

## First Steps

### Early Childhood Development

First Steps provides early identification and therapy services for infants and toddlers with developmental delays. We help children when they are not eligible for Early Childhood Intervention (ECI) services.



Physical  
Therapy



Occupational  
Therapy



Speech  
Therapy



Track  
Development

Our team of professionals work with parents to help children grow and develop on track.

#### Contact us to:

- Set up a screening for your child/children if you suspect a delay
- Get more information
- Get help with a referral to a local ECI program



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Austin, TX 78703

P: 512-472-3142  
F: 512-472-4008

If you have concerns about our services or staff, please contact us at [feedback@integralcare.org](mailto:feedback@integralcare.org) or at 512-440-4086.

## First Steps Eligibility Requirements

### **Children from birth to three years old may be eligible for First Steps if they are:**

- On Medicaid or live in a low-income household (at or below 200% federal poverty guidelines)
- Live in or near Travis, Hays, Williamson, or Bastrop counties

### **And meet one or more criteria:**

- Developmental delay of 10-24% on the Battelle Developmental Inventory 2 (BDI2), or 10-32% expressive language delay
- Medical documentation of in-utero drug exposure
- Low birth weight (less than 5.5 pounds/2490 grams), and child is younger than 18 months
- Clinical opinion of atypical development
- The child is exiting ECI at three years old and has been determined eligible for Part B services with the local Education Agency.

## Referrals

First Steps accepts referrals from local ECI programs that are no longer able to serve children with developmental delays of 10-24% based on the BDI vs2.

First Steps will also accept referrals from community resources and/or from families in need of intervention and support. Children identified by First Steps as meeting eligibility requirements for existing ECI services would be referred to the appropriate local program.

*If their birthday falls at the end of the school year or in the summer, the child may be eligible to receive services beginning on their third birthday until Part B services start at the beginning of the new school year.*