

## Occupational Therapy

The use of purposeful activity or intervention to facilitate the restoration of a Covered Individual/Family Member's greatest possible level of independence by a person licensed in Occupational Therapy. Occupational Therapy provides services to individuals limited by physical injury or illness, cognitive impairment, psychosocial dysfunction, mental illness, developmental/learning disabilities or adverse environmental conditions. Occupational Therapy services include the evaluation/assessment, treatment, and education of an individual directed toward developing, improving, or restoring daily living skills, play and leisure skills, and work/school performance through intervention methodologies designed to develop, restore, or maintain sensorimotor, oral-motor, perceptual or neuromuscular functioning, joint range of motion; and the emotional, cognitive, or psychosocial components of performance.

Occupational Therapy:

- Must be delivered consistent with professional standards of practice
- Requires face-to-face contact with the Covered Individual/Family Member to conduct assessments or provide therapy
- May be delivered in the Practitioner's Office, Covered Individual/Family Member's home, or in the community
- Addresses identified individual needs as determined by assessment by a Licensed or Registered Occupational Therapist, (OTR or LOT), the Child and Family Team and a Licensed Physician
- Is provided as a 1:1 service, unless otherwise authorized as a group service by the Care Coordinator
- Does not include the travel time of the Service Provider to-and-from the location of service, unless the Covered Individual/Family Member is present in the Provider's vehicle
- Does not include time waiting to provide service
- Does not include supervision of services or tasks outside the scope of professional licensure
- Cannot exceed more than two consecutive hours per billable event, unless pre-authorized by the Care Coordinator.

Unit of Service: 15 minutes

Credentialing Requirement: Licensed as an Occupational Therapist, Registered (OTR) by the Texas Board of Occupational Therapy Examiners **or** licensed as an Occupational Therapist (LOT) by the Texas Board of Occupational Therapy Examiners **or** licensed or certified as an Occupational Therapy Assistant (LOTA/COTA) by the Texas Board of Occupational Therapy Examiners.