

## Substance Abuse Outpatient Treatment

A structured non-residential community-based program designed to assist the Covered Individual in attaining and/or maintaining chemical-free status by identifying and changing patterns of behavior that are maladaptive, destructive, or injurious to health and by restoring the individual to optimal levels of physical, psychological, and social functioning. Substance abuse outpatient services are categorized based on level of need as follows:

- Intensive Outpatient Treatment (level 3) – Ten or more hours of structured service per week
- Supportive Outpatient Treatment (level 4) – Two hours of structured activities per week
- Pharmacological Outpatient Treatment – Medically supervised services designed for persons who are opiate/narcotic addicted that may include the administration of Methadone or LAAM.

### Substance Abuse Outpatient Services:

- Must be delivered consistent with professional standards of practice
- Are conducted in a community outpatient setting
- Require face-to-face contact with the Covered Individual to provide services
- May be conducted 1:1 or in groups
- Address identified individual needs as determined by assessment, the Child and Family Team, and in conjunction with a Licensed Physician, as appropriate
- Consist of a minimum of two individuals and a maximum of seven individuals when provided as a group service
- Can only be provided to covered individuals who have a DSM-IV diagnosis of Substance Abuse or Substance Dependence and the appropriate to level of care
- Do not include transportation of an individual, travel time, or time waiting to provide services.
- Do not include supervision of services or tasks outside the scope of professional licensure

Unit of Service: 15 minutes

Credentialing Requirement: Licensed Chemical Dependency Counselor (LCDC)