

Behavior Support

Specialized interventions that assist a Covered Individual to increase adaptive behaviors and to replace or modify maladaptive behaviors that prevent or interfere with his/her inclusion in home and family life or community life. Behavior Support includes:

- assessing and analyzing assessment findings so that an appropriate behavior support plan may be designed;
- developing an individualized behavior support plan consistent with the outcomes identified in the Covered Individual's Person Directed Plan;
- training and consulting with family members or other providers and, as appropriate, the consumer; and
- monitoring and evaluating the success of the behavioral support plan and modifying the plan as necessary.

Behavior Support:

- must be delivered consistent with professional standards of practice;
- typically requires face-to-face contact with, or observation of, the Covered Individual to conduct assessments or provide specialized interventions to increase adaptive behaviors and/or replace or modify maladaptive or socially unacceptable behaviors;
- may be delivered in the Practitioner's office, the Covered Individual's home, or the community;
- includes Face-to-face or telephone contact with a Psychiatrist regarding the behavior and/or mental health condition of a specific Covered Individual;
- addresses identified individual needs as determined by assessment, the Person Directed Planning Team, and in conjunction with a Licensed Physician/Psychologist, if appropriate;
- includes interacting face-to-face or by telephone with a person, except a provider of nursing, case management, or other covered counseling and therapies, regarding the Behavior Support services provided to the Covered Individual;
- includes participation in the Covered Individual's Person Directed Planning meetings;
- includes training a service provider of day habilitation, respite, employment assistance, supported employment, contracted residential services, community support/supported home living, or a person other than a service provider, who is involved in serving the Covered Individual, regarding how Behavioral Support services will be provided, including training to document the provision of the Behavioral Support services;
- is provided as a 1:1 service;
- does not include transportation of an individual, travel time, or time waiting to provide services;
- does not include supervision of services or tasks outside the scope of professional licensure;

- cannot be provided by someone who resides in the same residence as the Covered Individual;
- cannot be provided to the minor child by a parent of that minor child;
- does not include time spent writing or review reports and other documents; time spent scheduling appointments, time spent training about general topics unrelated to a specific Covered Individual, or time spent interacting with other service providers of covered counseling and therapies, nursing, or case management, if not during a Person Directed Planning Meeting.

Unit of Service: 15 minutes.

Credentialing Requirement: Licensed Psychologist (PhD) or Licensed Psychological Associate (LPA) by the Texas Board of Psychological Examiners **or** Board Certified Behavior Analysts (BCBA) or Board Certified Associate Behavior Analyst (BCABA) by the Behavior Analyst Certification Board.