and program support. Discussion ensued.

INFORMATION ITEM: VETERANS & FAMILY COUNSELING PROGRAM: SETON VA (GOAL 2)

Darilynn Cardona-Beiler provided the Committee with an update on the Cloud 9 pilot project. This pilot was an implementation of a mobile platform app to keep behavioral health clients in communication with their care team. Discussion ensued.

NEW BUSINESS

The items listed below were decided for Consent/Non-Consent Agenda:

Consent:

Recommendation to Approve, if Awarded, National Center of Excellence for Tobacco-Free Recovery (Goal 3)

Recommendation to Approve, if Awarded, 2017 Mainstream Vouchers for People with Disabilities (Goal 2)

Recommendation to Approve, if Awarded, SAMHSA Certified Community Behavioral Health Clinic Expansion (Goal 2)

Recommendation to Approve, if Awarded, Community for Outreach Intervention with Youth and Young Adults at Clinical Risk for Psychosis (Goal 2)

Recommendation to Approve, if Awarded, Mental Health Awareness Training (MHAT) for Service Providers and Families of Armed Service Personnel and Veterans (Goal 3)

Non-Consent:

None

CITIZENS' COMMENTS

None.

ADJOURNED

The meeting adjourned at 6:25 p.m.

Guadalupe Zamora

Kendra Green, Recording Secretary

Date



Board of Trustees

Planning and Operations Committee

July 19, 2018



I. Citizens' Comments



II. Approval of Minutes from
June 21, 2018
Planning & Operations Meeting



III. Recommendation to Approve, if
Awarded, Infant & Early Childhood
Mental Health Grant Program
(Goal 2)

Melody Palmer-Arizola, Practice Administrator
Molly Dreckman, Practice Manager



Healthy Start Program

- 5 year grant offered through SAMSHA to provide and ensure access to culturally and developmentally appropriate mental health promotion, prevention, early intervention and treatment services to children birth to 12. The Healthy Start program will focus on children 0-5.
- A full continuum of services will be offered including screening for developmental and behavioral issues; behavioral health diagnostic assessment; mental health consultation; evidence-based preventive interventions; and specialized treatments for infants and children diagnosed with a mental illness.
- Will offer Multigenerational therapy and other services that strengthen positive caregiving relationships.
- The goal of the program is to address the national and local shortage of mental health professionals with infant and early childhood expertise.



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Evidenced Based Practices

- **Early Pathways (EP)**, a home-based program that focuses on children between one and five years of age who have significant behavioral difficulties.
- **Trauma Focused Cognitive Behavioral Therapy (TF-CBT)** is a recognized evidence-based treatment that can be used with youth ages 3-18.
- **Trust Based Relational Interventions (TBRI)** is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children, particularly children who have experienced foster care.
- **Parent-Child Interaction Therapy (PCIT)**. The focus of this research-based therapeutic intervention is to support and strengthen the relationship between the child and caregiver as a vehicle for restoring the child's sense of safety, attachment, appropriate affect, and to improve the child's cognitive, behavioral, and social functioning.
- **Nurturing Parenting**. This evidence-based skills training is a Tertiary Prevention-Treatment for caregivers of children receiving mental health services



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Award Information

- Funder: Department of Health and Human Services
- Division: Substance Abuse and Mental Health Services Administration
- Total Funds per year \$500,000
- Match Requirement: \$50,000
- Initial Contract: September 30, 2018
- Renewal Possible: up to 5 years
- Location: Riverside, Dove Springs and Rundberg as well as staff part-time in Manor and Del Valle
- Children Served per year: 125 the first year
200 years 2-5



Staff

- Program Manager
- 3 LPHA's
- Admin tech
- .25 Early Childhood Intervention Specialist
- Consultation and visits with the psychiatrist and will also be used as part of the match.(6%)



Questions/Comments?



IV. Recommendation to Approve, if Awarded,
Health & Human Services – Administration for
Community Living Innovations in Nutrition
Programs and Services
(Goal 2)

Teresa Williams
Chronic Disease Management Practice Supervisor



Innovation in Nutrition Programs and Services

“Older Adult Health and Wellness Services Program”

- **Strategic Goal 2:** Improved health outcomes are achieved through implementation of high quality services and continuous innovation.
- **Funding Opportunity:**
 - HHS: Administration For Community Living
 - \$500,000 over two years if awarded; 25% in-kind
 - Start date September 30, 2018
- Integral Care point person: Tim Stacey- Program Manager



Innovation in Nutrition Programs and Services

Goal

To implement a multi-component, evidence based health promotion program for adults 60 years and older with serious mental illness and chronic health conditions that are receiving nutrition services through OAA funded programs under the City of Austin. (i.e. Senior Centers)



Innovation in Nutrition Programs and Services

Objectives

1. *Increase access to specialized mental health care for older individuals with SMI and a chronic disease condition*
2. *Improve health outcomes among older individuals by addressing elevated risk of chronic disease*
3. *Improve mental health outcomes among older individuals measured as a reduction in access to emergency psychiatric care*
4. *Offer MHFA training opportunities for employees and volunteers*



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Questions/Comments?



V. Discussion Item: Chief Operations Officer Report (Goal 2 & 3)

Dawn Handley
Chief Operations Officer



Questions/Comments?



VI. Information Item: P&O Dashboard (Goal 3)

James Baker
Systems Chief Medical Officer



Questions/Comments?



VII. Information Item:
Downtown Austin Community Court
(DACC) Contract for Residential
Beds
(Goal 2)

Sheryl Stiffler
Practice Administrator



Questions/Comments?



VIII. Discussion Item: Readiness in Working with Children who Experience Parental Separation Due to Immigration Status

Hugh Simmons, Director of Practice Management
Melody Palmer-Arizola, Practice Administrator



Questions/Comments?



IX. New Business



X. Citizens' Comments



