

Psychiatric Emergency Services

A walk-in clinic for adults and children having a mental health crisis. Counselors are there to help 7 days a week.



We create a care plan together.



We provide support for up to 90 days.



We connect you to other services.



We can prescribe medicine.

Hours

Monday - Friday:
8 am to 10 pm

Saturday, Sunday & Holidays:
10 am to 8 pm



Nadine L. Jay Building
56 East Ave
Austin, TX 78701



Capital Metro Bus
Route 17, 21 or 22

If you have concerns about our services or staff, please contact us at feedback@integralcare.org or at 512-440-4086.

Psychiatric Emergency Services

A person in a mental health crisis may have a hard time handling everyday things like relationships, parenting and going to work or school. A crisis can happen after life changes and sad or scary events.

What can a mental health crisis look and feel like?

- Feeling like you can no longer deal with life
- Giving away things that mean a lot to you
- Seeing or hearing things that others don't
- Having thoughts of killing yourself or others
- Feeling people are out to get you
- Pulling away from family and friends
- Using drugs and alcohol



If you need help now, call the
24/7 Crisis Helpline at **512-472-HELP (4357)**.

Press 1 for English, then 1 for mental health crisis support.