

Occupational Therapy

The use of purposeful activity or intervention to facilitate the restoration of a Covered Individual's greatest possible level of independence by a person licensed in Occupational Therapy. Occupational Therapy provides services to individuals limited by physical injury or illness, cognitive impairment, psychosocial dysfunction, mental illness, developmental/learning disabilities or adverse environmental conditions. Occupational Therapy services include the evaluation/assessment, treatment, and education of an individual directed toward developing, improving, or restoring daily living skills, play and leisure skills, and work/school performance through intervention methodologies designed to develop, restore, or maintain sensorimotor, oral-motor, perceptual or neuromuscular functioning, joint range of motion; and the emotional, cognitive, or psychosocial components of performance.

Occupational Therapy:

- must be delivered consistent with professional standards of practice;
- addresses identified individual needs as determined by assessment by a Licensed Occupational Therapist; the Person Directed Planning Team, and in conjunction with a Licensed Physician;
- is typically delivered in the Practitioner's office or the Covered Individual's home;
- includes interacting face-to-face or by telephone with a person, except a provider of nursing, case management, or other covered counseling and therapies, regarding the Occupational Therapy services provided to the Covered Individual;
- includes participation in the Covered Individual's Person Directed Planning meetings;
- includes training a service provider of day habilitation, respite, employment assistance, supported employment, contracted residential services, community support/supported home living, or a person other than a service provider, who is involved in serving the Covered Individual, regarding how Occupational Therapy services will be provided, including training to document the provision of the Occupational Therapy services;
- is provided as a 1:1 service;
- does not include transportation of an individual, travel time, or time waiting to provide services;
- does not include supervision of services or tasks outside the scope of professional licensure;
- cannot be provided by someone who resides in the same residence as the Covered Individual;
- cannot be provided to the minor child by a parent of that minor child;
- does not include time spent writing or review reports and other documents; time spent scheduling appointments, time spent training about general topics unrelated to a specific Covered Individual, or time spent interacting with other service providers of covered counseling and therapies, nursing, or case management, if not during a Person Directed Planning Meeting.

Unit of Service: 15 minutes

Credentialing Requirement: Licensed as an Occupational Therapist, Registered (OTR) by the Texas Board of Occupational Therapy Examiners **or** licensed as an Occupational Therapist (LOT) by the Texas Board of Occupational Therapy Examiners **or** licensed or certified as an Occupational Therapy Assistant (LOTA/COTA) by the Texas Board of Occupational Therapy Examiners.