

## RA1SE

RA1SE helps people ages 15-30 in Travis County who have experienced their first episode of psychosis within the past 2 years. Our Care Teams help with relationships, school, work and life goals. We bring our services to you.



Help with work and school



Substance use recovery skills



Family education



Suicide prevention



Medications and physical health care



Support for up to 36 months

Services are available regardless of ability to pay and can be provided in many languages.

Recovery from psychosis is possible with early treatment. To learn more about RA1SE or to make a referral, call 512-703-1300.



## RA1SE

## Have you or someone you know experienced any of the following for over a week?

- Hearing or seeing things others don't
- Feeling scared or suspicious of others for no reason
- Feeling like someone can control your thoughts
- Having trouble reading, speaking or knowing what others are saying
- Pulling away from friends and family
- Having thoughts or beliefs that are strange to you or others

These can be signs of psychosis. **1 out of 100** people will experience them at some point in their life. With help and early treatment, recovery is possible.

Call 512-703-1300 to get help or make a referral.

If you have concerns about our services or staff, please contact us at feedback@integralcare.org or at 512-440-4086.