



## PLANNING & OPERATIONS COMMITTEE MEETING

*To improve the lives of people affected by behavioral health and developmental and/or intellectual challenges.*

**DATE:** Thursday, June 21, 2018  
**TIME:** 5:30 PM  
**PLACE:** 1430 Collier Street – Board Room, Austin, Texas 78704

### AGENDA

- I. **Citizens' Comments** (Presentations are limited to 3 minutes)
- II. **Approval of Minutes from May 24, 2018 Planning & Operations Meeting** (pgs. 2-4)
- III. **Recommendation to Approve, if Awarded, National Center of Excellence for Tobacco-Free Recovery (Goal 3)** (Casey, pgs. 6-9)
- IV. **Recommendation to Approve, if Awarded, 2017 Mainstream Vouchers for People with Disabilities (Goal 2)** (Laguna, Gossett, pgs. 9-12)
- V. **Recommendation to Approve, if Awarded, SAMHSA Certified Community Behavioral Health Clinic Expansion (Goal 2)** (Macakiage, Cardona-Beiler, pgs. 12-15)
- VI. **Recommendation to Approve, if Awarded, Community for Outreach Intervention with Youth and Young Adults at Clinical Risk for Psychosis (Goal 2)** (Wilson, Keyt, pgs. 16-19)
- VII. **Recommendation to Approve, if Awarded, Mental Health Awareness Training (MHAT) for Service Providers and Families of Armed Service Personnel and Veterans (Goal 3)** (Gold, pgs. 19-22)
- VIII. **Discussion Item: Chief Operations Officer Report – (Goal 2 &3)** (Handley, pg. 23)
  - Clinical Service Delivery
  - Program Support
- IX. **Information Item: HB13 – Community Mental Health Expansion: Collaborative Application with Foundation Communities (Goal 3)** (Cardona-Beiler, pg. 23-24)
- X. **Information Item: Veterans & Family Counseling Program: Seton VA (Goal 2)** (Cardona-Beiler, pg. 24-25)
- XI. **New Business**
  - Identify Consent/Non-Consent Agenda Items
- XII. **Citizens' Comments**

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Note: The full packet is available on Integral Care's webpage at: <http://integralcare.org/agendas-minutes/> (Under the heading "Planning & Operations Committee") P&O Committee packets will not be available to staff/public at the meeting. Only Agendas will be available.



## PLANNING & OPERATIONS COMMITTEE MINUTES

**DATE:** Thursday, May 24, 2018  
**TIME:** 5:30 PM  
**PLACE:** 1430 Collier Street – Board Room  
Austin, TX 78704

**MEMBERS PRESENT:** Dr. Guadalupe Zamora, Sarah Churchill Llamas, Emmit Hayes, Dr. David Springer

**MEMBERS ABSENT:** Luanne Southern

**OTHER BOARD MEMBERS PRESENT:** None

### **Integral Care staff were present**

The Chair, Dr. Guadalupe Zamora, called the meeting to order at 5:31 p.m.

### **CITIZENS' COMMENTS**

None.

### **APPROVAL OF MINUTES**

The minutes of the April 19, 2018 meeting stand approved as submitted.

**RECOMMENDATION TO APPROVE, IF AWARDED, TRAVIS COUNTY PURCHASING OFFICE RFS FOR TRANSITION AGED YOUTH (GOAL 2)** Chelsea Keyt spoke to the Committee about the collaboration between Integral Care and NAMI. This grant would target the population of ages 17-24. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Dr. David Springer second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**RECOMMENDATION TO APPROVE, IF AWARDED, SECOND CHANCE ACT – COMPREHENSIVE COMMUNITY BASED ADULT REENTRY PROGRAM (GOAL 2)** Michelle Collins provided the Committee with background information about the reentry program which can be used for pre-trial or probation and targets the women's population. Discussion ensued. Dr. David Springer called for a motion to recommend to the Board the approval of proposed recommendation. Emmit Springer second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**RECOMMENDATION TO APPROVE, IF AWARDED, ACT EXPANSION (GOAL 2)** Elizabeth Baker provided the Committee with background information about SAMHSA ACT expansion. This grant will focus on enhancing and expanding access to primary care and substance use treatment for individuals receiving ACT services. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Sarah Churchill Llamas second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**RECOMMENDATION TO APPROVE, IF AWARDED, RAPID REHOUSING (GOAL 2)**

Chris Laguna provided the Committee with background information about the Rapid Rehousing Intervention Grant. This grant will enhance and expand access to mental health services and permanent housing for individuals experiencing homelessness. Discussion ensued. Emmit Hayes called for a motion to recommend to the Board the approval of proposed recommendation. Dr. David Springer second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**RECOMMENDATION TO APPROVE, IF AWARDED, PROJECTS FOR ASSISTANCE IN TRANSITION FROM HOMELESSNESS (PATH) (GOAL 2)**

Chris Laguna provided the Committee with background information about the PATH Grant. This is a continuation of funding for the PATH Program and will expand and enhance access to care for individuals experiencing homelessness who are difficult to reach and engage in service. Sarah Churchill Llamas called for a motion to recommend to the Board the approval of proposed recommendation. David Springer second. All in favor. Motion carried. *This item will be added to the consent agenda.*

**DISCUSSION ITEM: CHIEF OPERATIONS OFFICER (COO) REPORT**

Brooke Martin provided the Committee with a brief verbal report regarding clinical service delivery and program support. Discussion ensued.

**INFORMATION ITEM: STAFF REPORT ON FORMER CLOUD 9 PILOT (GOAL 1)**

Robert Dominguez provided the Committee with an update on the Cloud 9 pilot project. This pilot was an implementation of a mobile platform app to keep behavioral health clients in communication with their care team. Discussion ensued.

**NEW BUSINESS**

The items listed below were decided for Consent/Non-Consent Agenda:

Consent:

*Recommendation to Approve, if Awarded, Travis County Purchasing Office RFS for Transition Aged Youth (Goal 2)*

*Recommendation to Approve, if Awarded, Second Chance Act – Comprehensive Community Based Adult Reentry Program (Goal 2)*

*Recommendation to Approve, if Awarded, ACT Expansion (Goal 2)*

*Recommendation to Approve, if Awarded, Rapid Rehousing (Goal 2)*

*Recommendation to Approve, if Awarded, Projects for Assistance in Transition from Homelessness (PATH) (Goal 2)*

Non-Consent:

*None*

**CITIZENS' COMMENTS**

None.

**ADJOURNED**

The meeting adjourned at 7:05 p.m.

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Guadalupe Zamora

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Kendra Green, Recording Secretary

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Date



## Board of Trustees

Planning and Operations Committee

June 21, 2018



## I. Citizens' Comments



II. Approval of Minutes from  
May 24, 2018  
Planning & Operations Meeting



III. Recommendation to Approve, if  
Awarded, National Center of  
Excellence for Tobacco-Free Recovery  
(Goal 3)

Kathleen Casey, Ph.D.  
Director of Practice Management



## Taking Texas Tobacco Free

- Collaboration with University of Houston – funding from Cancer Prevention & Research Institute of Texas (CPRIT) - (2014 – present)
  - Assisted 22 Local Mental Health Authorities (LMHAs) and 6 substance use treatment centers to implement evidence-based comprehensive tobacco-free workplace programs
- Results
  - Trained over 5,000 employees at LMHAs and substance use centers
  - Over 180,000 tobacco use assessments administered
  - Over 15,000 boxes of nicotine replacement therapy distributed to consumers and employees



## National Center of Excellence for Tobacco-Free Recovery

- 5-year grant offered through SAMSHA to establish a national center to help reduce tobacco use among persons with behavioral health disorders, with an emphasis on individuals with serious mental illness and co-occurring disorders
- Center goals are to increase:
  - 1) the capacity of agencies to adopt sustainable and enforceable tobacco-free workplace (TFW) policies;
  - 2) knowledge and capacity among behavioral health stakeholders (including physicians-in-training) to provide effective evidence-based tobacco cessation interventions for individuals with behavioral health disorders; and
  - 3) the integration of evidence-based tobacco cessation treatment practices into behavioral health settings.



## Award Information

- Funder: U.S Department of Health and Human Services
- Division: Substance Abuse and Mental Health Services Administration
- Total Funds per year                      \$ 1,000,000 (Integral Care receives up to \$271,593)
- 5 year grant
- Match Requirement:                      None
- Initial Contract:                              September 30, 2018
- Renewal Possible:                              No
- Location:    Nationwide project
- Integral Care Staff:                              2 FTE



- The PNAC recommends to the Board of Trustees Approval, if Awarded, National Center of Excellence for Tobacco-Free Recovery. The PNAC approved the Grant on June 14, 2018 (Goal 3)





# Questions/Comments?



## IV. Recommendation to Approve, if Awarded, 2017 Mainstream Vouchers for People with Disabilities (Goal 2)

Christine Laguna, Ph.D., Practice Manager  
Kali Gossett, LPC, LCDC, Practice Manager



## Grant Submission

- Housing Authority of the City of Austin (HACA) – lead applicant
- Integral Care – one of three partner organizations
- Submission– June 18, 2018



## Details of proposed project

- Partnership between HACA and three agencies – Integral Care, ECHO, and ARCIL
- Much needed housing subsidies for individuals in need
- Will leverage housing location services and ongoing case management support from partners agencies
- Target population – Households with one or more non-elderly persons with disabilities (age 18-62), who are either:
  - Homeless/at risk of becoming homeless
  - Transitioning out of institutional and other segregated settings



## Potential award details

- Implementation date 8/7/2018
- Up to \$5,000,000 = approximately 500 vouchers
- Will need to lease up at least 80% in one year's time



- The PNAC recommends to the Board of Trustees Approval, if Awarded, Mainstream Vouchers for People with Disabilities. The PNAC approved the Grant on June 14, 2018 - (Goal 2)



# Questions/Comments?



## V. Recommendation to Approve, if Awarded, SAMHSA Certified Community Behavioral Health Clinic Expansion (Goal 2)

Kimberly Macakiage, Director of Practice Management  
Darilynn Cardona-Beiler, Adult Behavioral Health Systems Director



## Grant Information

- Funder: Substance Abuse and Mental Health Services Administration
- Total Funds per year: Up to \$2,000,000
- Match Requirement: None
- Initial Contract: September 30, 2018
- Length of Project Period: Up to 2 years
- Due Date: July 9, 2018



## Certified Community Behavioral Health Clinic (CCBHC)



Integral Care is one of eight CCBHC sites in Texas!

Texas is one of only 10 states to adopt CCBHC standards.



## The CCBHC Scope of Services

- Person-Centered Care and Treatment Planning
- Crisis Services
- Screening, Assessment, and Diagnosis
- Outpatient Mental Health and Substance Use
- Primary Care Screening and Monitoring
- Community-Based Care for Veterans



## Areas to Amplify, if awarded

- Physical health integration
- Substance use disorder navigation and outpatient treatment
- Designated care for veterans
- Care coordination
- Population health and analytics



- The PNAC recommends to the Board of Trustees Approval, if Awarded, SAMHSA Certified Community Behavioral Health Clinic Expansion. The PNAC approved the Grant on June 14, 2018 - (Goal 2)



**Questions/Comments?**



## VI. Recommendation to Approve, if Awarded, Community for Outreach Intervention with Youth and Young Adults at Clinical Risk for Psychosis (Goal 2)

Laura Wilson, Practice Administrator  
Chelsea Keyt, Program Manager



## Clinical High Risk—Psychosis

- Funding Opportunity Announcement from SAMHSA in partnership with ) NIMH
- Integral Care point person: Chelsea Keyt, LCSW, RA1SE Program Manager
- Reduce the duration of untreated psychosis for individuals under the age of 25 in Travis County (Austin), Texas.
- Implement evidence-based screening and assessment utilizing the Prodromal Questionnaire – Brief and the Structured Interview for Prodromal Symptoms (SIPS) and expand services to include a second Coordinate Specialty Care (CSC) team.
- \$400,00 annually (four year project) with a 1:3 match required Years One through Three and 1:1 match in Year Four
- Start date September 30, 2018
- Up to 28 awards





## National Clinical High Risk--Psychosis

- Goal 1. Implement elements of a Stepped Care Model for first episode psychosis in Travis County. Objective 1a.
  - Hire Clinical Coordinator to provide quarterly training on prodromal and early psychosis warning signs to child serving system organizations in Travis County. Objective
  - 1b. Hire community-based therapist to decrease referral-to-assessment time to 7 days and provide monitoring of Ultra High Risk (UHR) clients. Objective 1c. Include Prodromal Questionnaire - Brief (PQ-B) in standard Integral Care intake. Plan to screen 300 new clients ages 16-25 annually (1200 total).
  - Objective 1d. Establish UHR monitoring program (of at least 180 days) for new clients determined to be at high risk at intake (80 annual, 320 total).
  - Objective 1e. Conduct brief Prodromal Questionnaire - Brief (PQ-B) for all currently enrolled 16 and 17 year olds (100 per year, 400 total).
  - Objective 1f. Establish UHR monitoring program (monitor length of one year) for youth and young adults currently involved in programs (30 annual, 120 annual).



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## Clinical High Risk--Psychosis

- Goal 2. Increase capacity for Coordinated Specialty Care (CSC) team in Travis County.
  - Objective 2a. Hire additional staff for CSC to reduce wait list time to 30 days and increase caseload capacity to 45 individuals. Objective 2b. Implement Structured Interview for Prodromal Syndrome (SIPS) and evaluate at least 15 individuals in Year 1 and 45 individuals in each of the following years (150 total). Outcomes will be tracked on individuals who are monitored as UHR or enrolled in CSC (260 total individuals).



## Clinical High Risk--Psychosis

- Goal 3. Ensure strategies and structures are informed by the System of Care values and principles.
  - Objective 3a. Establish youth and family driven quality improvement committee to assess processes, policies, and outcome data at least quarterly.
  - Objective 3b. Expand meaningful family and youth partnerships and strengthen cultural and linguistic competencies throughout all early psychosis programming



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- The PNAC recommends to the Board of Trustees Approval, if Awarded, Community for Outreach Intervention with Youth and Young Adults at Clinical Risk for Psychosis. The PNAC approved the Grant on June 14, 2018 - (Goal 2)



# Questions/Comments?



## VII. Recommendation to Approve, if Awarded, SAMHSA Mental Health Awareness Training (MHAT) for Service Providers and Families of Armed Service Personnel and Veterans (Goal 3)

Laura Hernandez Gold, LCSW-S – Prevention Services  
Program Manager



## Grant/Contract Data



- **Unit:** 213
- **Funder:** SAMHSA
- **Total Funds:** \$375,000
- **Match Required:** 0
- **Length of Grant:** 3 years
- **Renewal Possible:** No
- **Program Category:** Crisis Services/Prevention Services
- **Project Manager:** Laura Gold



- **# Individuals trained in Mental Health First Aid (MHFA):**  
Approximately 200 adults per year
- **# Individuals trained in Counseling on Access to Lethal Means (CALM), the Columbia-Suicide Severity Rating Scale (C-SSRS), & Safety Planning Intervention (SPI):**  
Approximately 100 adults per year after they have received MHFA
- **New Staff Positions:** Yes – full-time MHAT Instructor & contracted position with Samaritan Center (MVPN Coordinator) at .375 FTE
- **Cooperating Agencies/Stakeholders:** Samaritan Center, Seton/Ascension, & other community partners who work with veterans & armed service personnel



### **Summary Statement:**

Grant will provide assistance to support training service providers, Certified Veteran Peers, & families & caregivers of veterans & armed service personnel in MHFA, CALM, use of the C-SSRS, & SPI.

Implementation of the program is expected to increase the mental health literacy, as well as awareness of community resources, among service providers, Certified Veteran Peers, & families & caregivers of veterans & armed service personnel resulting in them becoming more effective in addressing behavioral health issues affecting veterans & armed service personnel.



### **Goals are to:**

- 1) Increase the understanding & recognition of the signs & symptoms of mental illness & how to safely & appropriately respond among families, caregivers, & service providers in contact with armed service personnel & veterans
- 2) Increase the knowledge of available community resources - crisis services, counseling, substance use, basic needs, primary care, housing, support groups - in Travis County for veterans & armed service personnel & how to access them
- 3) Increase the utilization of these resources by the armed service personnel & veterans with whom service providers & families & caregivers work with on a regular basis
- 4) Develop collaborative partnerships with relevant community agencies & programs to assist with responding to mental health issues & improve coordination of services to armed service personnel, veterans, & their families

Builds upon our existing efforts to provide MHFA to the community and compliments our current MHFA grants.



- The PNAC recommends to the Board of Trustees Approval, if Awarded, Mental Health Awareness Training (MHAT) for Service Providers and Families of Armed Service Personnel and Veterans. The PNAC approved the Grant on June 14, 2018 - (Goal 3)



**Questions/Comments?**



VIII. Discussion Item:  
Chief Operations Officer Report  
(Goal 2 & 3)

Dawn Handley  
Chief Operations Officer



IX. Information Item:  
HB13 - Community Mental Health  
Expansion: Collaborative Application  
with Foundation Communities  
(Goal 3)

Darilynn Cardona-Beiler  
Adult Behavioral Health Systems Director



# Questions/Comments?



## X. Information Item: Veterans and Family Counseling Program: Seton VA (Goal 2)

Darilynn Cardona-Beiler  
Adult Behavioral Health Systems Director





Questions/Comments?



XI. New Business



## XII. Citizens' Comments

