

Behavior Therapy

Specialized interventions that assist a Covered Individual/Family Member to increase adaptive behaviors and to replace or modify maladaptive and socially unacceptable behaviors that prevent or interfere with his/her inclusion in home and community life. Behavior Therapy includes assessment and analysis of the behavior(s) to be targeted for change and development of an Individual Behavior Support Plan consistent with outcomes identified by the Child and Family Team. This service also provides training and consultation with Family Members, Support Providers, and the Covered Individual in the purpose, goals, methods, and documentation of the Individual Behavioral Support Plan. Additionally, Behavior Therapists monitor and evaluate the success of the Individual Behavioral Support Plan and make modifications of the Plan as necessary based on documented progress or lack of progress.

Behavior Therapy:

- Must be delivered consistent with professional standards of practice
- Typically requires face-to-face contact with, or observation of, the Covered Individual or Family to conduct assessments or provide specialized interventions to increase adaptive behaviors and/or replace or modify maladaptive or socially unacceptable behaviors
- May be delivered in the Practitioner's office, the Covered Individual's home, or the community
- Includes Face-to-face or telephone contact with a Psychiatrist/Psychologist regarding the behavior and/or mental health condition of a specific individual
- Addresses identified individual needs as determined by assessment, the Child and Family Team, and in conjunction with a Licensed Physician/Psychologist, as appropriate
- Is provided as a 1:1 service
- Does not include the travel time of the Service Provider to-and-from the location of service, unless the Covered Individual/Family Member is present in the Provider's vehicle
- Does not include time waiting to provide service
- Does not include supervision of services or tasks outside the scope of professional licensure
- Assessments/Evaluations are paid at a different hourly rate and are billable up to a maximum of four hours

Unit of Service: 15 minutes.

Credentialing Requirement: Licensed Psychologist (PhD) or Licensed Psychological Associate (LPA) by the Texas Board of Psychological Examiners **or** Board Certified Behavior Analysts (BCBA)