

Physical Therapy

The examination, assessment, evaluation, and utilization of exercises, rehabilitative procedures, massage, manipulations, and physical agents including, but not limited to, mechanical devices, heat, cold, air, light, water, electricity, and sound to assist in the diagnosis and treatment of a Covered Individual in acute or prolonged movement dysfunction or pain of anatomic or physiologic origin by a person licensed in Physical Therapy.

Physical Therapy:

- must be delivered consistent with professional standards of practice;
- requires face-to-face or telephone contact with the Covered Individual to conduct assessments or provide therapy;
- is typically delivered in the Practitioner's office or the Covered Individual's home;
- addresses identified individual needs as determined by assessment by a Licensed Physical Therapist (PT), the Person Directed Planning Team, and in conjunction with a Licensed Physician;
- includes interacting face-to-face or by telephone with a person, except a provider of nursing, case management, or other covered counseling and therapies, regarding the physical therapy services provided to the Covered Individual;
- includes participation in the Covered Individual's Person Directed Planning meetings;
- includes training a service provider of day habilitation, respite, employment assistance, supported employment, contracted residential services, community support/supported home living, or a person other than a service provider, who is involved in serving the Covered Individual, regarding how Physical Therapy services will be provided, including training to document the provision of the Physical Therapy services;
- is provided as a 1:1 service;
- does not include transportation of an individual, travel time, or time waiting to provide services;
- does not include supervision of services or tasks outside the scope of professional licensure;
- cannot be provided by someone who resides in the same residence as the Covered Individual;
- cannot be provided to the minor child by a parent of that minor child;
- does not include time spent writing or review reports and other documents; time spent scheduling appointments, time spent training about general topics unrelated to a specific Covered Individual, or time spent interacting with other service providers of covered counseling and therapies, nursing, or case management, if not during a Person Directed Planning Meeting.

Unit of Service: 15 minutes

Credentialing Requirement: Licensed as a Physical Therapist (PT) by the Texas Board of Physical Therapy Examiners **or** licensed as a Physical Therapy Assistant (PTA) by the Texas Board of Physical Therapy Examiners.