

Other Wellness Therapies

A Wellness Therapy is any of a wide variety of therapeutic interventions whose application promotes physical well being and good health and facilitates healing and wellness in the physical, mental, and/or emotional aspects of a Covered Individual/Family Member thereby enabling him/her to live a more healthful, balanced, and fulfilling life.

Other Wellness Therapies:

- Must be delivered consistent with professional standards of practice
- Must be delivered in the Covered Individual/Family Member's home or Provider office
- Require face-to-face contact with the Covered Individual/Family Member to provide therapy
- Address identified individual needs as determined by the Child and Family Team
- Are provided as a 1:1 service
- Do not include transportation of an individual, travel time, or time waiting to provide services.
- Do not include supervision of services or tasks outside the scope of professional certification
- Must have Care Coordination Supervisory approval to be authorized
- Cannot exceed more than one-and-one-half hours per service event, unless pre-authorized by the Care Coordinator and approved by the Care Coordination Supervisor.

Unit of Service: 15 minutes

Credentialing Requirement: Certification, licensing, or registration by appropriate professional organization.