

Physical Therapy

The examination, assessment, evaluation, and utilization of exercises, rehabilitative procedures, massage, manipulations, and physical agents including, but not limited to, mechanical devices, heat, cold, air, light, water, electricity, and sound to assist in the diagnosis and treatment of a Covered Individual/Family Member in acute or prolonged movement dysfunction or pain of anatomic or physiologic origin by a person licensed in Physical Therapy.

Physical Therapy:

- Must be delivered consistent with professional standards of practice
- Requires face-to-face contact with the Covered Individual/Family Member to conduct assessments or provide therapy
- Is typically delivered in the Practitioner's office
- Addresses identified individual needs as determined by assessment by a Licensed Physical Therapist (PT), the Child and Family Team, and in conjunction with a Licensed Physician
- Is provided as a 1:1 service
- Does not include transportation of an individual, travel time, or time waiting to provide services.
- Does not include transportation of an individual, travel time, or time waiting to provide services.
- Does not include supervision of services or tasks outside the scope of professional licensure
- Cannot exceed more than two consecutive hours per billable event, unless pre-authorized by the Care Coordinator.

Unit of Service: 15 minutes

Credentialing Requirement: Licensed as a Physical Therapist (PT) by the Texas Board of Physical Therapy Examiners **or** licensed as a Physical Therapy Assistant (PTA) by the Texas Board of Physical Therapy Examiners