

Dietary

The assessment and evaluation of the nutritional status and needs of a Covered Individual, including the identification of resources and constraints in dietary practices, by a professional licensed to practice Dietetics. Dietitians' establish priorities and goals that assist a Covered Individual in meeting his/her nutritional needs and are consistent with available resources and constraints. Dietary services include the provision of nutrition education and counseling in health and disease and the development and implementation of nutritional plans.

Dietary Services:

- must be delivered consistent with professional standards of practice;
- requires face-to-face or telephone contact with the Covered Individual to conduct assessments or provide education;
- may be delivered in the Practitioner's office, the Covered Individual's home, or the community;
- addresses identified individual needs as determined by assessment by a Licensed Dietitian; the Person Directed Planning Team, and in conjunction with a Licensed Physician;
- includes interacting face-to-face or by telephone with a person, except a provider of nursing, case management, or other covered counseling and therapies, regarding the Dietary services provided to the Covered Individual;
- includes participation in the Covered Individual's Person Directed Planning meetings;
- includes training a service provider of day habilitation, respite, employment assistance, supported employment, contracted residential services, community support/supported home living, or a person other than a service provider, who is involved in serving the Covered Individual, regarding how Dietary services will be provided, including training to document the provision of the Dietary services;
- is provided as a 1:1 service;
- does not include transportation of an individual, travel time, or time waiting to provide services;
- does not include supervision of services or tasks outside the scope of professional licensure;
- cannot be provided by someone who resides in the same residence as the Covered Individual;
- cannot be provided to the minor child by a parent of that minor child;
- does not include time spent writing or review reports and other documents; time spent scheduling appointments, time spent training about general topics unrelated to a specific Covered Individual, or time spent interacting with other service providers of covered counseling and therapies, nursing, or case management, if not during a Person Directed Planning Meeting.

Unit of Service: 15 minutes

Credentialing Requirement: A person who is licensed as a Dietician (LD) **or** Registered as a Dietician (RD) by the Texas State Board of Examiners of Dieticians